

Bruce's Battle

Posted by BruceWayne - 17 Jun 2009 14:30

OK guys, it took me a little while but I'm finally up on this part of the forum. Most of you probably know who I am by now, so I won't repeat my story. You can find that and a bunch of other stuff at my original thread here: rehab-my-site.com/guardureyes/forum/index.php?topic=503.0

I will be posting my progress towards 90 clean days almost every day here. Updates will be right before I go to sleep, once the day's victory is secure, or the next morning.

This thread is really for myself. I don't care if no one reads it. It's here to keep me accountable and to help me get there.

So far I have been clean for 4 days. Today will hopefully be number 5.

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Re: Bruce's Battle

Posted by Tev - 23 Aug 2009 19:38

And the incident with the newspaper in Sweden saying how the Idf "steals Palestinian organs"

WE NEED MOSHIACH NOW!

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Re: Bruce's Battle

Posted by the.guard - 23 Aug 2009 20:24

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Re: Bruce's Battle

Posted by Someone - 23 Aug 2009 20:42

BeStrong, agreed! The sort of back-stabbing antisemitic leftist slanting against Israel really p*sses me off. Big time. I would like to personally give all those blinded journalist only looking for *the* story a good solid 5 year history education about why the situation is like it is.

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Re: Bruce's Battle

Posted by BruceWayne - 23 Aug 2009 21:14

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Sorry if I offended any members of the left - not intended!

Re: Bruce's Battle
Posted by Someone - 24 Aug 2009 16:03

The ideas of the political left is not something I oppose, the right has (probably) done much more damage with its ideas and policies! In fact, only the media that swings to the left is more commonly the one to report negatively on Israel (at least in Europe). Sorry for not clarifying it in

Do not know what your opinion on the situation in the Middle East is; personally I sympathize with Israel. I will explain why, if needed!

Anyways, what day are you on? How are you doing?

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Well, "Someone" is a better man than I. I kind of enjoy getting under Leftist's skin. :

Re: Bruce's Battle

Posted by BruceWayne - 24 Aug 2009 18:17

I actually have no idea what day I'm on and I want to keep it that way. I found that obsessing over days is not the best approach for me, especially if sobriety is desired for the long term. I don't want to be counting 7,287.5 days in the future. I want to be counting in years, so I'm starting with chunks. I'll check every now and then when I just HAVE to know what day I'm on, but that will probably be only every 5 days at minimum.

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Re: Bruce's Battle

Posted by Kedusha - 24 Aug 2009 18:50

[BruceWayne wrote on 24 Aug 2009 18:17:](#)

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Great - just keep track of when you started.

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Re: Bruce's Battle

Posted by BruceWayne - 24 Aug 2009 22:30

I have it written down on a notecard in my wallet.

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Re: Bruce's Battle

Posted by BruceWayne - 26 Aug 2009 00:30

Random thought: In a way, I'm glad that school is starting up again. It means I'll be busy, which means no time for you-know-what.

But it's still school.

Bleh.

I want to get on with my life already.

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Re: Bruce's Battle

Posted by Kedusha - 26 Aug 2009 03:11

Dear Bruce,

Sounds like you might benefit from Rabbi Pliskin's new book [Life is Now](#). I haven't read it yet, but it seems to address the importance of living in the present.

www.artscroll.com/Books/linh.html

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Re: Bruce's Battle

Posted by BruceWayne - 26 Aug 2009 04:15

The whole thing is that I don't want to be in the present. I want to be somewhere in the future where I'm finally earning a living and I've gained control over SA, as well as conquered many of my other current problems.

The present isn't the best these days.

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Re: Bruce's Battle

Posted by Tomim2B - 26 Aug 2009 18:46

That's great approach to life in general! Live the "present" as if you're living in the future.

With a vision towards an optimistic future, living already in that state of mind is known to bring positive changes to one's life.

On that note: are you familiar with "The Universal Law of Attraction"?

2B

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Re: Bruce's Battle

Posted by Someone - 26 Aug 2009 19:27

I can hardly give any advice on this topic- I struggle too much with exactly the attitude you have described. One of my really good friends has (and this site) often told me to live in the present, focus on this minute, and see all the good things in life one has now. One often hears that life is too short to waist time on the bad stuff (all meanings included).

Keep on going.

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Re: Bruce's Battle

Posted by BruceWayne - 27 Aug 2009 02:50

[Tomim2B wrote on 26 Aug 2009 18:46:](#)

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No. Please elaborate.

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