

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by imtrying25 - 21 Dec 2009 13:42

I DO!!!! :D :D :D :D ;D ;D ;D ;D I think youve totally lost the old Momo and your entering a new one. I love this new Momo. So full of passion to do what he feels is right. and yes Momo, **YOU MOST DEFINITLY CAN AND WILL DO IT!!!!**

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Re: Momo II: Another try

Posted by habib613 - 21 Dec 2009 14:27

i love your thread momo!

so much energy! and so many good ideas!

so no videos, at all?

you're right. stirs up the imagination.

maybe i'm gonna do that too.

starting today.

Thank you momo.

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Re: Momo II: Another try

Posted by 7yipol - 21 Dec 2009 15:05

[Momo wrote on 21 Dec 2009 13:37:](#)

Today is day 14! I will NOT listen to the voice in my head that says it's OK to fall as long as I don't beat myself about it since I know that I WILL get depressed if I fall.

I will not get upset that I didn't work all day, because I **connected** with life by shmoozing with my co-workers and I **did** do work some, and I didn't fall!

I will not get upset that I surfed around kosher stuff because Rav S let me and I **am learning from it** that it just upsets me for wasting time and stirs up the imagination too much.

I can do it!

I can do it!

HEAR ME ROAR!!!!

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Re: Momo II: Another try

Posted by the.guard - 21 Dec 2009 15:28

Momo, it's beautiful to see you opening up more and more on the forum, learning to live, be happy, be free, and even crack JOKES ;D ... The NEW Momo is emerging from the shell of the old Momo...

I suggest making a small list of websites that you allow yourself to browse, being sure that they are Kosher and don't contain any possible triggers... Stick to this list for a week or two and then we'll see if you want to expand it a bit or not...

;D)

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Re: Momo II: Another try

Posted by Eye.nonymous - 21 Dec 2009 20:15

[Momo wrote on 21 Dec 2009 13:37:](#)

So, who thinks I've totally lost it?

This is just a suggestion, of course. You have to WANT to do this, **Not** because Guard said...

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Re: Momo II: Another try

Posted by letakain - 21 Dec 2009 20:25

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momo, i smile every time i come on your thread

Re: Momo II: Another try

Posted by Sturggle - 21 Dec 2009 20:41

MOMO!!

;D ;D ;D

KUTGW!!

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Re: Momo II: Another try

Posted by imtrying25 - 21 Dec 2009 20:50

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Re: Momo II: Another try

Posted by kanesher - 21 Dec 2009 23:12

FREEDOM!

FREEDOM!

FREEDOM!

FREDDOM!

FREEDOM!

FREEDOM!

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Re: Momo II: Another try

Posted by habib613 - 22 Dec 2009 05:52

GM MOMO!!!

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Re: Momo II: Another try

Posted by Momo - 22 Dec 2009 06:01

Thanks to you one and all, my fan club. ;D

I've completed 14 clean days.

Guard, your idea is a good one. I made a mental list of sites to stick with that are clean and don't take long to read.

It's so funny for me to read that my screaming posts make you guys laugh. That's great, but they really weren't meant to be funny. I am seriously just giving myself chizuk by shouting away the Y"H.

But, I'm tickled pink that my posts encourage you too, and make you laugh.

If you missed it, I'm blee neder doing the 30, 50 and 90 day challenge. If anyone has extra maaser money to give, and you'd like to sponsor me, please visit here [rehab-my-](#)

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Im TrYiNg to join the momo fan club too.. cheerleader?

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