

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by Momo - 03 Jan 2010 14:13

Forum is quiet in Momo-land.

It's time for a good roar. It's been too long.

Get ready.....

Set.....

RRRRRRRRRRRRRRROOOOOOOOOOOOOOOOOOOOAAAAAAAAAAAAAAAAARRRRRRRRRR
RRRRRRRRRRRRRRRRRRR!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: Momo II: Another try
Posted by letakain - 03 Jan 2010 16:21

Hi momo. i wasn't gonna daven (again) but i'm going to for you.

keep roarin'!!!

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Re: Momo II: Another try
Posted by imtrying25 - 03 Jan 2010 16:30

KEEP ROCKING THE BOAT MOMO..... By now i think you know
the rest. :D :D :D :D :D :D

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Re: Momo II: Another try
Posted by 7yipol - 03 Jan 2010 20:38

[Momo wrote on 03 Jan 2010 11:31:](#)

Thanks IT25, Habib and YS. Just to have YS post here makes my kvetching all worth it!

OK, so I just faced the fact I was irritable. I decided that acting out wouldn't help long run, and would only depress me, so that's not an option. Instead, I called my wife, then I called Uri, then I had lunch with a lot of guys from work and we joked around.

I'm feeling better now although I still feel sad and empty inside.

So I'm "clean" 26 days, but I still feel sad and empty sometimes, like something's missing. I wonder what it is, and why I'm not getting it.

Mom, you there with an explanation?

Habib, I'm keeping on rockin'. You do too (after getting a good night's sleep)!

Sorry I dint come earlier Momo. :-[

Next time tell my secretary that I said to always squeeze you in :D

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Re: Momo II: Another try

Posted by habaletaher - 04 Jan 2010 06:02

Momo my brother, keep roarin away! Every day now is a new record for you! You are the Dow Jones at 16,500, the Nasdaq at 7,300 the S&P at 2,300!!

Keep flying, the dividends will be ginormous!!!

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Re: Momo II: Another try

Posted by Momo - 04 Jan 2010 06:12

Today is day 28. Yay.

That's it, the high is gone. Now I understand why so many fall after 3-4 weeks.

I hate my job.

I was feeling very blah so far today, but in my email I got a big hug from HaShem (thanks HaShem, I really needed it!). I'll go into details in a day or two if things work out.

Good day everyone.

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Re: Momo II: Another try

Posted by 7yipol - 04 Jan 2010 10:47

Now the real work starts Momo.

But were here with you.

You kept us up and smiling all this time,

now its our turn to return the favor.

Just wish I was as funny as you proved you can be :-\

Keep finding those hugs.

They have tremendous power to hold you up

and remind you just who is running this play.

Keep reading your role in the script

and leave the rest to the director!

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Re: Momo II: Another try

Posted by imtrying25 - 04 Jan 2010 11:22

Momo when the high is over this is when we need baby steps the most. So keep on trucking but only at snails pace. Youll get there, youll see!!

MOMO WE ALL LOVE YOU!!!

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Re: Momo II: Another try

Posted by Momo - 04 Jan 2010 14:29

[Momo wrote on 04 Jan 2010 06:12:](#)

I was feeling very blah so far today, but in my email I got a big hug from HaShem (thanks HaShem, I really needed it!). I'll go into details in a day or two if things work out.

The "hug" is working out. For details, please read this: rehab-my-site.com/guardureyes/forum/index.php?topic=1335.msg41743#msg41743

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Re: Momo II: Another try

Posted by habib613 - 04 Jan 2010 15:04

i think in the begining the fight was exciting...

now it's blah.

but the diff is that now you can think more objectively. do you really want to be stuck in the addiction again? cuz that's what's gonna happen if you chas ve shalom fall.

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Re: Momo II: Another try

Posted by jerusalemsexaddict - 04 Jan 2010 21:06

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Re: Momo II: Another try

Posted by Momo - 05 Jan 2010 06:54

Today is day 29.

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Re: Momo II: Another try

Posted by habib613 - 05 Jan 2010 06:56

29!!

then.....

30! woohoo!

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Re: Momo II: Another try

Posted by TrYiNg - 05 Jan 2010 07:04

Goood Mornin MOMO ;D ;D

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Congrats on 29!!!!

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and how is this bright sunny day?? (or cloudy, cuz uri's leeing..