

Noora BAmaram's Journey and Journal

Posted by Noorah BAmram - 07 Jun 2009 17:27

Shalom Alleichem to all my friends on this holy forum,

Today is with the help of Hashem day 61 on my sobriety journey.

I choose the name Noraah BAmram based on the famous story at the end of Kidushin where Reb Amram Chasida was faced with the battle we are all battling on this site. when he was halfway up the ladder to sin he shouted out **"FIRE IN THE HOUSE OF AMRAM - "FIRE IN THE HOUSE OF AMRAM -** I too scream out "fire in the house of Amram" "fire in the house of Amram" and all the sages came running to save him>

I hope and pray that thru my continued posting on the forum and being on the 90 day chart, somehow the fires of the YH that is waging inside me will be also be extinguished.

The chizuk and understanding that I received from all the members on this forum since I found this site about 2 months ago is absolutely indescribable and immeasurable.

Thank u to each and everyone of you- starting of course with our beloved webmaster, affectionately known around here as "Rabienu Guard" for opening up and sharing your own struggles, tips and suggestions and thereby giving me such tremendous chizuk.

I'm not the best typist in the world but i will try to keep posting as time allows.

NB

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Re: Noora BAmaram's Journey and Journal

Posted by chl - 08 Jul 2009 16:59

bs"d

Noora,

i also am so happy for you :D. sorry for writing this late :-[; but i had a lot going on. Anyways, big mazal tov from me. And may HaShem bless you with koyches and sechel for the future!

Thanks for being an inspiration!

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 08 Jul 2009 17:23

Today is day 92 with the help of Hashem, and I plan to keep updating this thread regularly despite having reached 90 days.

I feel that now is even more important then ever to keep posting my progress. the following is a quote from *The Rebbe Reb Dov* on postals thread, that speaks to me very directly

-almost as soon as they have a period of sobriety they start to doubt, inside (where it counts), that they are still unable to struggle and win against lust. They thus renew their "lust license". The result is that they "fall". I have come to see that I have never had a problem with lust, and likely will never again, without first renewing my "lust license" subconsciously. I simply cannot struggle with lust at all.

So i feel like I'm in the the HOTZONE and really need to stay focused on recovery.

With the Deepest LOVE and Prayers to/for all the holy *chevra*

Noorah

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Re: Noora BAmaram's Journey and Journal
Posted by bardichev - 08 Jul 2009 17:37

SAME FIRE DIFFERENT LADDER!!

HOW WAS THE WOODFORD

OR WAS IT DER ALTER FIN VIILMSBURG??

KEEP ON GOING UP THE LADDER

b

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Re: Noora BAmaram's Journey and Journal
Posted by the.guard - 08 Jul 2009 18:45

Beautiful quote from Dov! Good to have you here still - ad me'ah esrim!

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 09 Jul 2009 13:07

Keeping the faith! Day 93 -I pray Rachmana nigar bei b'soton! May the Merciful One push away the YH!

Love to all

Noora

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Re: Noora BAmaram's Journey and Journal
Posted by London - 09 Jul 2009 21:56

Dear Holy Brother Noora

Mazel Tov on reaching 90 days, please do not become complacent and carry on one day at a time.

I have been really busy with work, the past week or so, I am also doing a 90 meetings in 90 days to boost my recovery in my all my addictions, lust, food & money BH I am sober. I read the posts but do not have the time to post.

At the end of meetings we normally end off "keep coming back it works if you work it" now you should say "keep coming back it works!"

London

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 09 Jul 2009 22:47

To the Rebbe of "London"

Thanks so much for taking the time to post. It may be hard to believe but I was genuinely concerned about you I thought maybe you had a setback ch'v- after reading some of your post, I concluded that you are defiantly slated to become a General in Guards(or should I say G-d's) Army you are from the most inspiring warriors I know;) so I got worried when I didn't see u posting.

With fiery love n respect

Noorah

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Re: Noora BAmaram's Journey and Journal

Posted by BruceWayne - 10 Jul 2009 04:11

[guardureyes wrote on 07 Jul 2009 15:40:](#)

Guard: Don't follow.

Bruce: there's a reason you're posting on this forum, no?
Noora: DO follow. Guess I just started a step ahead of you...

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 10 Jul 2009 12:39

Bruce, I guess I gave away my age when I wrote about the sears big books-they stopped printing them over 20 years ago (I think)

I guess in final analysis it doesn't really matter the "route" we all took to get to this forum all that

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 10 Jul 2009 17:41

Regarding the "loooooong" *taanis* Yesterday, I have it on good authority that
because of the holy work going on on th GYE forum, next year there

maybe there won't even be any *tisha baav*

won't be any *taanis*

In Honor of ***Pinchos Kahana Raba*** _

Here is a story:

this yesr

Yesterday I was visiting a client in his office - he himself is "not

- I was

debating within myself if I'm even aloud *al pee halacha* to come to his

office - *ika darka achrina vs leka darka achrina etc*- when I get up to

leave "I say to him "I know how much you love it when I come

!) But I'm not gonna be able to continue coming if

you have that on the wall -and I point to the picture on the wall" -he

then gets up goes over to the picture and rips of the wall, crumples it

up and throws it in the garbage!!!!!!

I hugged him and left!

yet frum" - on his wall he has hanging this huge ?? ????? picture

This was my humble brand of ????? :D :D

I state unequivocally before I became Noorah ben Amram I wouldn't have had the clarity nor

Love

Noorah

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Re: Noora BAmaram's Journey and Journal
Posted by chl - 11 Jul 2009 19:15

bs"d

Wow!

"maybe there won't even be any tisha baav
this yesr"

Amen! B"H it'll be the most beautiful Yom Tov!!!

a gut voch!

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Re: Noora BAmaram's Journey and Journal
Posted by battleworn - 11 Jul 2009 19:46

NOORAH, I LOVE YOU!!!

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Re: Noora BAmaram's Journey and Journal
Posted by Noorah BAmram - 12 Jul 2009 13:22

Today Sunday I'm shouting out FIRE!!!!!!!!!! FIRE!!!!!!!!!! FIRE IN THE HOUSE OF AMRAM!!!!!!!!!!
:':':':'

IM PRESENTLY FULL OFF RESENTMENT, ANXIETY, JEALOUSY, WORRY, U NAME IT ITS
-JUST TO NAME A FEW AND IM BEING AFFECTED BY TRIGGERS THAT HAVE
BEEN OUT OF "SIGHT" AND MIND FOR A LONG TIME.

I POST THIS, WITH HOPE THAT THIS SHARE WILL SUBDUE OR AT LEAST MITIGATE
SOMEWAHAT THE AFOREMENTIONED POISONS WITHIN ME OR AT LEAST ARREST THE
SPREAD.

MY DEAREST FRIENDS PRAY THAT I MAKE IT THRU THE DAY
THERE >

a very very humble

noora

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Re: Noora BAmaram's Journey and Journal
Posted by battleworn - 12 Jul 2009 14:02

Noorah I know that feeling very very well, and I feel your stress. But do realize that everything
up until now was all a ???? - preparation for today. **THIS IS THE REAL THING! THIS IS THE
REAL "SHECHINA BATACHTONIM" TODAY'S THE DAY THAT THE WHOLE WORLD HAS
BEEN WAITING FOR - THE DAY THAT NOORAH WILL SHINE THE LIGHT OF THE
SHECHINA HAKIDOSHA IN THE DARKEST PLACE - AT THE DARKEST MOMENT! THIS IS
????? ?????? IN THE MOST PERFECT SENSE.**

The y"h makes a whole lot of noise. He tells you that so many things aren't good. But you know
that you've felt this way before and it'll pass. We know that Hashem runs the world and all we
have to do is Ratzon Hashem - nothing else is our business. But the y"h comes with a whole lot
of noise to try to shake us away from Hashem like it says ??????? ??? ???? and ??? ???? ????.
We need to calm things down like it says ????? ???, we need to say: take it easy everything will
be just fine. Hashem is doing a fine job running my life - it couldn't possibly be better. There's

nothing to get all excited about- I DO NOT HAVE TO do anything except - of course- ratzon Hashem!

And remember, after the darkest part of the night comes the morning!!! ???? ??? ??? ???? ?

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