

Chazak Amenu's climb

Posted by Chazak Amenu - 28 Feb 2010 02:09

I am an orthodox 14(turn 15 march 30) years old who home schools, i have come to the conclusion myself that homeschooling has nothing to do with my addiction because I don't have time to view porn during school hours do to homework. I first saw porn when I was nearing the end of 6th grade. I saw it accidentally while doing a book report for class. The character in the book was also the name of the porn star and pictures of her popped up. The first time i saw it I immediately closed down but i was curious and had just hit puberty so i opened it up again and looked. I did not know what s-x was at the time and only looked at nude pictures for a while but then I began looking for videos and could not find any for a while. I contented myself with opening multiple tabs at time viewing hundreds of non clothed females. One day I downloaded a virus thereby forcing my dad to buy a new computer. While at the store he bought me a laptop which until recently I never used because I did not want to betray my parents trust further. I found out the filters password and used it. I recently changed the password so I don't know it but no one knows it so hopefully that does not become a problem. There are still two other computers without filters. No one knows about my addiction not even my twin brother. I don't feel clean and I feel like I need to go to the Mikvah but I don't know how to go by asking without people becoming suspicious. I feel really bad because I have a slight break before learning Gemmara and a few times I have watched porn right before learning. I hope I can stop the addiction early in my life and continue to become a good Jew!

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 14 Dec 2011 00:49

Thanks, having a rough time now looking up pictures, no por* but definitely stuff I shouldn't be. Leaving computer here working in different room.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 20 Dec 2011 02:41

so i am currently 108 days clean. the past week or so has been tough but no falls, so i am trying to refocus.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 20 Dec 2011 03:07

to elaborate I know I am a teen but I really want to have girlfriend and its difficult knowing I have to wait so long. and Link of the Day

Internet Dangers

An excellent shiur about the dangers of the Internet from Rav Hershel Shechter in 2007, with some practical suggestions.

(If you ever encounter scorn from modern Orthodox quarters about internet restrictions/filters, have them listen to this shiur).

Isnt that last part a little uncalled for? Or am I missing something?

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 27 Dec 2011 02:45

I am slipping pretty bad now so i am gonna et off the computer. this is tough!

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Re: Chazak Amenu's climb

Posted by installed - 27 Dec 2011 02:59

Hey,

I wasn't on the forum for a while and just read your recent posts. You're a really impressive guy. Seriously, you have a lot to proud of! Keep up the good work, you are an inspiration to us all.

Happy Chanukah.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 02 Jan 2012 02:42

I fell. I have been having a really hard time and i succumbed. I closed out of various pages after 15 seconds each and then i finally gave in. I feel horrible now. my laptop broke so i have been on my dads computer and it isnt blocked and today I wasnt able to do it. I am gonna start over. I know I can do it. I need to make sure I dont start to be more relaxed. I feel horrible.

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Re: Chazak Amenu's climb

Posted by Dov - 02 Jan 2012 16:00

Start over?

What are you trying to reach?

If there is a start, then there is an end - what is it?

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 02 Jan 2012 17:30

I see what you are saying, I have alot i want to say now in general i just dont have time to write it now. I can figure out the new website it wont let me log in but i can log in here and my thread doesnt show up on the forum. really confused still upset. trying to move on.

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Re: Chazak Amenu's climb

Posted by Dov - 02 Jan 2012 21:16

I do not know what the new website has to do with it. Can you answer the questions? They are really very simple.

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Re: Chazak Amenu's climb

Posted by Chazak Amenu - 02 Jan 2012 22:30

[Chazak Amenu wrote on 02 Jan 2012 17:30:](#)

I see what you are saying, I have alot i want to say now in general i just dont have time to write it now. I can figure out the new website it wont let me log in but i can log in here and my thread doesnt show up on the forum. really confused still upset. trying to move on.

Yes, I am starting from day 1.

I am trying to reach 90 days and stay clean with slipping and sliding (i am realizing that getting to 90 days is 5% of the battle)

The end is easier time with this struggle and happiness with the accomplishment.

I suppose these are my answers to your questions.

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Re: Chazak Amenu's climb

Posted by Dov - 03 Jan 2012 03:57

OK, thanks.

Not being a mathematician, it still seems to me that if **90** days is **5%**, you seem to be shooting for a life that only lasts 1800 days, which is about 5 years. Hmmmm...I always planned on living longer than that.

So again, I ask what you are trying to **reach** - and therefore, what do you mean by "**starting**"? How will you know when you get there? And what in the world will you do when you 'get' there.

"Easier time with this struggle"...hey, that sounds like a great goal. But Chaza"I seem to see it differently. They say b'hol yom yitzro shel odom misgaber olov, and the comment on that is that each day a person must therefore figure out and try new tools to resist and to stay clean.

It does not go away, nor is there evidence that it ever gets significantly easier. Apparently it is G-d's Will that it *shouldn't* go away and that people need to learn and grow in new ways to stay free of it.

And *none* of that is referring to addicts, of course. It's referring to normal Jews - as in the overwhelming majority of men who like looking at porn. It's just a normal yetzer hora.

Yes, when it is habitual, it's *really* bad - and when a person gets *out* of the habit by resisting for a few weeks, the entire preoccupation with schmutz **does** generally lessen. Milsa d'lo ramya al inish lav ada'atei, as the RMCh"L quotes from the gemorah somewhere.

But for real safe living, be"H, a person probably needs to maintain some sort of connection to whatever helped them get free of the obsession to begin with - not to turn his back on it for fear of "reminding himself about it," or some such goofiness.

May Hashem continue to guide you on a path of a lifetime of growth and progressive freedom from the tyranny of lust in your life, and may you keep a few strong, real, and personal connections with some of the fine people you meet here on GYE. Get to know some guys (at least two) by phone or in person. Get into a healthy routine that makes fantasy out of place in your life.

Hatzlocha!

Disclaimer: The above is not intended for sex addicts like me.

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Re: Chazak Amenu's climb
Posted by installed - 06 Feb 2012 19:19

CA, how's it going? I hope all is well.

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