

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 09 Dec 2009 12:06

Thanks IT25!

Day 1, Morning part 2

Didn't surf besides this site, instead I listened to CDs while I worked, and ate lunch with a friend.

1/2 day done and successfully! Hurray!

Yesterday I tasted death. Today I am beginning to taste life.

I feel the handcuffs around my wrists loosening (but they are still there).

I feel freer than I've felt in a long time, but it's hard, so hard.

I think I'll need the GYE cheerleading section for the next 2 weeks to help encourage me through this.

This isn't the 90 day journey, but my own 8 workday journey.

The journey of 90 steps begins with 8 steps. ;D

Peace,

Momo

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Re: Momo II: Another try

Posted by imtrying25 - 09 Dec 2009 12:09

I think I'll need the GYE cheerleading section for the next 2 weeks to help encourage me through this.

LETS GO MOMO YOU CAN DO IT LETS GO MOMO YOU CAN DO IT

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Was that good or its too measly??

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Re: Momo II: Another try

Posted by Momo - 09 Dec 2009 12:18

That was fine. :D

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Re: Momo II: Another try

Posted by imtrying25 - 09 Dec 2009 12:24

Sure. Just have to make sure my broken record is in order ??? ???

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Re: Momo II: Another try

Posted by 7yipol - 09 Dec 2009 12:45

Gosh this thread has grown since I was last here!

First of all, it sounds to me like you are having a great day so far!

Dont expect miracles overnight, even at this time of year!

Growth and personality change takes time and patience.

How about starting a new poll;

how many members are taking, or took anti depressant medications at some point in life?

My guess is that you will be very surprised to see that you are FAR from alone if you go this path.

Treating chemical depression with SSRI is no different than taking Tylenol for high fever.

It wont necessarily *cure* the illness, but gives your body a chance to fight it without all the chips stacked against it.

And keep up the jokes!

Its fun to watch this side of you emerge :D

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Re: Momo II: Another try

Posted by Momo - 09 Dec 2009 12:49

7UP, thanks for posting. I was getting worried about you.

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Re: Momo II: Another try

Posted by habib613 - 09 Dec 2009 12:52

wow!

momo!

this is amazing.

number one, i'm so so proud of you.

number 3: where's my joke? jk

not every day is going to be as good as today. i can guarantee you that. but when you don't fall,

yay momo!!!! ;D

number two, i love your attitude today

GMG! GMG! GMG!

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Re: Momo II: Another try

Posted by 7yipol - 09 Dec 2009 12:53

[Momo wrote on 09 Dec 2009 12:49:](#)

you feel happy and satisfied at the end of the day.

7UP, thanks for posting. I was getting worried about you.

:-[:-[

Didnt stop thinking about you even if didnt get to post :-[

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Re: Momo II: Another try

Posted by 7yipol - 09 Dec 2009 12:56

www.zazzle.com/beary_cheery_cheerleading_bear_photosculpture-153550220274927974

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Re: Momo II: Another try

Posted by Momo - 09 Dec 2009 13:06

[habib613 wrote on 09 Dec 2009 12:52:](#)

number one, i'm so so proud of you.

number 3: where's my joke? jk

Thanks "sis". Your encouragement means a lot.

It was a pathetic attempt, but I provided you with today's joke. It's here: rehab-my-site.com/guardureyes/forum/index.php?topic=477.msg33397#msg33397

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Re: Momo II: Another try

Posted by imtrying25 - 09 Dec 2009 13:06

There goes another one that i cant open. Crazy k9! No no no. Or rather yes yes yes to freedom.
If this is the price of freedom im willing to pay it tenfold!!!

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Re: Momo II: Another try

Posted by Momo - 09 Dec 2009 13:08

[imtrying25 wrote on 09 Dec 2009 13:06:](#)

There goes another one that i cant open. Crazy k9! No no no. Or rather yes yes yes to freedom.
If this is the price of freedom im willing to pay it tenfold!!!

7UP, me too, can't see it due to K9.

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Re: Momo II: Another try

Posted by habib613 - 09 Dec 2009 13:22

lol. missed it, sorry.

i actually read it, and thought it was funny. but for some strange reason i didn't put 2 and 2
together...

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Re: Momo II: Another try

Posted by 7yipol - 09 Dec 2009 13:23

Not missing that uch, dont worry!

I guess K9 got scared at the word "cheerleader"

It was just a cartoon of a teddy bear cheerleader :D

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