**GYE - Guard Your Eyes** Generated: 25 April, 2024, 02:29

| Kedusha's Progress<br>Posted by Kedusha - 25 May 2009 20:03  |
|--|
| Dear Guard: I have indeed been sending my progress e-mails to <a href="mailto:wallohonor@gmail.com">wallohonor@gmail.com</a> . Somehow, they are not getting through. So, instead, I will keep you posted from here. |
| =======================================  |
| Re: Kedusha's Progress<br>Posted by markz - 22 Mar 2016 17:09  |
| Seems no one is getting it right.  |
| Guard - Free hamantashen for the right answer?   |
| Gevura stole mine from the chat last night (It was <b>Monstah trucker</b> vs small humble toy truck)   |
| ======================================   |
| Re: Kedusha's Progress<br>Posted by Kedusha - 22 Mar 2016 17:13  |
| I think Gevura and Markz got it right! Great work, guys!   |
| ======================================   |
| Re: Kedusha's Progress Posted by Gevura Shebyesod - 22 Mar 2016 17:21  |
| markz wrote on 22 Mar 2016 17:09:  |
| Seems no one is getting it right.  |

| Guard - Free hamantashen for the right answer?   |
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| Gevura stole mine from the chat last night (It was <b>Monstah trucker</b> vs small humble toy truck) |
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| Re: Kedusha's Progress<br>Posted by the.guard - 22 Mar 2016 23:45                                    |
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| =======================================  |
| Re: Kedusha's Progress<br>Posted by markz - 22 Mar 2016 23:58  |
| 'm collecting Gevura's hamantashen crumbs, and sobriety seconds                                      |
| One day ill be zoche to Kedusha's minutes  |
| otw guys - do you notice the difference between us and the guard?                                    |
| He sees the BIG picture imagining 90x90, and he's the one that deserves our unlimited stock of 'G"s  |
| Yes, Gevurah got it right! Imagine 90 times 90!  |
| And also to our humble moderators like the holy heilige Kedusha!!!                                   |
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## **GYE - Guard Your Eyes**

Posted by Kedusha - 26 May 2016 09:46

Generated: 25 April, 2024, 02:29 Where would we be without them? Disclaimer: do not answer Is guard creating a new thread for guys that graduate the "On the way to 90 days" thing? Re: Kedusha's Progress Posted by doingtshuva - 23 Mar 2016 04:37 Hi Kedusha Just read the daily Email and I got to know that you have reached 2500 days. It's incredible and I'm sure it didn't come easy. What a kidush hashem, and a source of hope to all the gye members. Keep it up with lots of hatzluche ==== Re: Kedusha's Progress Posted by Kedusha - 23 Mar 2016 19:49 Thank you, Doingtshuva, and to the entire Chevra, for the words of Chizuk! A Freilichen Purim to all! Re: Kedusha's Progress

3/7

Dear Chaveirim,

Lag Ba'Omer is a wonderful day on the Jewish calendar. For me, it is a very special milestone, as I am now, b'Ezras Hashem, seven years clean (see below as to how Lag Ba'Omer became my anniversary date).

I have had amazing Hashgacha regarding my anniversary dates. The day when I was three years clean (May 18, 2012) fell on Yesod she'beYesod (the 41st day of the Omer). I was incredulous at the Hashgacha. As noted back then, according to the Luach, the next time May 18 falls on Yesod she'beYesod is 2050 (5810)! Of course, we hope Moshiach will be here well before then, which might make it come out sooner!

Then, two years ago (May 18, 2014), my five-year milestone, fell on Lag BaOmer - a day of great Kedusha and celebration. As an added bonus, the Heiliger Guard happened to be in my area for a Chasunah, so I actually spent time with him on this special day. We agreed that, be"H, Lag BaOmer, as opposed to the secular date, would be my anniversary date in future years. Lag Ba'Omer is Hod she'beHod; this is very appropriate for an anniversary date, because the greatest glory is when we strive to live b'Kedusha (one day at a time).

As an added bonus for last year (2015 - my 6-year anniversary), Guard pointed out to me that the number six represents Yesod! As my dear friend Bardichev (gosh, I miss him!) would say -

Although I don't use May 18 as my anniversary date anymore, I still look to it for symbolism. This year (2016), May 18 fell on the 25th day of the Omer - Netzach she'beNetzach. This symbolizes that all our struggles in the area of Kedusha, which are temporary, produce eternal results.

I am deeply grateful to the RBS"O, to Guard, and to the GYE community for helping me reach this point. To those whom I know from the forum and, especially, to those whom I've spoken to or met in person, your friendship means the world to me.

We should all continue to make progress and serve the RBS"O b'Kedusha, one day at a time!

P.S. In response to someone on the forum who asked how I was able to remain clean for so long, I responded as follows: The bottom line is that I decided that, be"H, I would do whatever it takes to stay clean, one day at a time. Whether it's reading through the GYE Handbook, implementing the three-second-rule, participating in one of the phone conferences, posting on the forum, having an occasional live meeting with other GYE members, or using only properly filtered internet, I've done whatever it takes to stay clean, one day at a time, and I'm prepared, be"H, to continue to do whatever it takes.It's not always easy, but it does get easier over time.

| Hope this helps. Hatzlacha to you!  |
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| =======================================   |
| Re: Kedusha's Progress Posted by doingtshuva - 26 May 2016 09:59  |
| Wow,  |
| I loved your sentence: The bottom line is that I decided that, be"H, I would do whatever it takes to stay clean, one day at a time. |
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| =======================================   |
| Re: Kedusha's Progress Posted by markz - 26 May 2016 10:49  |
| Kedusha you saved me a task, cos I saw the GYE email last night and I was like - WOW!!  |
| Was this in the forum?  |
| I was gonna post it here  |
| Shucks - you beat me to it!   |

## **GYE - Guard Your Eyes** Generated: 25 April, 2024, 02:29

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| Re: Kedusha's Progress Posted by Kedusha - 26 May 2016 15:35   |
| I sent this several weeks ago to be used in the Chizuk e-mail, but I only posted it on the forum this morning. |
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| Re: Kedusha's Progress Posted by Kedusha - 26 Jul 2016 03:26   |
| =====  |
| Re: Kedusha's Progress Posted by Gevura Shebyesod - 26 Jul 2016 03:32  |
| ???? ???? ???? ??? ????? ????? ???? ????   |
| =======================================  |
| Since I'm into milestones, B'Ezras Hashem, today is 2,626 days clean (Yud Kei Vav Kei x 2).                    |
| Re: Kedusha's Progress Posted by Kedusha - 07 Oct 2016 12:55   |
| I am very happy to share that, b'Ezras Hashem, tomorrow, Shabbos Shuva 5777, I will be 2,700 days clean.       |

The significance of this number is as follows. As we know, in Halacha, when it comes to changing a habit, there are (at least) two significant numbers: 30 and 90. For example, after 30 days of saying "Mashiv HaRuach" in Shemoneh Esrei, you can assume you said it, and would no longer have to repeat Shemoneh Esrei in a doubtful situation.

Furthermore, if you say the phrase "Mashiv HaRuach u'Morid HaGeshem" 90 times (along with the preceding 5 words), then we also poskin that you would not have to repeat Shemoneh Esrei in a doubtful situation.

2,700 days is 30 x 90.

My Tefila is that, wherever each of us is holding in this journey, that we all continue to stay clean, one day at a time, and serve the RBS"O with Simchas HaChaim every single day!

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Re: Kedusha's Progress Posted by Kedusha - 07 Oct 2016 12:59

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By the way, I had a dream last night - make that a nightmare - that I had a fall. I've never in my life been so happy to wake up!

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