

Post When You Hit 90!

Posted by briut - 06 Jun 2010 03:21

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REQUEST: PLEASE POST HERE YOUR 'THOUGHTS AT HITTING 90' CLEAN DAYS!!

Many folks have posted gevaldige insights as they hit the 90-day mark of staying clean. Right now, these posts are scattered all over the site.

It would be great chizuk if everyone could benefit from seeing all these posts in one place.

If you've already posted some special thoughts when you reached 90 clean days, please "copy" that post into this thread. If you read someone else's "post at 90" that struck you deeply, please paste (or link) it here.

And if you're just coming up on 90, please remember to post here first! What have you learned, what are your plans for continued success... what are you thinking?

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Re: Post When You Hit 90!

Posted by NeverAgain - 06 Jun 2010 03:56

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Ever ask an Israeli for directions?

*"Yashar, yashar, yashar ad hasof, taavor et hakvish, v'tishal shama"...*

Facts an' facts, an' t'ings an' t'ings: dem's all a lotta \*\*\*\*\*. Hear me! Dere is no truth but de one. - Bob Marley

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Re: Post When You Hit 90!  
Posted by briut - 06 Jun 2010 11:00

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Nevermore:

You're right, of course. We've never "arrived." The 'journey' IS the destination.

Still, 90 is a nice milestone, I think.

(P.S. - Wondering if Bob Marley (& the Kvetchers?) were talking about no truth but "de one" or no truth but "De One." One truth, or one G-d. Get my drift?)

So nu, already, I'm waiting for folks to post their "90th day reflections." Or even paste in someone else's, if you considered it meaningful to you.

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Re: Post When You Hit 90!  
Posted by NeverAgain - 06 Jun 2010 20:50

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[Briut wrote on 06 Jun 2010 11:00:](#)

Nevermore:

You're right, of course. We've never "arrived." The 'journey' IS the destination.

Still, 90 is a nice milestone, I think.

You make a good point, though I meant something else with that actually...

I think that one of the easiest ways to reach your goal here, is by not worrying too much on "how" you do it, but "*that*" you do it. When a person starts taking big steps toward his destination, he'll go through a lot of self-discovery and he'll learn what it is that works best *for*

*him*. He'll learn how to get there by just heading out, *even* if he's lacking in the "know how"! Later, once he's crossed through certain territory, he can then ask himself all sorts of questions regarding what works for him. And with that; what works for one person won't necessarily work for another. The only thing that's demanded in every approach though, is that we stick to just one route, and remain steady and consistent in our efforts.

Mazal tov to you Briut on reaching 90 days!

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