

**GYE - Guard Your Eyes**

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Kedusha's Progress

Posted by Kedusha - 25 May 2009 20:03

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Dear Guard: I have indeed been sending my progress e-mails to [wallohonor@gmail.com](mailto:wallohonor@gmail.com). Somehow, they are not getting through. So, instead, I will keep you posted from here.

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Re: Kedusha's Progress

Posted by Kedusha - 21 May 2014 05:05

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Thank you, Gibbor!

We should all continue to match and surpass our previous milestones, b'Ezras Hashem!

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Re: Kedusha's Progress

Posted by Kedusha - 07 Nov 2014 22:52

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[Kedusha wrote:](#)

The next two milestones I'm aiming for, with the help of HKB"H, are 2,000 days clean (November 8, 2014, be"H), and 3,000 posts on the GYE forum!

As for now: One day at a time! 😊

B'Ezras Hashem, as of midnight tonight, I will be 2,000 days clean (because it will be Shabbos, I am posting now). I asked my wife to pick up an extra treat for Shabbos, although I didn't have a chance to tell her why.

I am deeply grateful to the RBS"O, to Guard, and to the entire GYE Chevrah, for helping me get to this point, and Daven that I not only continue to stay clean, ad meah v'esrim, but continue to

grow in all areas of Avodas Hashem.

With my Tefilos that the entire Chevrah have Bracha and Hatzlacha in this area, and in all areas of Ruchniyus and Gashmiyus.

A wonderful Shabbos to all!

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Re: Kedusha's Progress  
Posted by cordnoy - 07 Nov 2014 22:55

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Wow!

Kein yirbu!

Have a good Shabbos and drink one for us at chatzos halaylah!

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Re: Kedusha's Progress  
Posted by Gevura Shebyesod - 07 Nov 2014 23:21

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But first today you have to party like it's 1999 🥳🥳

Mazel Tov! You're an inspiration to us all.

⚠️**Warning: Spoiler!**

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Re: Kedusha's Progress  
Posted by dms1234 - 07 Nov 2014 23:28

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WOW!!!!!!!!!!!!!!!!!!!!!!

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Re: Kedusha's Progress  
Posted by cordnoy - 07 Nov 2014 23:41

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[Gevura Shebyesod wrote:](#)

But first today you have to party like it's 1999 🤪🤪

The Nasi!

Heard he be makin' a comeback now.

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Re: Kedusha's Progress  
Posted by gibbor120 - 07 Nov 2014 23:50

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Mazal Tov! Lechaim!

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Re: Kedusha's Progress  
Posted by Kedusha - 09 Nov 2014 06:39

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Thank you, dear Chaveirim.

Boruch Hashem, I reached the 2,000-day milestone today. It was especially meaningful, because we read today about how Hashem tested Avraham. **We** are tested all the time in this generation, which gives us so many opportunities to grow spiritually (of course, we need to be smart, and avoid tests as much as possible; indeed, we Daven every day that Hashem should not test us).

I recognize that, as has been said before, the main thing is not counting the days, but making our days count. Still, I find that counting my consecutive days clean gives me strong motivation to keep going. Indeed, it's very encouraging to break my personal record every single day! I just need to remember to take things one day at a time.

Rabbi Reisman recently gave a Shiur in which he discussed the importance of setting goals. He emphasized that, equally important, is setting new goals whenever we achieve our previous goal. In that spirit, my next goal, b'Ezras Hashem, is to be 6 years clean this coming Lag Ba'Omer (my actual anniversary date is May 18, which fell on Lag Ba'Omer this year; I spoke with Guard that day, and he agreed with my suggestion that, be"H, Lag Ba'Omer would be my anniversary date in the future).

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Re: Kedusha's Progress  
Posted by Gevura Shebyesod - 09 Nov 2014 09:36

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Your avatar is especially appropriate today 😊

[spoiler][spoiler]

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Re: Kedusha's Progress  
Posted by Kedusha - 09 Nov 2014 09:59

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Very clever, Gevura! 😊

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Re: Kedusha's Progress

Posted by Kedusha - 22 Nov 2014 00:32

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Tomorrow, be"H, I will reach 2,014 days clean in 2014! 😊

For the secular calendar, that will, hopefully, be a once-in-a-lifetime achievement. For the Jewish calendar, I hope, be"H, to get there as well, but it's more than a decade away!

A wonderful Shabbos to all!

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Re: Kedusha's Progress

Posted by Kedusha - 23 Nov 2014 07:07

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Well, it's one day at a time, but the days, be"H, add up! 😊

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Re: Kedusha's Progress

Posted by Kedusha - 23 Nov 2014 07:08

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For anyone who has not yet downloaded these free clips regarding the Halacha and Hashkafa of intimacy, please go to the links below (you will need access to the married men's forum).

[guardyoureyes.com/forum/17-Balei-Battims-Forum/243744-Preparing-for-Intimacy---Halacha-and-Hashkafa#243744](http://guardyoureyes.com/forum/17-Balei-Battims-Forum/243744-Preparing-for-Intimacy---Halacha-and-Hashkafa#243744)

[guardyoureyes.com/forum/17-Balei-Battims-Forum/243744-Preparing-for-Intimacy---Halacha-and-Hashkafa#244690](http://guardyoureyes.com/forum/17-Balei-Battims-Forum/243744-Preparing-for-Intimacy---Halacha-and-Hashkafa#244690)

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Re: Kedusha's Progress  
Posted by Kedusha - 09 Dec 2014 02:58

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Update: Additional link has been added to previous post.

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Re: Kedusha's Progress  
Posted by Kedusha - 11 Dec 2014 20:21

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Three new topics discussed by Rabbi Belsky have been posted (some require access to the married men's forum). It's a total of five MP3s, and I highly recommend them.

[guardyoureyes.com/forum/1-Break-Free/244893-Going-Out-Into-the-World](http://guardyoureyes.com/forum/1-Break-Free/244893-Going-Out-Into-the-World)

[guardyoureyes.com/forum/17-Balei-Battims-Forum/245025-When-Ones-Wife-Dresses-Immodestly](http://guardyoureyes.com/forum/17-Balei-Battims-Forum/245025-When-Ones-Wife-Dresses-Immodestly)

[guardyoureyes.com/forum/17-Balei-Battims-Forum/245020-Relations-When-Shalom-Bayis-is-Lacking](http://guardyoureyes.com/forum/17-Balei-Battims-Forum/245020-Relations-When-Shalom-Bayis-is-Lacking)

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