

Awakening the Rage

Posted by Cry2Tatty - 07 Apr 2010 18:52

So after seeing some initial success right here on GYE (4 months) ive had an extremely difficult time staying sober...sometimes i get a week, sometimes more, sometimes less, but nothing real...truth is ive felt the desire to stay clean and sober dwindle..hopelessness...depression...i dont know if those are the right words...definately feel numb...totally and completely numb to the addiction but also to everything else too...so my elders have advised i take it to the next level and that is great advice so i got a name and a number of a dude that goes to sa groups in my hood and i gave him a shout out...hopefully something develops there...but i feel a little like i hit rock bottom (once again) and im hoping the feeling propels me in the right direction...and what better place to start than where it all began...right here on GYE...sadly, i cannot say that hayom yom echad....hopefully tomorrow will be...ready to start taking those baby steps again....

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Re: Awakening the Rage

Posted by Sturggle - 07 Apr 2010 20:23

hey dude, rage, man,

wherever you're at,

however low down it may be,

what you wrote means

you're holding on,

so keep holding on,

we're holding on too,

let's not let go,

and from here,

we'll get somewhere...

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Re: Awakening the Rage

Posted by cleareyes613@gmail.com - 07 Apr 2010 20:29

Yay!!

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Re: Awakening the Rage

Posted by bardichev - 07 Apr 2010 20:58

Rage when will we be sippin old woody for your new 90

BardZzzzz

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Re: Awakening the Rage

Posted by Dov - 08 Apr 2010 03:10

It's beautiful to see your name back up in lights, Rage!

Not to minimize, but, just a halocha shayloh you reminded me of:

If a GYE guy counts his days and says "today is the 10th day!" and it happens to *a*lso be the 10th day of the omer....does he still count sfirah with a brocha?

:-*

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Re: Awakening the Rage

Posted by the.guard - 08 Apr 2010 12:20

[Rage ATM wrote on 07 Apr 2010 18:52:](#)

So after seeing some initial success right here on GYE (4 months) ive had an extremely difficult time staying sober...sometimes i get a week, sometimes more, sometimes less, but nothing real...truth is ive felt the desire to stay clean and sober dwindle..hopelessness...depression...i dont know if those are the right words...definitely feel numb...totally and completely numb to the addiction but also to everything else too...so my elders have advised i take it to the next level and that is great advice so i got a name and a number of a dude that goes to sa groups in my hood and i gave him a shout out...hopefully something develops there...but i feel a little like i hit rock bottom (once again) and im hoping the feeling propels me in the right direction...and what better place to start than where it all began...right here on GYE...sadly, i cannot say that hayom yom echad....hopefully tomorrow will be...ready to start taking those baby steps again....

We will never surrender!

We will learn to surrender.

www.sanyc.org/

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Re: Awakening the Rage

Posted by the.guard - 08 Apr 2010 15:00

Someone we love once wrote:

Last week I was in court and the case right before mine was a sentencing for a guy who held up

some bodegas... I've never seen a sentencing before, it's really fascinating. The guy's wife and mom were there and the criminal got to make a statement too. And this poor fat stupid shlub was begging the judge to sentence him to the bottom end of the sentencing guidelines, which was 5 years in federal prison... The crook and the lawyer made such emotional pleas to get 63 months in jail... ("He's a good man who made mistakes."..."I have a wife to come back to that I must take care of," etc. etc.) and they were absolutely delighted when the judge gave him the 63 months.... He was smiling and laughing like he just won a trip to Hollywood... it made me realize that the prisoner truly sees the end of the five years as imminent... He sees it in front of his face... And that got me thinking, that if 5 years can be imminent, then so can 3 months... Keep strong! It'll be here soon, with G-d's help...

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Re: Awakening the Rage
Posted by Steve - 09 Apr 2010 19:11

Ragerinno, just wanted to say Hello & vinch you a gutten shabbeees.

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Re: Awakening the Rage
Posted by Sturggle - 11 Apr 2010 19:49

I'm happy that you appreciated my post, Rage.

As it seems, we're on the same count now.

So, we in this together?

Day 4?...

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Re: Awakening the Rage
Posted by shemirateinayim - 11 Apr 2010 20:47

[dov wrote on 08 Apr 2010 03:10:](#)

If a GYE guy counts his days and says "today is the 10th day!" and it happens to *also* be the 10th day of the omer....does he still count sfirah with a brocha?

:-*

It might on days 6, 13, 20, 27, 34,**41**,48

RAGE: I always remember you as the funny guy who kept posting legal disclaimers..... come wallow with me in the muck of self-pitty

Some people join the site and have it easy, others trade-in their compulsions for a GYEblogging addiction, and some people honestly need help. The shame of revealing my addiction to my rebbe b-r-o-k-e m-e, so personaly the shame and embarrasment helped me turn my life around, even as my YH was visualising full s-- scenes in front of my open eyes!!!! I was so brocken by fessing up, that I didn't want to be doing the aveira. I didn't want to satisfy or even qeunch my urges, i just wanted to be able to tell my rebbe that I am healing. That was how I first did it. Albeit I have been fluctuating for a year now, but after a 7 month sobriety, my addiction went down to something more normal, something doable, and something I can overcome..... (if I have the willpower to do so)

why should you fall out of it? You got a lifeline, something many of us are choser.

oh BTW, it's meseches kalah rabasi.....and the passcode is 'fat lady'

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Re: Awakening the Rage

Posted by bardichev - 12 Apr 2010 20:01

Rage

Did anyone tell you anything about someone

Passinnng thru somewhere sometime today?if yes then tell that person where he can get mincha

Bards

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Re: Awakening the Rage

Posted by bardichev - 13 Apr 2010 17:40

BAMMO!!!

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Re: Awakening the Rage

Posted by Sturggle - 13 Apr 2010 18:54

what he said!

Dov just wrote a whole post somewhere,

I think on Yiddle's thread

(rehab-my-site.com/guardureyes/forum/index.php?topic=463.360),

about how the 12 steps are not for people

who think they can make it.

You will find it,

and the search is a bigger part of the metzia

than I think any of us really understand.

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Re: Awakening the Rage

Posted by Sturggle - 13 Apr 2010 19:17

dunno man,

i dont got much experience with SA myself,

but hey, you can go with the thought

of finding out whether your suspicions

are wrong or right

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Re: Awakening the Rage

Posted by Sturggle - 13 Apr 2010 19:32

tis true

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