

Funny walk to 90 by Yehoshua

Posted by yehoshua - 03 Jun 2010 14:42

blb

=====
=====

Re: Funny walk to 90 by Yehoshua

Posted by Dov - 15 Aug 2013 16:37

Good question. But it's not really our job to take care of him, is it? Last time I checked that was each man's own job.

But we do love him...at least I do. And hope he is doing well and knows he always has a bunch of folks here that he can always post to, chat with and even call on the phone or meet in person.

But it is really his business.

Have a fantastico dayo all!

=====
=====

Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 19 Aug 2013 13:25

A fall happened. I was offline all this time, Thanks for your posts and I am sorry that I didn't reply. I was away the whole time and didn't even open my comp to see the posts.

So now I am trying really hard again. I started running and I am doing morning workouts, I read now also and mostly I can gain sanity be the known serenity prayer.

I am 21 days clean now.

I am reading a lot on this therapist who uses the before described method of healing addiction. Again reading his work, I have found that I am an addict. And I am learning that only through

extreem healing, can I be cured.

As many here know, I too am learning that it will be almost impossible to do it alone. Baruch Hashem, I hope through the tools that I am using now, I will be able to stay sober.

Since even in this therapy (that I described in the posts before), people finish successfully but then slide back into old habits as they leave the group. Still they don't fall. So this is my plan, if I am not able to gain real sanity without a AA group (the leading therapist is actually AA, but handels other addiction also), I will join one.

Reading all this material on addiction I am learning about the devastating effect it has on ones wife and children. Almost by default the children will become addicts if the sick parent doesn't get treatment.

And that is a scary thought. So this is my plan. As u know, my wife knows already and knows how much I am reading on that stuff, so joining a group wouldn't be the end of the world. To some point I would be looking forward to meet the therapist that I am reading so much about.

And again sorry for not posting.

All the best to You guys!!!

=====

Re: Funny walk to 90 by Yehoshua
Posted by Dov - 19 Aug 2013 15:10

Do you mean u'd go to AA meetings, or to SA meetings? Many guys in SA were in AA first for years and discovered their lives were still a mess till they faced their lust and sex addictions. But I am not getting ur meaning, so I ask.

If u mean AA, then I wonder why *not* meetings with other sex and lust addicts, like SA for example? Practically no alcoholic would go to 'NA' meetings if he could meet with drunks like him in AA ones and gain relevant experience strength and hope, of course. Is there a shame factor here?

Or am i misunderstanding you? That would not surprise me at all.

Regardless of what u do, it sounds like u r really taking good care of yourself! Thats great and all the brochos to you, chaver!!

=====

Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 19 Aug 2013 17:13

Vau, that is nice. I am reading a Dov post in my thread even though I am 'bad'... Feels kind of that since I was away and didn't answer.... And now it feels like coming home.

That therapist handels other addiction also. Mainly however they are alchoholics (the therapist is also a recovering alchoholic). But my reason for joining them wouldn't be because of shame, but because of the method that they use.

There are probably also good SA groups in my town, but I am not that interested in seeing them, since I am all focused on this particular therapist.

=====

Re: Funny walk to 90 by Yehoshua
Posted by Eye.nonymous - 26 Aug 2013 09:55

Good luck.

--Elyah

=====
=====

Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 27 Aug 2013 02:42

so Mike Tyson has been sober for 6 days, that is a miracle, he says.

Darn, he made me catch ground....

=====
=====

Re: Funny walk to 90 by Yehoshua
Posted by RoshYeshivasSon - 27 Aug 2013 07:52

7 Days sober: I am 1 day up on Mike Tyson. And 1 brain.

=====
=====

Re: Funny walk to 90 by Yehoshua
Posted by Dov - 27 Aug 2013 20:22

...and both ears intact, too.

=====
=====

Re: Funny walk to 90 by Yehoshua
Posted by Gevura Shebyesod - 27 Aug 2013 20:58

Tyson still has both his ears. It's the other guy who looks a little lopsided now.

=====

=====

Re: Funny walk to 90 by Yehoshua
Posted by Dov - 27 Aug 2013 21:24

What good are ears without a brain, tho...

=====

=====

Re: Funny walk to 90 by Yehoshua
Posted by cordnoy - 27 Aug 2013 21:37

for most of my life, I have had ears (and eyes) with no brain.

=====

=====

Re: Funny walk to 90 by Yehoshua
Posted by RoshYeshivasSon - 27 Aug 2013 22:04

It's ironic to watch the man they called "Iron Mike" sobbing like a baby at the inability to control himself.

It's ironic to watch a man people think is a sober, responsible, and loving person cry at the inability to control himself sexually. Yup, I'm talking about myself. And maybe you, too.

Lessons from Iron Mike!

Coming Tomorrow: Lessons from A-Rod.

Or Not.

=====

=====

Re: Funny walk to 90 by Yehoshua
Posted by Dov - 29 Aug 2013 21:17

That is why I found SA. Cuz that's me, too.

=====

Re: Funny walk to 90 by Yehoshua
Posted by yehoshua - 07 Jan 2014 13:55

Hi, haven't posted in ages. And I must have accountability.

I am 54 days sober. Still on my own.

I am now writting a personal diary daily, I work out every morning (I also started running) and I started to read more.

As you know, I am secular. Sorry about this, but I must write this... I don't have problems with reading every kind of book, so now i am reading Puer Aeternus from Marie Luise von Franz. She handels the problem of growing up, of male adulthood from the perspective of Carl Jung. Basically she says that many men are the eternal boys, who fail to become responsible men... The main problem is because they avoid tedious rutine work, in short because they are lazy.

Sounds simple, right?

But for me it is a mayor problem...

=====

====