GYE - Guard Your Eyes

Generated: 14 September, 2025, 04:54

this time im in it to win it Posted by mnman415 - 19 Aug 2010 21:13

hey

this is my story about how i got caught up in this addiction

www.guardyoureyes.org/forum/index.php?topic=2876.0

today is day 4 for me

now im 16 going into junior year. in the middle of sophmore year my computer broke so i couldnt access **** except i was addicted. as many other people here might know i would have done anything, ANYTHING, to get to porn. baruch hashem i wasnt able to. but i couldnt help myself from my fantasies and nevertheless i still had falls. then i started doing better and having more control and going long times and then falling. my sibling were in israel for the year so when my bro came ack he fixed the computer. and i kept on controlling myself. i got up to day 17 and then couldnt go any longer and looked at **** on my new unfiltered computer. and since then i had more frequent falls and looked at **** more ofen. on aug 11 (8 days ago) i got the K9 filter and wasnt able to look at **** anymore except i found loopholes. now my filter is foolsproof (hopefully) now i need to work on when im on the street and controlling my eyes. i hope this time i can make it till 90 days!

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Re: this time im in it to win it Posted by mnman415 - 22 Sep 2010 00:14

world wrote on 21 Sep 2010 23:49:

HashemsSoldier wrote on 21 Sep 2010 22:51:

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is there a typo here somewhere?? ??? ???

umm, ya! oooppps :-[ill go and edit it right now

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Re: this time im in it to win it Posted by 14 - 25 Sep 2010 21:47

wow

at the end of the day your doing amazing! no?

your already in the 30s!

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Re: this time im in it to win it

Posted by mnman415 - 26 Sep 2010 15:53

today is day 38. (im pretty sure, i didnt really keep track over yom tov. so i looked at the date of my last post and looked at todays date and added the amount of days.) i was doing relly really well over yom tov. then last night (motzei shabbas) i almost fell. i started the action and got myself to stop right before anything happened. and then later in middle of the night i woke up as i had a wet dream. but it is zman simchasenu, who cares? obvviously i have to learn from this for the future though.

for this set of 90 days i dont consider this a fall. when i feel that im ready, im going to start a new count for 90 days with tighter "rules"

that was just a side point though. the main thing that is (still) my top priority is just to get through today.

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Re: this time im in it to win it Posted by desperate_teddybear - 26 Sep 2010 18:47
i did the same thing first set of 90 days with looser rules. unfortunately i ended up falling near the end.
this time around ive tightened it up.
i think it's an awesome idea to start first time around with looser rules, if only to show ourselves we've got to tighten them to do this.
i wish you a better experience first time around, and i hope you make it.
KOT!
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Re: this time im in it to win it Posted by mnman415 - 27 Sep 2010 23:00
unfortunatly i had a fall today so is today day 1? or is tomorrow day one?
i made a new thread for this next 90 day journey with slightly tighter rules over here
www.guardyoureyes.org/forum/index.php?topic=2979.0
gotta go to mincha now
hs

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