

Momo II: Another try

Posted by Momo - 17 May 2009 10:10

Hi everyone,

After originally joining this forum, my first streak was the best for me (24 days). That was accompanied by almost daily posts and the chart. More important than the number of days, during this streak I really felt the Kedusha and that was an amazing feeling. I felt that I was actually getting rid of lust from within me. However, after I fell, I gave up with the forum and chart, and had smaller streaks. I make efforts to try again, however, I never reached the feeling of Kedusha during the shorter streaks (that were between 5 and 20 days). I also never felt that I was getting rid of the lustful feelings. I was just counting days until the next fall.

Anyway, I'm ready to try again with the chart and posting on the forum. I'm ready to make a REAL effort again but I've been feeling very lonely for the past few days, and I need the chizuk from this board to remind me that I'm not alone, and someone cares if I try or not.

Here's another try to feel the Kedusha and attempt to rid myself of the lust...

My first clean day was May 12, so yesterday (May 16) counts 5 clean days so far.

May HaShem help me.

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Re: Momo II: Another try

Posted by habib613 - 21 Dec 2009 06:34

yay!

and i agree that no surfing is a good way to make you live.

kutgw momo!

have a fabulous surf-free day!

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Re: Momo II: Another try

Posted by Momo - 21 Dec 2009 06:36

Thanks Habib. Have a great night.

By the way, what's kutgw?

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Re: Momo II: Another try

Posted by habib613 - 21 Dec 2009 06:37

Keep

Up

The

Good

Work!

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Re: Momo II: Another try

Posted by Momo - 21 Dec 2009 06:41

I will not surf and act out right now even I really want to and Rav S doesn't care if I do it or not because I want to live!

I don't want to be a slave to my addiction!

AAHHHHHHHHHHHHHHHHHH!!!!!!

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Re: Momo II: Another try
Posted by habib613 - 21 Dec 2009 06:42

wow.

GMG!

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Re: Momo II: Another try
Posted by Momo - 21 Dec 2009 06:47

Before I was not surfing in order to see Rav S.

Now I am not going to surf FOR MYSELF!

I can do it!

very expressive
Day 1 of not surfing, for Momo!

GMG! GMG! GMG! GMG! GMG! GMG! GMG! GMG!

GMG! GMG! GMG! GMG! GMG! GMG! GMG! GMG!

GMG! GMG! GMG! GMG! GMG! GMG! GMG! GMG!

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Re: Momo II: Another try
Posted by Momo - 21 Dec 2009 07:20

[Rage ATM wrote on 20 Dec 2009 15:10:](#)

seriously, momo, youve been amazing! i cant believe what a great job youve done! so happy to see you happy...

Thanks Rage. A compliment from you means a lot to me.

I'm so grateful for you for what you're doing for Habib. One day she'll realize she can ride on her own, and she'll take off the training wheels called Rage, and ride off into the sunset...

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Re: Momo II: Another try
Posted by imtrying25 - 21 Dec 2009 10:48

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Re: Momo II: Another try
Posted by Momo - 21 Dec 2009 10:54

Thanks IT25.

Sometimes you have to give yourself chizuk, but it's always nice to get chizuk from friends.

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Re: Momo II: Another try
Posted by Momo - 21 Dec 2009 12:35

OK, just to be honest. I've relaxed the rules a little bit (with Rav S's permission).

I read an Israeli news story.

I checked out the sports scores.

I watched 2 short hashkafa videos on a Jewish site.

I read a friend's blog.

OK, so I can't say I've done no surfing besides this site. Say I've done no BAD surfing.

I don't think it's fair to say no surfing at all forever besides this site. I know that OK surfing often leads to BAD surfing. I have to discover where the line is for me, meaning which sites can trigger bad sites and which sites are OK.

There's also the issue of wasting the entire day surfing OK sites instead of working or living (talking with friends, or whatever).

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Re: Momo II: Another try

Posted by imtrying25 - 21 Dec 2009 13:20

To me it seems, that as long as you feel that you can restrict the surfing to only kosher sites , its perfectly ok. Once it starts to get a little out of hand we need to go back to no surfing at all. But

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Re: Momo II: Another try

Posted by Momo - 21 Dec 2009 13:23

[imtrying25 wrote on 21 Dec 2009 13:20:](#)

To me it seems, that as long as you feel that you can restrict the surfing to only kosher sites , its perfectly ok. Once it starts to get a little out of hand we need to go back to no surfing at all.

Exactly what I was thinking.

I need stuff that's kosher and doesn't take a lot of time to read. Maybe something like my friend's blog once a week, and daily Israeli news headlines and sports scores.

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Re: Momo II: Another try
Posted by imtrying25 - 21 Dec 2009 13:25

Yeah. the only videos i watch now are sports highlights. otherwise my k9 wont allow it. Its worth

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Re: Momo II: Another try
Posted by Momo - 21 Dec 2009 13:29

For sure. Videos are EVIL, except for the cute animated Kabalistic ones Guard linked for us a while back.

The videos were a bad idea even though they were "kosher".
Videos stir up our imagination, the Y"H's best tool.

Videos are EVIL!

Videos are EVIL!

Videos are EVIL!

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