

Funny walk to 90 by Yehoshua

Posted by yehoshua - 03 Jun 2010 14:42

blb

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Re: Funny walk to 90 by Yehoshua

Posted by Pidaini - 07 Feb 2014 17:40

I love that line!!!

"They lead no-where, and no-where means a fall."

It comes to play in many areas, whatever that "no-where" may be. We are either using the opportunity to live real life, and appreciate it, or we are killing it.

thanks for that

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Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 11 Feb 2014 12:28

Life slowly moves on, I am not making any progress. But I feel I need to stop right now... I can just feel how my mind is slipping.

I am on this forum for nearly 4 years, vow. Did it help? Sure it did. I am alive, right!

Now, to cope today.... My battle plan is, not fighting. No fighting at all. Just small baby steps, as long as Hashem lets me move forward, baby steps, I am sober, I am free.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 13 Feb 2014 12:43

hm.. kind of still, want to move, but am too lazy...

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Re: Funny walk to 90 by Yehoshua
Posted by Pidaini - 13 Feb 2014 23:36

What could you do? one baby step, then another, then.....no, don't think that far!!

KOT!!!!!!!

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Re: Funny walk to 90 by Yehoshua
Posted by Dov - 14 Feb 2014 23:16

Real life is working and doing. *G-d* accomplishes.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 17 Feb 2014 19:39

"Real life" is me watching porn, "Real life" is me getting high, screaming at my loves one, "Real life" is me procrastinating. This is "Real life". This is me.

"Real life" is being afraid and alone and alone. And it doesn't have to be like that, but that is how it is. It doesn't have to be like that, but that is "Real life"].

And that is ok, as long as someone is not talking about "Real life".

So I will quit my moaning and whining, it really is getting booooooooooooooooooooooring. So back to "Real life".

Hm, Doc Dov you always know what to write, sometimes you just don't read really well. Don't worry, this is not "Real life", just the forum.

But truly, no offense. It's hard boiled eggs for everyone. Even for you Dov. Thanks. No hard feelings, you rock. I love reading your posts. They are great. And you are great.

Now, back to "Real life" without whining. Every time I'll be whining, I will go through the twelve, pray to Hashem and then write here what I did to overcome whining and then lead some "Real life".

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Re: Funny walk to 90 by Yehoshua
Posted by Dov - 17 Feb 2014 22:18

Thanks, u r right - will try and learn to read better.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 18 Feb 2014 11:15

Thank you Dov.

Still sober. I am alone at home, that is always dangerous. I wanted to go to run yesterday, but didn't make. I saw a film instead - Polanski's Repulsion - I need to see this film, but perhaps I should make more priority lists.

And Dov you are right, it is painful when one is right. I read your thank you at 5am, when I wanted to act out. But then slowly went through the 12 steps, did my morning workout, had a shower and ate an apple, then took the bus.

Now, skeptical I am going to that meeting. It is not a million dollar meeting, but it is real life.

All the best to you guys.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 25 Feb 2014 13:10

I am fighting like crazy... I am always on the verge of a fall. Had a really bad slip three days ago.

I started running in the evening (well at night to be honest). But I am missing on my morning workouts, plus I wanted to see "Brazil" by Gilliam yesterday - can u believe, that i haven't seen that film too!? - but fell asleep at midnight or was it one a.m.

I am also reading a book by Scott Peck: The Road Less Traveled: A New Psychology of Love, Traditional Values and Spiritual Growth (Simon & Schuster, 1978). I can only recommend it, it has given me a lot of insight. But when reading, I see that, I have to read with pen and paper, otherwise a lot is lost... I write just notes, anything that comes to mind or write important

thoughts.

Running is great.

But having real problems at work. I can't get the right motivation, so I browse for motivation online, even though I know it doesn't work. I still do it... That is insanity, isn't it. I hang on to branches where ever I find them, or think I found them...

But not go to deep and to far...

I will do my best and the rest is up to Him...

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Re: Funny walk to 90 by Yehoshua
Posted by Dov - 28 Feb 2014 10:07

You smiling a bit here and there?

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 03 Mar 2014 14:22

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 04 Mar 2014 15:11

Yes, I did it!

I will do it.

I can do it.

I'll try to do it.

How do I do it?

I want to do it.

I can't do it.

I won't do it.

Which step did you reach today?

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 06 Mar 2014 18:04

slipping, had a really bad slip the other day...

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Re: Funny walk to 90 by Yehoshua
Posted by dms1234 - 06 Mar 2014 23:58

Baruch Hashem! Now move on!!!! That was then, this is now. Good work dodging a bullet.

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