

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

=====
=====

Re: Momo II: Another try

Posted by TrYiNg - 29 Jul 2009 08:22

Ye, momo- those excuses sound familiar.....

=====
=====

Re: Momo II: Another try

Posted by 7yipol - 29 Jul 2009 12:19

Amen!

=====
=====

Re: Momo II: Another try

Posted by the.guard - 01 Aug 2009 18:13

Guard, gezuntheit!

We'll miss you Momo. Hope the next few days are filled with personal growth through simcha

Ok, Ok, TIGIACEM Stands for: This Is Going Into A Chizuk Email!

And I think we'll be seeing a lot more Momo in the chizuk e-mails, be"h...

Keep summing up David Chaim's calls, I love it!

=====
=====

Re: Momo II: Another try

Posted by 7yipol - 01 Aug 2009 18:16

And I think we'll be seeing a lot more Momo in the chizuk e-mails, be"h...

Now *THAT* is the best news Ive heard in a long time ;D ;D ;D

=====

=====

Nice points from Duvid Chaim's call
Posted by Momo - 02 Aug 2009 05:36

Here are a few nice ideas from Duvid Chaim's last phone conference call:

- Everything is from Hashem.
- Life is a test.
- Everything HaShem does is good.
- What we see as "bad" is really good that is concealed to us.

Shavua tov everyone!

=====

=====

Re: Nice points from Duvid Chaim's call
Posted by Tomim2B - 02 Aug 2009 05:56

-- deleted --

=====

=====

Re: Momo II: Another try
Posted by 7yipol - 02 Aug 2009 08:31

Ok, Ok, TIGIACEM Stands for: This Is Going Into A Chizuk Email!

This is not going to work Guard. As a once in a blue moon abbreviation, maybe. But if you plan to use Momo's posts as chizuk letters a lot - and I'm pretty sure you do - you will need something a little easier to pronounce! May E.L. or Kután have some ideas...

=====

Re: Momo II: Another try

Posted by Momo - 02 Aug 2009 08:46

Let's not get carried away just because I had a good week.
How about "ACE!" - "Another Chizuk Email!"

Anyway, all of the phone call summaries are just rewording Duvid Chaim and the Big Book, so I think you should probably say them "beshem omro".

I accept you presenting my thought of the day in my name.

I've had a hard couple of days. Actually it started erev Tisha beAv and has gotten worse each day. I haven't fallen, but I slipped over Shabbat.

I've been clean 12 days so far. Out of those, I had 7 Divinely inspired days. I have to say, those were some of the most meaningful days of my life. I felt HaShem like I haven't felt Him in years. I had the inner strength to perform Mitzvot that I am usually too shy to do, and usually brush them off as "not being for me" or "not being able to do them." I felt like I was living my potential.

HaShem, I want that feeling back!!

I feel the spirit of HaShem has left me, and I'm feeling empty inside. I'm trying to hold off the Y"H from reentering.

I'm looking for inspiration, so I've reopened the GYE handbook and attitude books, and of course writing to my friends here.

Yours,

Momo

=====

Re: Momo II: Another try

Posted by jerusalemsexaddict - 02 Aug 2009 08:58

momo,

any ideas?

=====

Re: Momo II: Another try

Posted by 7yipol - 02 Aug 2009 09:10

Momo, I dont think you realize what a real chesed you are doing by summarizing Duvid Chaim's sessions. Not all of us get to listen in.

Once youve reached the level where you felt Hashem, that is yours forever. As you so wisely did; keep asking Hashem to help you retain it.

=====

Y"H=big fat ugly cockroach

Posted by Momo - 02 Aug 2009 10:02

HaShem answered my prayers by sending me a cockroach to kill!

Your read right. After writing my last post, HaShem decided that I should see the huge cockroach running around my office. Anyone who has squished (or stomped) a huge cockroach knows that that that ordeal kills all feelings of lust you might have.

After this incident, it got me thinking. We have to squash the Y"H just like we squash cockroaches! Even though the Y"H looks prettier, underneath, he's just as ugly as a cockroach. Just imagine the icky feeling you get just before killing one, and picture killing one, and think of ugly cockroaches running around next time you see some immodest women walking around.

Also, next time you see a cockroach and really don't want to kill it (I never do), just imagine that HaShem sent it to you as target practice for killing the Y"H. You'll really want to kill that sucker!

Uri, that's my "inspiring" post. Sometimes we have to be HaShem's exterminators.

=====

=====

Re: Momo II: Another try

Posted by the.guard - 02 Aug 2009 22:50

I've had a hard couple of days.

Momo, please see my reply to Uri #158 on [this page](#).

=====

=====

Re: Momo II: Another try

Posted by 7yipol - 02 Aug 2009 23:23

Momo; I honestly think that was one of the most creative posts Ive ever seen on GYE!

LOL

I love the mashal!

Sometimes we have to be HaShem's exterminators.

;D ;D ;D

=====

====

HaShem is raising the bar, I hope I can reach it!

Posted by Momo - 03 Aug 2009 11:41

As I wrote yesterday, yesterday was a very tough day. If I can only make it through Sundays, the rest of the week gets easier.

Anyway, I almost fell yesterday. I was as close as one could get at the edge of the cliff just before falling off, and then I pulled myself back to reality. A BIG slip, but not an official fall. Thank HaShem! I feel so good about myself that I was able to pull back.

Yesterday, besides being Sunday which always is hard for me, it was also a very unusually stressful day. One, I received some sad personal news, and two, I have a medical issue that's been in the background for a while and it's getting more uncomfortable (nothing life threatening, but uncomfortable nonetheless). Since it's not getting better (actually, it's getting a bit worse), I can't ignore it anymore, and I've started the process of going to doctors, having tests done... I guess HaShem feels I'm ready to be tested, ready to up the ante to the next level.

So far I haven't had any out of the ordinary tests from HaShem, and I've just started to feel like my ground is getting a bit stable, and now, BAM, this. I pray I can pass this test, and learn to rely on Him for support while I go through this test. I'm a worry wart, and that's not good for my addiction. I have to start learning to rely on HaShem and stop worrying!

Any advice about not worrying/relying on HaShem/not getting stressed out while suffering a mild health condition is welcome!

=====

=====