

Funny walk to 90 by Yehoshua

Posted by yehoshua - 03 Jun 2010 14:42

blb

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Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 16 Nov 2015 07:41

A new day, a ne w hope.

I am really giving it all I got... I didn't join a group though, I will not do it without the full knowledge of my wife.

But there was the hopeless moment after my fall, that I felt I don't care about anything just my sobriety, I just needed help.

And in this weekend I constatly thought when I was feeling angry at my wife or not willing to do the cleaning or reading,..., that it is my addiction. So I really gave it all I got.

Now I am at work. A new battle to give over to Hashem.

As it say in AA Big Book

"Faith without work is dead. For if a sexaholic failed to perfect and enlarge his spiritual life through work and selfsacrifice for other, he could not survive the certain trails and low spots ahead. If he didn't work, he would surely die. Then faith would be dead indeed.

With us it just like that."

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Re: Funny walk to 90 by Yehoshua
Posted by serenity - 16 Nov 2015 15:27

Yehoshua, Thank you for sharing with us. Please continue to do so. Hatzlacha!

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Re: Funny walk to 90 by Yehoshua
Posted by Shlomo24 - 16 Nov 2015 19:50

while i agree that you would like to be transparent with your wife, i fully agree to mark. we hid all the time from people in our life, why suddenly when it comes to getting better are we groisah tzaddikim? maybe the answer is you aren't ready to go to a group, but telling the wife shouldn't be a problem seemingly

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 17 Nov 2015 09:31

u guys are so right, but i don't know...

Why don't I call my wife first before I act out and tell her all about it... It is so true what u say, I am afraid of joining a group because then she would have to suffer me.

Now I still manage somehow...

Darn, I am sick

It is so true. I am letting go, as much as I can. I am learning the hard way like the addicts i find in the literature. Going going going until they can't go anymore.

But it is true, I shouldn't blame my wife. And it is blame.

I should call SA, the lust will return and I didn't give up my control.

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Re: Funny walk to 90 by Yehoshua
Posted by Dov - 17 Nov 2015 12:44

Have you heard any talks by **Sandy B** from AA yet? They are beautiful, to me, and can be found on Youtube (R"l) as, "**Odomtology**". There are other very nice AA talks there, as well. Sandy just passed away last year and his talks are all funny, deep, and focused on the inner work in a very real way rather than just 'talk'.

Have a nice day, good man.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 20 Nov 2015 07:29

9 days :-)

[Dov wrote:](#)

in the beginning of a recovery it is all about action

Something like that Dov said yesterday in a chat, cos i was worried about my thoughts.

Thanks Dov.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 24 Nov 2015 10:03

13 days

Sandy B (AA speaker) on YouTube is really fantastic. Thank you Dov. Also I am reading the AA Big Book.

Yesterday I had sort of a dangerous situation - it wasn't a slip, I think. I felt low on energy and saw a trailer from Star Wars and I knew that wasn't a good idea and then there were some funny videos with dressed women. I felt it, I am about to take the first drink. So I went to listen to Sandy and didn't watch anything.

So no fall, no slip.

Why is Sandy fantastic? He talks about the spiritual experience that can restore us to sanity, to being sober and not in lust. It really is beautiful.

I feel some false pride and I am scared on the other hand. I am still not in any live group. Could this cup go pass me?

On the other hand, I don't want to get robbed of my spiritual journey. So I know and start to feel and live the "let go and let God". So why is Sandy fantastic? He talks about how to start, how to KOT intuitivly.

All the best to you guys.

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Re: Funny walk to 90 by Yehoshua
Posted by Gevura Shebyesod - 24 Nov 2015 11:53

Good move.

Nice truck! Is that Markz's truck's Elter-zaidy?

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Re: Funny walk to 90 by Yehoshua
Posted by markz - 24 Nov 2015 11:57

[Gevura Shebyesod wrote:](#)

Good move.

Nice truck! Is that Markz's truck's Elter-zaidy?

No it's just something he saw on the big screen

[yehoshua wrote:](#)

I felt low on energy and saw a trailer from Star Wars

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 25 Nov 2015 07:33

I know it is not the best pick, but I can't go search for another funny one. Maybe with time something will pop up.

Wait wait ... something safe

(cos looking for funny trucks is not funny, it will lead to a slip). Markz, hope you will be happy with this one.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 25 Nov 2015 07:41

Oh darn, I can't change it... Hm... (wanted to upload another one, but it doesn't want to accept it!!???)

14 day

No star wars

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 25 Nov 2015 10:34

he does look very...

but this is not a steal, cos I was just looking for a baby truck and this is what i got... Should I

change it?

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 25 Nov 2015 11:21

Yeah, it changed... Ok, i am not changing this one

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Re: Funny walk to 90 by Yehoshua
Posted by markz - 25 Nov 2015 11:37

[yehoshua wrote:](#)

Yeah, it changed... Ok, i am not changing this one

I like it

Baby steps, brother

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