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Chaim's striving for Life (Chaim) Posted by Chaim - 14 Jun 2009 18:50
Today is number 3
I come home tired and hot, looking for "relaxation". But knowing I have this site as an outlet and connection for Chizuk - kept me straight.
I read Jack's journal - Kol HaKavod! To him and his Helpers.
Behaviour Modification Tip: Identify apriori the times and situations that normally lead to SIN - and make a new habit .
e.g. Instead of going to the computer when I come home tired and pressured - I schedule some other activity (learning over the phone).
Thanks for the permission to be connected and alive!
Chaim
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Re: Chaim's striving for Life (Chaim) Posted by battleworn - 22 Jul 2009 12:20
Chaim, I suffered a lot from that particular dirty trick of the menuval. Use my experience instead of your own, and stay far away !
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Re: Chaim's striving for Life (Chaim) Posted by Chaim - 23 Jul 2009 15:14
41 davs

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Thanks Battle!

I can feel that old rusty feeling coming up, like wanting to look at something interesting... and just relax. Worn out from the battle - just take some time off...

Well, I know what you said - not to trust myself, the fall will hurt much more than the pleasure!

Today, walking the stretss and on the bus I keep my eyes clean, and felt the power of self control, but also felt the enticement.

Life is interesting, eh?

But life - Chaim - is being connected to real people in real ways, not virtual pictures and self excitement.

Thanks for the encouragement!

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Re: Chaim's striving for Life (Chaim)
Posted by the guard - 25 Jul 2009 21:31

What an inspiring person this LIFE is!

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Re: Chaim's striving for Life (Chaim)
Posted by Chaim - 26 Jul 2009 07:09

That desire to go to the brink is still hanging around

To see - and not to see... That is the question.

I have to stay clear of the cliff - because the way down - is long

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I stayed away from certain newspapers on Shabbos, but had a close call "checking" what a family member did on the computer late last night -

By the way, I nicely asked my wife to watch some of her (under)stuff, so as not to arouse me, especially when she is assur.

I say, I want to keep all my Cheshek for you

She understood, took it nicely and took precautions.

She isn't so computer savvy, and sometimes opens the level of Rimon to basic, and forgets to hke it back up.

I had to check this am, in order to protect my son who is home during vacation.

Can I not check this type of thing?

Well, again for all to hear

I am hereby relieved of all watchguard dutiles untill further notice

When I can go back to being on watch for others?

I don't know

I see that there is a type of waves that I go through, being totaly clear without lust, and then riding downwards for a while. I hope to hold on...

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Re: Chaim's striving for Life (Chaim) Posted by Chaim - 02 Aug 2009 19:11

Today is 52 = BeHaMaH

also some 522 views on this part of the forum 10*52

Posted by bardichev - 03 Aug 2009 03:30

On Page 52 of Suka (see the posts!) we learn about the Yezer Hara

Animals are no longer part of our life like they used to be. We may have pets, but it used to be that man and beast worked together in the field and on the road.

When I thought about this, I realized that we still do have the equivalent, and this helped me to understadnthe nature of the Yezer.

Today we are surrounded by machines, and more so by electronics, and computers. these "wonderful" pieces of stuff serve us, and allow us to work faster, non-stop without psychically expendeed ourselves.

When I look at an improper site - I go into a machine mode - no feeling (really) no thinking, actually I try not to think - cause then I'd **have** to stop! Automatic clicking, keeping pace with the broadband...

Do I want to be a machine?
Do I want to be a modern BeHaMa?
NO
I want to be alive, with a feeling heart, close to good real people, who I can nourish and can love me too!
Thanks
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Re: Chaim's striving for Life (Chaim)

52 IS BEN
A BEN MELECH IS WHAT YOU ARE
STRONG PROUD AND REGAL
NEXT TIME THE MENUVAL OFFERS YOU HIS NOSH
SAY HEY MENUVAL
YOU THINK I AM A POY-IYR A TZI-GANNER A GASSEN KIND
HAH! I AM AM PRINCE CHAIM THE PRINCE OF LIFE
I WILL NOT BE WOOED INTO YOUR GARBAGE
HEY! WE DO NOT START UP WITH ROYALTY!!!
LONG LIVE THE PRINCE!!!
b
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Re: Chaim's striving for Life (Chaim) Posted by Chaim - 23 Aug 2009 16:34

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Seventy 2

Chesed

well I am happy that I have made it til, now. the zman has started I am busier, less time for shtus - but more pressured, have to stay away from assur relaxtion

Hope that Talmud Torah will keep me strong.

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Re: Chaim's striving for Life (Chaim)
Posted by bardichev - 23 Aug 2009 16:58

UVACHARTA BACHAIM!!!!

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Re: Chaim's striving for Life (Chaim)
Posted by Chaim - 28 Aug 2009 10:24

well I fell - I think it is an official fall, because I got into looking at sites that were not good, not explicit hard stuff but definately not tzanua, and playing the old game of peeping and not looking. The lowest level of the filter was on so I didn't see any real bad stuff, but I was definately looking around for "exciting" things.

If someone official will tell me that it was only a slip - I will be mekabel, but I know it was NOT what I should actively be looking for. I know I was going to fall, and I had no power to stop, Tho it is better than a few months ago, I still wasted loads of time with this "game".

Disappointment, and weakness.

I am sad, but willing to plod on. I know I should be in touch more, and I even planned to go on to post, but I chose to look at ranchy stuff instead.

How do I get live accountibility partner?

Thanks

I hope not to disappoint us again,

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Re: Chaim's striving for Life (Chaim) Posted by the guard - 29 Aug 2009 18:47
Chaim, that was an amazing streak in any event.
You can decide if it's a fall or slip by reading Rule #8 on this page carefully.
You can try and get a live accountability partner on this page.
Sometimes Hashem brings us to fall, just as we thought we were doing so great.
1) So that we should realize that HE is in control, and we are completely dependent on Him for help.
2) To see what we'll do NOW! That's an even bigger test. If we get back up and continue as if nothing happened, we passed an even BIGGER test than had we NOT fallen. And sometimes that is what Hashem wants from us.
So forward march!
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Re: Chaim's striving for Life (Chaim) Posted by Chaim - 02 Sep 2009 19:38
thanks for your reply
well - it's a fall!

I have a hard time "blaming" HaShem for my falls like "that's what He wanted to show me" because it was my fault - I intentionaly looked at things I shouldn't, turning away from Him and

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His goodness that He so mercifully bestows on me - in order to seek out dirty dregy muddy cummy cheap plastic thrills

So what basis do I have for saying that! He wrote: ????? ?????

how can I say - He wanted me to fall even if in order to show me.

I have since tried to pick myself up, and have had great moments of clarity, and some hard stumbling. I feel NOW that I am ready for another real try at 90 days!

Thanks so much for this forum. I will have to be more religious about checking in.

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Re: Chaim's striving for Life (Chaim)
Posted by the guard - 02 Sep 2009 20:50

www.guardureyes.com/GUE/FAQ/FAQ20.asp

The connection is live. I feel the energy flowing through again. A great warrior is getting back up!

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Re: Chaim's striving for Life (Chaim) Posted by Chaim - 03 Sep 2009 20:11

WELL back on the road.

I am going literally on the road, for a flight to US for a simcha, for a short trip, and I can feel the radiation of many nisyonos on the way. I am trying to plan my way around those I can forsee and strengthen my resolve.

For some reason the knowledge that - out the routine - I can do many things I can't do while

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keep strong

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being watched by those who know me - both frightens me and also gives me resolve. I CAN do anything I want. I could conceivably go to a place no one knows or sees my religiousity, and go lust. SO I have free will. DO I really want to spend my time with virtual thrills and sluts? Is that the goal of my life? NO So that is also not the goal of these next few hours, that I will be "free-er" I pray I will keep my eyes in control, and make the long trip back to Israel - pure, even purer than before, having passed victoriously through many trials on the way. Did I think I would fall at 72 just Chai away from 90 - Zaddik? NO The taste of freedom was great. I would like to be free, totally from this burden, but as long as I live, I must carry the responsibility with pride. Re: Chaim's striving for Life (Chaim) Posted by nezach - 04 Sep 2009 14:48 Chaim its sounds like your really determined and focused achievements- its great chizuk

9/9