

Starting my journey!

Posted by TiredOfFalling - 11 Mar 2010 10:08

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After having recently cut off internet access to my phone, I officially have no access to explicit internet material. While I still had access, trying to stay clean for 90 days was virtually impossible. Now that I'm cut off, I feel that it is appropriate for me to start my 90 day journey.

I anticipate that this will be a real struggle for me. I want to keep my progress posted on the forum, so that i get chizuk, and so that I won't want to let you all down.

Wish me siyata dishmaya! This is day 1!

TOF

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Re: Starting my journey!

Posted by BS D - 23 Mar 2010 00:42

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Hi TOF its great to see that u post - just posting is already well on the right journey after all shailos chochom chatzi tshuva!

You say that all the fences won't help you. Its true! If you try everything at once then it becomes very hard to succeed.

However if u take one aspect of ur struggle and concentrate only on that and only after it is completely safe should u move to the next point. And even if u fall never give in to the y"h on that point- you will have your own place on the battlefield where the y"h can't get to you!

Slowly slowly it will get bigger until you with Hashem's help will have succeeded completely!

Please read the ebook the first day me my life which can be downloaded from the main website- it deals with this issue and was very helpful to me!

Please keep posting- we want to hear about your holy firedike battle with the y"h and how ur gonna beat him!

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Re: Starting my journey!

Posted by habaletaher - 23 Mar 2010 07:00

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Hi Tired,

Believe it or not, everyone on this site has felt that same yeush hundreds of times. And sometimes I wonder if I'm going to ever beat this or not, especially after I fell recently hard after 76 days which was crushing to me, but the truth is that I recognize that there is no livable alternative to beating it, so I resolve to go at it one day at a time.

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Re: Starting my journey!

Posted by TiredOfFalling - 27 May 2010 09:54

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ok I haven't made a serious attempt at the 90 days for a while but I'm going to start trying again. This is day 1.

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We're here for you, and the drinks are always on me

Re: Starting my journey!

Posted by silentbattle - 27 May 2010 12:02

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Glad to hear it...how does it feel?

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Re: Starting my journey!

Posted by TiredOfFalling - 28 May 2010 05:00

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it feels good

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Re: Starting my journey!

Posted by Dov - 28 May 2010 18:28

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Have a nice Shabbos TOF!

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Re: Starting my journey!

feel good, too. Hey, let's start a club!

Posted by silentbattle - 28 May 2010 20:05

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I'm repeating this again and again, because I think it's so important - yes, being clean feels good. Focus on that, remember that, celebrate that!

Have a great shabbos!

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