

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by letakain - 16 Sep 2009 17:08

shkoyach, momo- you encouraged a newbie to join!

WELCOME, STUART!

this is just a tiny example of the awesomeness of GYE!

wait till Guard welcomes you!

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Re: Momo II: Another try

Posted by nishmas - 16 Sep 2009 18:13

WELCOME STUART!

Another Heilige Neshama!

Guard, I think you sent a Chizuk Email once with that Pasuk, and I even looked it up because it was just the Chizuk I needed. I think it's in Tehllim somewhere. Guard, do you know where? Or do you remember where which Chizuk email that was?

AND MOMO,

I have a lot of respect for you, even for just making the attempt. GREAT!!!

Nishmas

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Re: Momo II: Another try

Posted by Rage AT Machine - 16 Sep 2009 18:29

Stuart,

These guys here, they all care for you and we all know how you suffer...ive seen some pretty damn cool things here and i hope you do too....good luck...

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Re: Momo II: Another try

Posted by habib613 - 16 Sep 2009 20:01

how can i not join?

k i need to peek through the curtains because the party downstairs looks kinda like purim in

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 16 Sep 2009 20:04

(uri comes swaying into the room with a bottle in one hand and a guitar in the other)

kumzits anyone?

and passes out on the couch.....

layla tov chevre

i need some sleep

enough woodford for one night

Eretz yisroel or maybe a little like simchas torah.

momo in crashing by a

that ok?

ill hitch home in the morning

thanksss zzzzz...

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Re: Momo II: Another try
Posted by Dov - 16 Sep 2009 20:24

Keeping the battle-lines drawn way, way back like you are doing here makes things easier for me, too. All the best, you sweet yid, you!

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Re: Momo II: Another try
Posted by the.guard - 16 Sep 2009 21:03

Nice nigun. Where is the Pasuk from?

Hi Stuart. Welcome to our community. Make yourself your own personal thread on this "Wall of Honor" board so you can post a log of your journey to 90 days. (And then I'll be able to welcome
)

The Pasuk is from Tehhilim 37:5. See Chizuk e-mail #347 on [this page](#) (scroll down) to see the words in Hebrew.

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Re: Momo II: Another try
Posted by TrYiNg - 17 Sep 2009 01:13

Finally, the last of the troika staggers in. Weary, bloodshot eyes. AWwww. I always miss the parties. No sleep , Work till late, preparations for yom tov... I promise its not my fault. Ltakein, habib- I see you managed the decorations very well without my help. I see uri off in dream land entangled in green streamers. (Itakein whats with this green lately? Think *everything* has to match ur shirt?)

MOm, I still sense the aura of your presence in the E.N. Thank you for taking a few moments despite your busy schedule to serve as guest of honor at this party. Was there a speech I missed , too? Guard, I always wanted to hear your voice. Does it sound like an echo, like momo heard it? :D

May

hashem give all the hatzlacha & success in the world!

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Re: Momo II: Another try
Posted by Sturggle - 17 Sep 2009 06:07

Seriously, momo, CONGRATS! You have always inspired me to try try and try again

CONGRATS MOMO!!

I think making the commitment is a huge success.

Remember, we're in the here and now.

I'm not thinking ahead of time.

You just scored big time!

Ok..., I am not cleaning up this mess...

So not right, I wasn't even here!!

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When I quickly glanced at the chizuk email really late last night I knew I missed something big.

Thanks! and a thought
Posted by Momo - 17 Sep 2009 06:14

Thank you everyone who attended my party yesterday! Great party! It put a smile and a chuckle on my face.

I was thinking last night about my commitment. I realized after the initial "good feeling" wore off that I was scared. I then understood that it's good I was scared because that meant I really mean to do it this time. No more games.

I felt as if I had jumped across the abyss.

That feeling lasted a few moments, but then I wasn't scared anymore. I realize that this time will be different because this time I have a wonderful support system. This time I am armed. My weapons are giving chizuk and getting chizuk on the forum, and attending DC's calls and the 12 step program.

With G-d's help, and the help and support from you guys, I will make it, one day at a time.

I know that if it hurts, and I'm sure it will, when I cry out someone out there will be there to hear my cry and help me.

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Re: Momo II: Another try

Posted by Sturggle - 17 Sep 2009 06:21

beautiful momo.

again, sorry i missed the fun...

have a great day.

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Shana tova!

Posted by Momo - 17 Sep 2009 06:23

I would like to wish everyone a shana tova, a year of spirituality and true fulfillment.

May we continue to grow together and help each other.

I'm excited about the coming year. Together we can reach great heights, by pulling each other up higher and higher.

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Re: Momo II: Another try

Posted by TrYiNg - 17 Sep 2009 06:54

Amen!

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Re: Momo II: Another try

Posted by Sturggle - 17 Sep 2009 07:02

Amen!

V'chen L'mar!

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