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GYE - Guard Your Eyes Generated: 21 August, 2025, 05:28
Funny walk to 90 by Yehoshua Posted by yehoshua - 03 Jun 2010 14:42
blb
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Re: Funny walk to 90 by Yehoshua Posted by yehoshua - 06 Sep 2011 09:51
I am invited to a birthday party Sunday at 5 p.m. (his wife is 30), but I will miss a basketball game. So i called my friend and asked him if it is ok, that I come after the game. He said it was ok.
Should I feel sorry?
He will understand, I really need to see the game.
This seems like a trigger to me.
And I am not "I", I am that "friend". Maybe I just don't show myself respect, maybe my feelings are not important, maybe this feeling of anger leads to death. But my life, Baruch Hashem, does not depend on my "friend".
Again, I am helpless. Baruch Hashem, I am helpless.

Re: Funny walk to 90 by Yehoshua Posted by the guard - 06 Sep 2011 13:06
yehoshua wrote on 06 Sep 2011 07:23:
I carry a little paper with me at all times to use when I am triggered, lustfull. It says:
YELL GEWALT, SOHN G-TTES IN GEFAHR, NICHT DER WEG DES TODES, NUR HEUTE NICHT if I feel I can't do it, if i am too tiredm if i hvae lustfull thoughts, if i feel self pity, fear, lust, lazyness, sadness
I love those different "States" you describe. Thank you.
May I ask what the above words mean? Is it German? I tried Google translate and it said: "YEL! OF GOD, GOD'S SON IN DANGER, NOT THE WAY OF DEATH, NOT ONLY TODAY"
And what do you mean by "pray to the saints"? Are you Jewish? If not, you are still more than welcome here - I'm just curious;D
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Re: Funny walk to 90 by Yehoshua Posted by yehoshua - 06 Sep 2011 13:14
Yes Jewish, but I was not raised Jewish. Well saints was really Tzaddiks, but if holy people of other religions come to my aid, vow, that will be great too. ;D

SOHN G-TTES IN GEFAHR, NICHT DER WEG DES TODES, NUR HEUTE NICHT = Son of G-

GYE - Guard Your Eyes Generated: 21 August, 2025, 05:28 d in danger, not that way of death, just not today. Rav Zelig Pliskin describes these states... Thank you so much for your question Rav Guard. It is an honour. Re: Funny walk to 90 by Yehoshua Posted by bardichev - 06 Sep 2011 14:55 truck along dont thuink just truck!!!!!!!! enjoy your birthday cake ==== Re: Funny walk to 90 by Yehoshua Posted by JackAbbey - 06 Sep 2011 15:01 i like the time out state do you enjoy gardening? i do

Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 07 Sep 2011 06:42

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yes, gardening. I am learning still, but I love it.
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Re: Funny walk to 90 by Yehoshua Posted by ben durdayah - 07 Sep 2011 07:52
yehoshua wrote on 06 Sep 2011 13:14:
Yes Jewish, but I was not raised Jewish. Well saints was really Tzaddiks, but if holy people of other religions come to my aid, vow, that will be great too. ;D
SOHN G-TTES IN GEFAHR, NICHT DER WEG DES TODES, NUR HEUTE NICHT = Son of G d in danger, not that way of death, just not today.
Rav Zelig Pliskin describes these states
Thank you so much for your question Rav Guard. It is an honour.
Wow
Unser freund spricht Deutsche!
Can you please tell us what in the world "geshtaltzumfleegen" means?

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This will settle a longstanding debate here on the forum	

Re: Funny walk to 90 by Yehoshua Posted by yehoshua - 07 Sep 2011 08:14 Well, the real question is, is this german? "geshtaltzumfleegen" Hm... Perhaps "Gestalt zum Fliegen", then it is "a shape (form) for flying"!? Well I am missing the context. But ok, it could be "Gestalt zu fliegen" - more finds on google. "zu" would then have a syntax function (Infinitiv with "zu") - anyway, that would be part of a sentence, like: The wizard could change into a raven and in that shape he flies... Does this make any sense? Re: Funny walk to 90 by Yehoshua Posted by ben durdayah - 07 Sep 2011 09:10 yehoshua wrote on 07 Sep 2011 08:14:

Well, the real question is, is this german? "geshtaltzumfleegen"

Hm... Perhaps "Gestalt zum Fliegen", then it is "a shape (form) for flying"!? Well I am missing

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Generated: 21 August, 2025, 05:28 the context. But ok, it could be "Gestalt zu fliegen" - more finds on google. "zu" would then have a syntax function (Infinitiv with "zu") - anyway, that would be part of a sentence, like: The wizard could change into a raven and in that shape he flies... Does this make any sense? Gevaldiggggggg! It makes more sense than many of the posts here on the forum... Re: Funny walk to 90 by Yehoshua Posted by JackAbbey - 07 Sep 2011 09:18 just a thought you like gardening because you like to connect to nature? or because you like to see results from something that you actually did yourself? or because its a timeouter?

Re: Funny walk to 90 by Yehoshua Posted by yehoshua - 09 Sep 2011 06:50

Vou, good question. I think all of those, plus the fact, that I don't have to do it and that I am not alone in doing it. I connect to something bigger than me, I feel tired at the end and when I look at the garden I can't help but wonder - how did this all come to be.

Sure if you don't work hard at it, then it will not grow - you see the results of your work. But there is something more to it - the growing part is not mine. Hashem makes it grow, it's a mystery - just like seeing a baby grow. He just grows and its beautiful.

I think it makes the whole eating experience different and I guess it makes me kind of more human, when I am working on the garden. A whole person.

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Re: Funny walk to 90 by Yehoshua Posted by JackAbbey - 09 Sep 2011 11:47

wow! this is a very deep insight, i like it

you qupted "its something that i dont have to do it"

i allways found that a big pressure easer, when a overwhelming project is in front of me i say:

i dont HAVE to do it, i WANT to do it, if its not gona work out, what the hack do i care

that paradoxly gives me the push to do it

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Re: Funny walk to 90 by Yehoshua

Posted by yehoshua - 12 Sep 2011 09:00

I don't like reading, I don't like anything, I can't focus and I don't care. I have so much to do and I

can't collect my thoughts.

This is it. After all this time I still didn't move one iota from where I stood. I said it again and again and again. So here I stand again at verge, on the ledge.

I am in a state of numbness and want to take the usual way out, I am like in quick sand. The more I struggle, the more I sink in. I am in a highly dangerous state. I can't even yell GEWALT.

This weeks Torah portion really gives an insight to my struggle. How do you fight Amalek, how do you even begin. Sure once I am up and above I can fight it, but here on the ground it is impossible.

Torah says to REMEMBER. Remember what he did to us.

So I am reading my past posts - I even added a new STATE called REMEMBER STATE.

This is actually HIT BOTTOM WHILE ON TOP.

This Exodus thing is really heavy. I didn't see the wonders that happened in Mitzrayim, but I know Mitzrayim, I am in Mitzrayim, I don't want to be like Mitzrayim.

I want get out, but like the ancient Jews, I am having real problems in leaving the belowed slavery. So what if everybody hates me, I linger on. The worst thing is, that even the ancient Jews return from the desert. This time like a "new" nation, they are different, stronger, they are holy.

Holy, kosher.

Oh man. How did they come through. Those that couldn't, didn't. They died.

So we remember, we remember in order to kill Amalek. I am yelling GEWALT. I am sorry, that et it linger so long in my stupid head.
One iota, just today, just one iota.
Keep trucking if you are reading this.
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Re: Funny walk to 90 by Yehoshua Posted by Gevura Shebyesod - 12 Sep 2011 13:29
Ve're all trucking right along with you!
Gevura!
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