

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by 7yipol - 15 Nov 2009 18:17

[dov wrote on 15 Nov 2009 18:01:](#)

[Me3 wrote on 15 Nov 2009 15:40:](#)

Dov

where in the maharal? (I know its supposed to be a forgery but it's all stuff the Maharal said anyway)

Hagada shel pesach, he z"l, connects the ideas of "poor man's bread", the singularity and simplicity of the Korban Pesach (one year, whole, no broken bones, all in one house, etc.), white, the kittle, and the idea of freedom. He says that a poor person - one with nothing of his own at all, has one advantage over a wealthy person - he's got nothing to lose. ("when you ain't got nothin', you got nothin' to lose" - Bob Dylan...a z'chus for him...) As painful and difficult as life is for the oni, it is still quite simple: make it to the next day. Pesach is about simplicity - bitul to Hashem, as we have nothing and depend wholly on His chesed (which is white light which has every color in it so it has everything to give). That's pesach, the simplicity holiday, and that is where **freedom** comes from.

Sorry I do not remember *exactly* where it is in the hagadah, but it's gotta be somewhere near the beginning, as I never got past the first ten pages!! ;D !

Finally! A R' Dov post I understood :D

Were *you* the guy sleeping under my seder table after the first cup of wine? :o

Definitely not an AA addict! ;D

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Re: Momo II: Another try
Posted by Dov - 15 Nov 2009 22:13

No. It takes *two* cups to put me under the table.

Where's R' Momo? Maybe it was *him*.

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Re: Momo II: Another try

Posted by Momo - 16 Nov 2009 06:17

Update:

I called Rav Shlachter last night. I explained that in the mornings I've been unable to stop surfing as I thought he asked, but I surf OK sites (news and sports). I asked him if I broke our agreement or not.

He explained that he wanted me to commit to stop surfing no-no sites and not to act out/fall in the morning, so I'm doing OK so far. I can still see him this week, if I keep up not surfing no-no sites and not acting out/falling in the mornings.

In the afternoons I have permission to surf anywhere I want and act out. I guess he's trying to wean me off the no-no sites slowly.

Just not surfing no-no sites and not acting out for a half a day is challenging for me.

I'm glad I didn't blow my relationship with Rav Shlachter. It would be very pathetic if my therapist refused to see me because I failed so badly. That would certainly push me into a tailspin of the depths of porn.

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Re: Momo II: Another try

Posted by 7yipol - 16 Nov 2009 10:16

Glad to hear the good news Momo, Ive been so worried for you.

Its all about baby steps. Ask R' Dov.

And sometimes babies fall.

But then they clamber back up and try again.

Much to learn from those mini warriors...

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Re: Momo II: Another try

Posted by imtrying25 - 16 Nov 2009 10:55

Its all about baby steps. Ask R' Dov.

And sometimes babies fall.

But then they clamber back up and try again.

Much to learn from those mini warriors...

So true Mom so true. YOu know , now that i have a little one of my own i realize the truth even more. Interestingly, last sunday while my daughter was trying to walk she fell and cut herself. We brought her to the docter and she needed to get stitches. **AND I HAVENT NOTICED HER STOPPING TO TRY TO WALK!!** Wow how much we can learn from such little beautiful creatures. Btw did you get a hold of the mishpacha yet? Its worthwhile (i think).

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Re: Momo II: Another try

Posted by Momo - 16 Nov 2009 11:15

What's in last week's Mishpacha that you want me to read?

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Re: Momo II: Another try

Posted by 7yipol - 16 Nov 2009 11:17

I think its something he wants *me* to read. Something about noserings and Reena's...

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Re: Momo II: Another try

Posted by imtrying25 - 16 Nov 2009 11:21

It was article in the family first which i thought was appropo. But you can read it to Momo. you may enjoy it. And btw Mom my little one keeps on asking me when she gets to meet her new

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Re: Momo II: Another try

Posted by 7yipol - 16 Nov 2009 11:52

[imtrying25 wrote on 16 Nov 2009 11:21:](#)

It was article in the family first which i thought was appropo. But you can read it to Momo. you may enjoy it. And btw Mom my little one keeps on asking me when she gets to meet her new

Fast talker or slow walker?!
grandmother??

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Re: Momo II: Another try

Posted by Momo - 16 Nov 2009 19:22

Momo's been a very bad boy today.

Momo stayed late at work surfing p**n.

Momo must punish self, but doesn't know how.

Momo doesn't know what he's taught everyone here, except how to stay trapped by the Y"H.

Momo's a failure in the GYE system. He's here 8 months and still has trouble stringing 7 clean days together.

BAD MOMO!

Momo's happy his virtual friends are getting better and moving on, but he feels like the bus has left and he's standing behind, still waiting at the bus stop. No more buses today!

I'm sorry for all of the tears and prayers you wasted on me. In my mind I don't want to lust, but my heart wants to, and my heart is winning. It's in control. I can't stop if I don't completely want to stop, and I don't. It's too comforting.

Good night.

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Re: Momo II: Another try

Posted by habib613 - 16 Nov 2009 19:28

momo, i've been here for a year!

sometimes i last 10 days. usually not.

i'm crying for you cuz you think you'r hopeless and all i can think is that you inspired so many people, and you want to get better so badly and you just CANT!!

that's hurting me so so much!

cuz you really can. i don't know how or why, in fact, i have no answers. all i know is that it's possible.

cuz i see people who have done it.

stay with us momo, please?

and i'm sorry if you didn't want me to post on your thread.

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Re: Momo II: Another try

Posted by Momo - 16 Nov 2009 19:35

Habib, I know you've been struggling a long time like myself, with less than stellar results, like myself. No offense meant, I just mean that I think we have more in common.

What keeps you going? How have you not given up hope? I'd like to learn your secret. Thank you.

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Re: Momo II: Another try

Posted by Momo - 16 Nov 2009 19:40

[habib613 wrote on 16 Nov 2009 19:28:](#)

i'm crying for you cuz you think you'r hopeless and all i can think is that you inspired so many people, and you want to get better so badly and you just CANT!!

that's hurting me so so much!

cuz you really can. i don't know how or why, in fact, i have no answers. all i know is that it's possible.

cuz i see people who have done it.

stay with us momo, please?

and i'm sorry if you didn't want me to post on your thread.

First, I don't mind you posting on my thread. I'm honored you read it.

Second, I'm not sure anymore if I really want to get better. The lust is too comforting.

Third, who says I can do it? Just because other people here have is no proof. Everyone is different. Maybe I've done it so much, as a punishment, HaShem took away my free choice, like Par'oh.

With respect for you,

Momo

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Re: Momo II: Another try

Posted by habib613 - 16 Nov 2009 19:40

honestly?

sometimes you.

sometimes i just hit rock bottom again. and again and again.

and i can't keep going on like that.

and sometimes i just want out of everything, forever.

and then letakain or trying talk me out of it.

i don't even know anymore. just hit 7 days. and i can't even think about tomorrow.

now rage is on my case.

want me to lend him to you for a day or two?

he's good at his job.

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