

GYE - Guard Your Eyes

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Kedusha's Progress

Posted by Kedusha - 25 May 2009 20:03

Dear Guard: I have indeed been sending my progress e-mails to wallohonor@gmail.com.
Somehow, they are not getting through. So, instead, I will keep you posted from here.

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Re: Kedusha's Progress

Posted by Kedusha - 08 May 2015 15:11

Thank you, Serenity.

May we all be Matzliach, one day at a time.

Have a good Shabbos!

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Re: Kedusha's Progress

Posted by jack - 11 May 2015 15:33

how derelict of me for answering so late - you are really a role model for us all

jack

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I agree that, the early posts on the forum (not only mine) are of significant historical interest.

Re: Kedusha's Progress

Posted by Kedusha - 15 May 2015 14:17

Jack,

Have a wonderful Shabbos!

Kedusha

It's always great to hear from you!

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Re: Kedusha's Progress

Posted by yiraishamaim - 15 May 2015 15:15

Hi Kedusha

You are clearly a motivating factor here on the forum.

I am interested to know if you found hatzlocho in other areas of your life as your days of sobriety accumulated.

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Re: Kedusha's Progress

Posted by Kedusha - 22 May 2015 14:47

Yes, absolutely. B'ezras Hashem, it's like the difference between night and day.

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Re: Kedusha's Progress

Posted by yiraishamaim - 22 May 2015 19:26

So happy for you!!!

May your Hatzlocho only continue to grow and for all of us here on the forum.

Gut Yom Tov!

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Re: Kedusha's Progress

Posted by hman - 22 Jul 2015 23:13

Mazel tov. Hope in 6 years to post the same message.

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Re: Kedusha's Progress

Posted by Kedusha - 23 Jul 2015 03:00

Thank you, Hman! I hope we'll hear good news from you, and much sooner than 6 years from

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Re: Kedusha's Progress

Posted by lomed - 10 Aug 2015 22:17

Hi Kedusha,

Never realized that you exist till now. Relative to you I am a new comer here. If i may ask you

post in short your Journey, and if you still struggle today? What got you to sobriety and what is keeping you sober?

I am sure that you have many tips to offer. It is hard to go through your 30 page thread.

thank you

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Re: Kedusha's Progress

Posted by cordnoy - 10 Aug 2015 22:51

[lomed wrote:](#)

Hi Kedusha,

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thank you

Start at page 1.

One page at a time.

There are many long threads here with many insightful comments, suggestions and posts.

This one is one of the best.

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Re: Kedusha's Progress

Posted by Kedusha - 11 Aug 2015 03:36

Hi Lomed,

The bottom line is that I decided that, be"H, I would do whatever it takes to stay clean, one day at a time. Whether it's reading through the GYE Handbook, implementing the three-second-rule, participating in one of the phone conferences, posting on the forum, having an occasional live meeting with other GYE members, or using only properly filtered internet, I've done whatever it takes to stay clean, one day at a time, and I'm prepared, be"H, to continue to do whatever it takes.

Hope this helps. Hatzlacha to you!

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Take your time to go through this thread and other threads - no rush!

Re: Kedusha's Progress

Posted by yiraishamaim - 11 Aug 2015 04:41

Got it - old school. No illustrious chidushuim.

Follow the old tried and true but me steadfast in the commitment.

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Re: Kedusha's Progress

Posted by Kedusha - 11 Aug 2015 15:09

Sometimes having no Chiddushim is the biggest Chiddush.

I'm reminded of a quote that is attributed to the Ibn Ezra: "Ein Beis Midrash b'li Chiddush. Ein Chiddush? Yeish Chiddush!"

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Re: Kedusha's Progress
Posted by yiraishamaim - 11 Aug 2015 15:29

Thank you for that chidush

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