

Installed's Thread

Posted by installed - 09 Aug 2010 01:29

Have been on the site for almost two months and I stayed clean for 43 days and then fell. I'm having a hard time starting the climb again so I decided to start writing.

Day 3.

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Re: Installed's Thread

Posted by tehillimzugger - 03 Feb 2012 09:26

Kol HaKavod!!!!!!!!!!!!!!

Hatzlacha!!!!!!!!!!!!!!

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Re: Installed's Thread

Posted by installed - 03 Feb 2012 13:02

. Gut shabbos TZ.

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Re: Installed's Thread

Posted by tehillimzugger - 03 Feb 2012 13:11

[installed wrote on 03 Feb 2012 13:02:](#)

. Gut shabbos TZ.

Shabbat Shalom!!!!!!!!!!!!!!

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Re: Installed's Thread

Posted by chaimyakov - 03 Feb 2012 15:00

So far, the hardest part of attending an SA meeting was walking in the door the first time.

Hatzlacha in all things GOOD.

chaimyakov

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Re: Installed's Thread

Posted by installed - 06 Feb 2012 19:17

That sound encouraging. Did it help you in any way?

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Re: Installed's Thread

Posted by chaimyakov - 07 Feb 2012 20:46

So far, Baruch Hashem it has been very helpful. It has given me people with the same problems as me. Last night, there were real people, face to face from 8 years sober to less than a day sober. People living life that includes death, disease, financial struggles, marital problems, children, jobs, relocating, ssa, etc. i have phone numbers of people who know me by face and i know them by face. We share in the meetings and we speak during the week. It is truly GOOD for me.

Hatzlacha in all things GOOD.

chaimyakov

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Re: Installed's Thread

Posted by installed - 09 Feb 2012 00:53

Sounds good. Waiting for some info regarding an SA meeting in my area and I'll be going...

Thanks for the feedback.

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Re: Installed's Thread

Posted by installed - 28 Feb 2012 19:58

Still didn't go :-[. I have a phone number of someone in my area and don't have the courage to call. So in the mean time I'll try Taphsic again (I know... I tried and it didn't work in the past but.....)

I swear for one month that if I am intentionally motzi zera livatala , or if I

intentionally search for any websites or web pages, pictures, videos, for the purpose of viewing adult sexual content , then I will donate \$50 (not from my mayser money) to tzedaka. If I forget that I made this Shvuah and do one of these things, I will not need to make the donation.

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Re: Installed's Thread

Posted by tehylimzugger - 28 Feb 2012 20:04

Look, I would really like to help you that's why I won't say anything, just quote you.

[installed wrote on 28 Feb 2012 19:58:](#)

(I know... I tried and it didn't work in the past but.....)

Call someone when you're ready....

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Re: Installed's Thread

Posted by installed - 13 Mar 2012 14:31

TZ, you are 100% right... just can't get myself to do it right now...

Was clean for 2 weeks but fell last night, will give the \$50 to tzedaka.

This is my new TAPHSIC

I swear for one month (until 4/13/12) that if I am intentionally motzi zera livatala (or cause myself to get aroused intentionally), or if I intentionally search for any websites or web pages, pictures, videos, for the purpose of viewing adult sexual content , then I will donate \$50 (not from my mayser money) to tzedaka. If I forget that I made this Shvuah and do one of these things, I will not need to make the donation.

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Re: Installed's Thread

Posted by installed - 18 Mar 2012 21:09

Adding to my neder a frum forum with marriage halachas. I think that it is messing with my brain more than p as it is more real to me. It's amazing how my mind is working overtime :o.

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Re: Installed's Thread

Posted by installed - 19 Mar 2012 03:55

Feel like killing myself (or my yetzer hara) :(I fell again!!! After tax \$\$\$s are adding up. It's strange but I feel like I need it so much more with these TAPHSIC neders (there is all of a sudden a tangible price to pay which is a deterrent but also makes me feel trapped). Anyway, I will make a new one now before I fall again.

I swear for one month (4/18) that if I am intentionally motzi zera livatala , or if I

intentionally search for any websites or web pages, pictures, videos, for the purpose of viewing adult sexual content, then I will donate \$50 (not from my mayser money) to tzedaka. If I forget that I made this Shvuah and do one of these things, I will not need to make the donation.

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Re: Installed's Thread

Posted by yehoshua - 19 Mar 2012 12:44

Like Bardichev says FELL SCHMELL!!!!

Keep on trucking for JUST ONE DAY! ;D Darn, write what made you fell...

Installed, forgive me a thousand times. I didn't go to a live SA meeting yet, so I am not the one to be talking. But you seem to be serious about going to one. Why don't you just go once? Just one time. If it works, then vau!!!! If it doesn't, you lost one or two hours. Well I suppose there will be just addicts there - I think that means, that nobody will laugh at you or give you looks, nobody will give you a "hard time", for sure. Cos they are doing "hard time".

Forgive me, I don't want to sound smart or anything, sorry.

Still I want to write something. You have the courage to come here and admit, that you fell. That is BIG, so my hat is off to You.

You can use that courage to stay clean one day and id you want you can use it to go to a meeting and for good many things.

Keep trucking man!!!!

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Re: Installed's Thread

Posted by chaimyakov - 20 Mar 2012 14:37

Yehoshua said it so well. The only thing you have to lose by going to a meeting is anonymity. And the only thing you have to gain is LIFE. i am not so good at math, but it looks pretty clear to me.

Hatzlacha in all things GOOD.

chaimyakov

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