

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

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Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 20 Jan 2010 07:00

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I've had 3 emotionally rough days.

Enough!

Time to focus.

I have had it with counting, but since you guys love it so much, here are my "stats":

- 43 days clean according to Guard's rules
- 2 days clean according to my rules
- My longest streak (according to my rules) is 40 days, smashing my previous streak of 24 days!

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Now, this morning I thought of something Habib wrote me a while back. (Habib, you reading this?)

She wisely wrote that every day I should write 5 things I'm grateful for, and one joke.

I can't provide with the joke, but here's my grateful list:

1. My family
2. My friends
3. My health
4. My job (that I'm tired of, but lets me provide respectfully for my family)
5. HaShem for providing for me a place to live, clothes to wear, and the first 4 items in my list.

Have a good day, everyone.

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Special kudos goes to Rage for passing his difficult test this week. Hurray Rage! You are the GYE hero of the week!

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Momo falls

Posted by Momo - 20 Jan 2010 12:48

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OK, so I just fell according to everyone's rules.

So, Silentbattle, Kedusha, Trying, Habaletaher, and arc321 owes GYE 10 dollars.

ImTrying25 and Habib owes GYE 5 dollars.

Oh, and Uri owes 100 dollars.

That's it.

Thank you for your support along the way. It's been good traveling with you for the past 40 something days.

Sorry Guard for not being able to go the 90 days and give you the 600 dollars.

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Re: Momo II: Another try

Posted by Ineedhelp!! - 20 Jan 2010 14:19

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We are so proud of you for admitting it. When we have accountability partners, its often difficult to admit that we fell but you Momo did it right! Stick with it!

-Yiddle

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Re: Momo II: Another try

Posted by the.guard - 20 Jan 2010 14:29

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Momo, my garden needs some fixing and I was relying on the \$600. If you could come over please and do it for me, I'd forgive the fall.

;D ;D

The big question for today is,

will you let this drag you back into the cycle of addiction/depression/escape/pain/control etc?

...or was this just a stumble/brush-myself-off and **continue**?

Remember. Keep LIVING, not DYING.

Choose Life.

We love you Momo. Keep rocking the place!

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Re: Momo falls

Posted by Eye.nonymous - 20 Jan 2010 14:36

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[Momo wrote on 20 Jan 2010 12:57:](#)

...let him know that my journey has ended?

ENDED!!!

You just took a rest-stop!

(Please see my response in the "super incentive" thread).

I hope you're doing okay.

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Re: Momo II: Another try  
Posted by Ineedhelp!! - 20 Jan 2010 14:43

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I was not awake when you made your call for help... I did send you a PM on gchat but no answer :( :( :( .

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Re: Momo II: Another try

Posted by Ineedhelp!! - 20 Jan 2010 14:49

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[Momo wrote on 20 Jan 2010 14:44:](#)

...my rant's not over.

Wanna know why I fell? I did it on purpose. I wasn't overcome with lust, but I made myself do it. Why? Because I was tired of the counting. I was tired of having to check with Guard every day which sites I'm allowed to surf and not surf. I want to decide for myself what I watch. I want to live or die each day for me, not for Guard.

Sure I feel badly for what I did, but in all honesty, I also feel freed from the pressure and the rules of the 90 days.

So dont join the 90 day chart. It is not for everyone. We are just supposed to use it a measuring tool for our recovery, but its not the determinant of our recovery. Make your own rules, but I would suggest checking these rules with someone. This is not about being successful to Guard its about being successful for yourself. Do what is best for you.

-Yiddle

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Re: Momo II: Another try

Posted by Ineedhelp!! - 20 Jan 2010 14:52

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[Momo wrote on 20 Jan 2010 14:38:](#)

You know, it drives me crazy that I've been asking to talk or write or chat with someone this week, with no responses. Only after I post a fall do the replies come in.

It shouldn't be this way.

The forum's dead. Uri's gone. It25's gone. The girls are gone. They were the biggest posters. It's not easy when there's nobody home here to write/chat/talk to.

I agree this is a problem, but it can easily be solved with a GYE chatroom. Eith a chatroom you would have seen who is online and been able to chat with them.

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Re: Momo II: Another try  
Posted by Ineedhelp!! - 20 Jan 2010 14:57

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[Momo wrote on 20 Jan 2010 14:55:](#)

It's like saying that if my grandmother had a \*\*\*\* she's be my grandfather. ;D

I wouldnt say its quite like that. I think this is a little more realistic...

Thats just my opinion. :-\

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Re: Momo II: Another try  
Posted by Ineedhelp!! - 20 Jan 2010 15:01

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[Yiddle2 wrote on 20 Jan 2010 14:49:](#)

So dont join the 90 day chart. It is not for everyone. We are just supposed to use it a measuring tool for our recovery, but its not the detirminant of our recovery. Make your own rules, but I would suggest checking thise rules with someone. This is not about being successfull to Guard its about being successfull for yourself. Do what is best fo you.

-Yiddle

Guard, please dont kick me off the forum for that comment.... ;D ;D ;D ;D ;D ;D ;D ;D ;D ;D

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Re: Momo II: Another try  
Posted by the.guard - 20 Jan 2010 15:11

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[Momo wrote on 20 Jan 2010 14:44:](#)

Wanna know why I fell? I did it on purpose. I wasn't overcome with lust, but I made myself do it. Why? Because I was tired of the counting. I was tired of having to check with Guard every day which sites I'm allowed to surf and not surf. I want to decide for myself what I watch. I want to live or die each day for me, not for Guard.



Next time, take the "uar" out of my name and replace it with a "-". Like this:

Wanna know why I **didn't** fall? I was overcome with lust, but I held myself back. Why? Because I check-in with ~~Guard~~ **G-d** every day and decide which sites He would want me to surf and not surf. I don't want to decide for myself what I watch. I want to live or die each day for ~~Guard~~ **G-d**, not for me.

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Re: Momo II: Another try  
Posted by Ineedhelp!! - 20 Jan 2010 15:13

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[guardureyes wrote on 20 Jan 2010 15:11:](#)

[Momo wrote on 20 Jan 2010 14:44:](#)

Wanna know why I fell? I did it on purpose. I wasn't overcome with lust, but I made myself do it. Why? Because I was tired of the counting. I was tired of having to check with Guard every day which sites I'm allowed to surf and not surf. I want to decide for myself what I watch. I want to live or die each day for me, not for Guard.

Next time, take the "uar" out of my name and replace it with an "o". Like this:

Wanna know why I didn't fall? I was overcome with lust, but I held myself back. Why? Because I

checked with Guard G-d every day which sites I'm allowed to surf and not surf. I don't want to decide for myself what I watch. I want to live or die each day for Guard G-d, not for me

Thats great! I originally thought it spelled GORD...then I got it. ;D

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Re: Momo II: Another try  
Posted by kanesher - 20 Jan 2010 15:15

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hiya

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Re: Momo II: Another try  
Posted by the.guard - 20 Jan 2010 15:19

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[Momo wrote on 20 Jan 2010 14:51:](#)

I'm finished with the 90 day chart. It's not for me.

See reply #668 on Rage's thread [here](#).

[Momo wrote on 20 Jan 2010 14:51:](#)

I have different definitions than Guard about what's a slip and what's a fall.

And what might that be?

P.S. BTW Momo, you mentioned IT25 is gone. Any idea why?

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