

Funny walk to 90 by Yehoshua

Posted by yehoshua - 03 Jun 2010 14:42

blb

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Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 16 Jan 2014 13:40

Hi, my name is Michael and I am a porn addict.

Did my morning workout, had a shower and had breakfast. And yesterday I was home alone...
And I read my literature. Baruch Hashem, He helps ever 15 minutes.

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Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 17 Jan 2014 13:03

So, my name is Michael and I am a porn and a sex addict.

Another day. I feel a bit depressed, no real power in me.

I had a dream about this girl on the bus and she was dressed very sudictive and she was really
friendly and of course she wanted to be with me. Something other came up then, and BH we
didn't end up together. It is the beginning of being sober. It will pass.

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Re: Funny walk to 90 by Yehoshua

Posted by Dov - 24 Jan 2014 15:29

I am just as much a sex and porn addict as you are, Michael, and relate to everything you wrote here. Continued hatzlocha and if you ever want to reach out and talk or meet in person, I am game as well as others here, I am sure. KOT

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 27 Jan 2014 20:20

Still sober. Thanks Dov.

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Re: Funny walk to 90 by Yehoshua
Posted by Dov - 28 Jan 2014 23:00

Still sober, too. Thanks Michael.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 29 Jan 2014 15:57

Hi, my name is Miha and I am a porn addict.

Michael is the international version, it is how I was called though also. But Miha is actually my real real name, it is how I am called.

My name is MIHA. I AM A PORN ADDICT.

AND THIS IS STEP ONE.

I am totally powerless. Nothing, absolutely nothing that I can do to change this addiction. I am powerless.

I had a slip today.but I didn't start viewing "real" porn. I saw some girl in a magazine and had some difficulty with an assignment. I had to work with Youtube and it spiralled a bit. That means that I typed in adult games and clicked and there was some explicit pictures there, but not graphic, I mean darn is this a fall!??? Honestly I saw pictures of cartoon caracters and they were more explicit then the women on the street.

I played the games , like I teased myself and then backed off, turned the window off when it got too graphic - when there were genitals. And then I wanted to go on, search for real porn. And then I stopped and went to GYE and read.

So here I am. Solved the assignment and am working now...

I just wanted to share this.

It really doesn't feel like a fall, honestly. But who am I kidding, I am powerless, but at least I am honest. This is really the truth. But if you guys see it as a fall, you are right then, I will reset my 90 chart.

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Re: Funny walk to 90 by Yehoshua
Posted by cordnoy - 29 Jan 2014 17:52

take an honest look at yourself and decide what is more beneficial to you; reset or not reset?

Your decision.

I will not ask you about filters and computer monitoring; that is for you to decide.

Your honesty is a good first step.

Keep at it bro!

b'hatzlachah

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 29 Jan 2014 21:24

Guys, I did it. I finished work, all that I had planed. I worked from 8 am to 17.23 (that is now).
And it is finished.

Baruch Hashem.

Usually I always fall big time. But tnx GYE, I was reading the 1 step on this site and it kept me
sober!!!!

Thank You GYE, Thank you GYE

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Re: Funny walk to 90 by Yehoshua
Posted by Pidaini - 30 Jan 2014 08:00

WOOOOHOOOOOO!!!!

I could have written that post before, WHO AM I KIDDING?! "I have this under control"....HA!
SO THEN WHY ARE YOU LOOKING AT THINGS THAT YOU DON'T WANT TO BE LOOKING
AT, EVEN IF IT'S NOT PORN?

Great job on the coming here before the final fall!!

I have to answer this myself, back in Yaakov's Ladder, but it's a good question for
everyone.....What is going to be different next time?

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Re: Funny walk to 90 by Yehoshua
Posted by kilochalu - 30 Jan 2014 08:33

be it a fall or not it sure sounds like a small (giant for us and for the chizuk that you can take
from it) step in the right direction.

use it as a boost to continue on and KOT

you have everyone here cheering you on

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 05 Feb 2014 14:34

Tnx guys.

I don't have anyone to talk too. Dov said, share it with safe people. But I don't have safe people. So I will share here.

My name is Miha and I am a porn addict.

On sunday I almost got divorced for a very stupid reason, I think the same day that P.S. Hoffmann left a needle in his arm. My wife has inscribed a new study to keep her job. So we are under a lot stress.

I cried like a baby, admitting to her that I made a mistake, even though, I don't feel it was my mistake. But I said, that I am sorry that things ended out like this, and that it isn't anybody's fault. So I am sorry about that mistake, I am sorry about this outcome and I will work harder. I guess she made a mistake and I wasn't there for her to help her overcome herself.

I was really sorry, I hit myself so hard, when she went to the bathroom, that my ear is literary still blue. Baby was asleep, BH, at the time.

I love her and she loves me. And we touched hands. And I love her still. I don't know what to say more.

I still fantasize about being a woman. And having intercourse as a woman.

I feel my life is really boring and I am lazy. At 9pm I just feel empty, the batterie is empty. I tried eating to keep me awake, so that I would help my wife with her studies or that I would see a film or read a book or go for a run. But I end up falling asleep.

This morning I did my workout and I took a shower and I ate breakfast. I said to my wife that I am sorry for falling asleep yesterday.

Darn this is the other Kirk. The good Kirk.

So I am sorry and I am really trying. Even though I just want to run away from everything.

All the best to you guys. I am cheering for you too.

Sorry for the depressed post.

P.S. If anyone that knows me in person is reading this. Especially my wife. Then I am sorry for making our life public. I need to share this, cos I have no other chance. And I don't want to loose my wife and my life. And this is perhaps a way that I can be a better human being, a better husband and a better father. For real, without any faking.

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Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 06 Feb 2014 14:22

Hi, my name is Miha and I am a porn addict.

I am struggling with procrastination, of course.

I did my morning workout, did two laundry washings, cleaned the kitchen, read my book on the bus. But now I got lost a bit at work, and am not working.

A new beginning. I have to remind myself, that I am not the Master of the Universe and that (even I weren't an addict) I don't get to do whatever. Sometimes I play that game, as in nothing really matters. But in truth it does, because I am not the Master of the Universe and I am simply not entitled to have a little fun: procrastinate a bit and watch just a bit of soft porn - really very soft - it can't hurt, I will close the window if something bad will come up...

Hashem, I don't want to be crazy anymore!

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Re: Funny walk to 90 by Yehoshua
Posted by gibbor120 - 06 Feb 2014 21:03

[yehoshua wrote:](#)

I have to remind myself, that I am not the Master of the Universe

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Re: Funny walk to 90 by Yehoshua
Posted by skeptical - 06 Feb 2014 23:05

yehoshua

and watch just a bit of soft porn - really very soft - it can't hurt, I will close the window if something bad will come up

Isn't the point of watching that genre to see something bad? Otherwise, why bother?

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Of course not, that is HE-MAN