

Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 07 Jun 2009 17:27

Shalom Alleichem to all my friends on this holy forum,

Today is with the help of Hashem day 61 on my sobriety journey.

I choose the name Noraah BAmram based on the famous story at the end of Kidushin where Reb Amram Chasida was faced with the battle we are all battling on this site. when he was halfway up the ladder to sin he shouted out **"FIRE IN THE HOUSE OF AMRAM - "FIRE IN THE HOUSE OF AMRAM -** I too scream out "fire in the house of Amram" "fire in the house of Amram" and all the sages came running to save him>

I hope and pray that thru my continued posting on the forum and being on the 90 day chart, somehow the fires of the YH that is waging inside me will be also be extinguished.

The chizuk and understanding that I received from all the members on this forum since I found this site about 2 months ago is absolutely indescribable and immeasurable.

Thank u to each and everyone of you- starting of course with our beloved webmaster, affectionately known around here as "Rabienu Guard" for opening up and sharing your own struggles, tips and suggestions and thereby giving me such tremendous chizuk.

I'm not the best typist in the world but i will try to keep posting as time allows.

NB

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Re: Noora BAmaram's Journey and Journal

Posted by the.guard - 22 Aug 2009 21:58

Can someone send me the song?

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 24 Aug 2009 13:27

Hello to all the holy chevrah,

) however I'm a dry drunk and for numerous reasons I feel that I'm at the precipice -

kol holam kulo gesher tzar meod/ the whole world is a narrow bridge.....the main thing islo lfacheid klal/have no fear at all.....

I'm still on "the wagon" (a little AA Big Book lingo there

Question:doesn't it say in Tehilim, ashrei odom mfacheid tomid/ fortunate is he who is in a constant state of fear...?

How do we reconcile these two seemingly contradictory ideas. I'm on a "narrow bridge" a tightrope yet I'm not supposed to have no fright.....I wonder!

Here's a thought.....a man is walking a tightrope over the raging Colorado river -category V
- he falls he is dead -yet he his without fear! Why?

cause he is wearing a live vest tethered to the tightrope with a cord that is impossible to rip!!!!

The question I ask myself is, why dear noorah do you FEAR as u cross your "narrow bridge"? Is it perhaps that noorah isn't wearing his " life-vest"? Is it maybe that noorah's life vest is not connected on High?

I think I know the answer.....

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Re: Noora BAmaram's Journey and Journal
Posted by battleworn - 24 Aug 2009 14:48

Noorah the analogy of a tightrope walker is perfect. ????? ??? ????? ????? is talking about the

seichel. It means that you have the seichel to always be on guard and never take anything for granted. Don't forget that you're walking on a tightrope, because if you do... But it doesn't mean to be fearfull C"V, because if you're fearful then you know where that can lead to. You can't walk a tightrope very well if you're fearfull. You need to have Bitachon, there's no other way. ?' ?? ???
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Re: Noora BAmaram's Journey and Journal
Posted by the.guard - 24 Aug 2009 17:35

Hey, you're talking about the GYE logo - the guy on the tightrope! See Chizuk e-mail #480 on [this page](#) for more on these Yesodos that you guys are touching on!

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Re: Noora BAmaram's Journey and Journal
Posted by bardichev - 25 Aug 2009 14:43

NOOORAH STOP THINKING PEOPLE ON TIGHTROPES DON'T THINK

NOORAH WE NEED YOU

HERE

EVERY

SINGLE

DAY

b

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Re: Noora BAmaram's Journey and Journal
Posted by kutan - 25 Aug 2009 16:25

Hey!!!

I've just discovered another GEM!

Not sure why I missed your thread till now Noora, it is phenomenal!

Mefachaid refers to not being complacent, i.e. assuming that the status quo is ok and is here to stay. That was the mistake of R' Zecharya ben Avkulis that the gemara brings on that pasuk... he was worried about perpetuating an error in the halachos of karbonos, but did not realize that he needs to think if there will be a beis hamikdosh altogether! He assumed that status quo was ok and was going to last forever (heard this p'shat from a sefardi Rav, a brilliant shiur... I'm bln going to email it to you , R Guard.) BTW, he says that there was nothing wrong with throwing out Bar Kamtza, that that is not the point of the gemara at all, but rather the point regarding R' Z. B. A. is. A careful reading of the G. and Rashi backs him up, and after all Bar Kamtza must have been one of the biggest reshayim of the time (consider what he ended up doing...) so would WE want him at our chasuna?

kutan

Dov,

thanks for your post on how you handle Manhattan. I learn from every one of your posts. and flattered that we are 'lands-leight' (I grew up in Queens too).

Battleworn, your poking fun at the YH is priceless. If I win the upcoming Mega lotto, the billboard that follows the p____ one is going to have your avatar, and your post. THAT will really rock the place!

and R' Berdichev, you get the next billboard. Avatar, capslock, and all!

um, bli neder.

k

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 25 Aug 2009 23:24

[bardichev wrote on 25 Aug 2009 14:43:](#)

NOOORAH STOP THINKING PEOPLE ON TIGHTROPES DON'T THINK

People on tightropes need to stay focused on the end of the rope, the goal..... And yes people on tightropes don't thinkabout falling.

I think this is the lesson from the Russian tightrope walker in Siberia that Guard referenced above and mentioned in the email.

Kutan thanks for your kind words and thanks for your insight,

Achron achron choviv morinu Rav Battle shlita

is perfect. ????? ??? ????? ????? is talking about the seichel. It means that you have the seichel to always be on guard and never take anything for granted. Don't forget that you're walking on a tightrope, because if you do... But it doesn't mean to be fearfull C"V, because if you're fearful then you know where that can lead to. You can't walk a tightrope very well if you're fearfull. You need to have Bitachon, there's no othe

Bahavas olom to all the holy chevra on this makom kodesh

Noorah

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Re: Noora BAmaram's Journey and Journal
Posted by Tomim2B - 25 Aug 2009 23:56

BINGO

In regard to the tightrope story that was referenced above, I have merited to hear the story second-hand. As I heard the story, the tightrope walker, because he was out of practice, fell several times till he was able to walk all the way across the rope. R' Mendel related that the the tightrope walker didn't simply fall from the rope and get hurt though. Instead, he fell like a professional. As he described his falling similar to a cat that falls on all fours, he fell in a way that he was always able to get back up.

thanks after you say it it becomes pashut

To me, more than the story itself (which is truly inspiring in general), is this point: Falling happens. Sometimes it can't be prevented. The main thing is that when we do fall (cv"s) we do it like a pro. A professional, one who isn't hurt by the fall, can always get up.

Just a thought...

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 26 Aug 2009 00:13

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Re: Noora BAmaram's Journey and Journal
Posted by chl - 30 Aug 2009 20:18

bs"d

Tomim,

thank you, reading that just gave me back some hope.

Tomim, Absolutely Brilliant

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 07 Sep 2009 12:16

Here I am a few days before Rosh Hashana struggling with this nasty beast, not sure if I'm

I once drove thru a thick fog on a pitch black night on a dark mountain highway! The fog was as thick as a split- pea soup, couldn't see a foot in front of me and couldn't even pull off to the shoulder either for I didn't know if there was a shoulder, the only think I remember is the eerie frightening feeling of not knowing if I'm going up-hill or down-hill, even though I knew intellectually that I was going up the mountain for I had traveled this highway many times!

heading up or down

All I knew was that there was no option but to forge ahead! And forge ahead I did!

I guess the when climbing the "har Hashem" "the mountain of Hashem" sometimes it gets real dark and foggy and you can't even tell that you are actually going up the mountain due to the "fog"!

All that's left for me to do, is keep the pedal to the metal and forge ahead, for pulling off to the side of the road is not an option, no matter how strong my desire is!

..... one day @ a time until.....DAYLIGHT, WHEN ALL FOG WILL DISIPATE AND THE SUN WILL SHINE FOREVER!

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Love to all

Noorah

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Re: Noora BAmaram's Journey and Journal

Posted by nezach - 07 Sep 2009 15:14

Excellent stuff Noora - Keep up the Chizuk :)

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Re: Noora BAmaram's Journey and Journal

Posted by bardichev - 25 Sep 2009 16:36

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Re: Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 25 Sep 2009 17:32

[bardichev wrote on 25 Sep 2009 16:36:](#)

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AHA!!! Holy Holy Bardichiver

now that u let the secret out that are you are an einakle of R Levi Yitzcok MBardiciv i

it is well known the Statement of R Chaim of Voloshin

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"when the Tzadik walks in the ways of perfection fortunate are his descendants after him. for all the midos that tzadik toiled and worked on, become to his decedents like their second nature"

no more needs to be said sweet sweet yid :D :D :D :D :D

Fiery love

Noorah

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