

victory

Posted by rashkebehag - 06 May 2009 21:15

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I have struggled my whole life. not with extreme addiction but always was tempted to peek into books in drug stores or magazine stands, i never bought anything but the peeking and looking was a terrible experience. When i heard of the internet and its dangers it only made me curious. When I got internet The dam burst. Again, I never downloaded any thing but whatever was free i would look at and I learnt a lot of disgusting things. I tried Covenant Eyes and it helps but i lie to my partner that is was one of my workers etc. there have always been ups and downs in my struggle. Recently my son brought home a book about shmiras enaim and I read it and got a lot of chizuk. Then I discovered this site. So, with both things together and covenant eyes I am pretty clean now and don't even feel the pull. of course one is never free and can always fall but right now i feel no urge to click on to any thing bad. I have subscribed to the chizuk line that u email and i read it every day. you bring down amazing things. yasher koach

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Re: victory

Posted by imtrying25 - 17 Feb 2010 21:04

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[bardichev wrote on 17 Feb 2010 18:34:](#)

ok i will be modeh imisvaddeh

i was "trying" to write

MAMB

WHICH IS MISHENICHNASS ADAR MARBIN (OR MARBIM GYE OR GUE ) BESIMCHA

BUT MY WOODFORD,

MY LACK OF SLEEP,

LACK OF A HEALTHY LUNCH,

GLOBAL WARMING (YUP 30 INCHES OF SNOW)

MALE POST PARTUM DEPRESSION

BEING IGNORED BY MISHPACHA MAGAGAGAGAZINE SYNDROME,

THERE IS ONLY ORANGE JELLY HAMANTASHEN SYNDROME,

I CNAT FIND

MY KEYS

MY CELL PHONE

MY HAT

MY BOOTS

MY COFFE MUG

MY FAVORITE SQUASH RACKET,

SUSHI IS RAW (ISNT IT SUPPOSED TO BE)

SO I MISPELLED

SORRY

Oh stop it rebbe your always looking for excuses. :-\ :-\ :-\ :-\ :-\ :-\

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Re: victory

Posted by Dov - 21 Feb 2010 23:50

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First of all, much thanks to all who daven for the ill of klal yisroel. May we all have a refuah sh'leimah. Enough said.

Second, it's good to be back here with y'all. Missed you lots.

Dear Rashkeshlit"a - sort of like what Guard said, but ah biss'l ahnd'rish: The 12 steps / know of are all about learning how to run. Not away from the addiction, but to run **to** Hashem instead of the addiction. To keep my focus on running to Hashem and use every circumstance in life for an opportunity to be with Him - to recognize that He is with me. My desperate need for Him is of course trashed every time I act as though I can control and use lust. It's similarly trashed whenever I act like I can withstand lust by my own power - or tzidkus, if you will. It seems to be some peoples' job, but not mine. And, b"H, I have been sober for 13 years now. The childlike dependence on Hashem is my greatest treasure - why would I want to ruin it with "madreigos"?! "Lo sa'aleh b'ma'alos al mizb'chi asher lo sigaleh ervascha olov" applies to me if it applies to  
!!

I guess some people are destined to be more like Noach who had to walk *with* Hashem's help every step - others are like Avraham, who walked *before* Him seemingly on his *own* power. As of today, I choose Noach, at least in this issue...sue me. (just kidding please don't sue me!) The steps (over time) taught me how to do this.

Reb b - Your heartfelt viduy was beautiful to read. You will surely have a day that is "like yom Kippur"! Or is it the other way around?

V'nahafoch-**HU**!

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Re: victory

Posted by rashkebehag - 22 Feb 2010 22:49

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Dov. I can't control my lust either. I *run to you* and read your posts and that takes care of the problem.

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Re: victory

Posted by Dov - 22 Feb 2010 22:58

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Oy. And I run here.

You know, the Sfas Emess has a shtikle on the "Mah pish'i uma chatasi, kee dalaktah acharai" of Yaakov Avinu to his shver. (he was a truly shverer shver!) He brings (as discusses also the Nefesh Hachayim, I am told) that all the b'riyah runs by magnetism to it's shoresh. One oilom to the malchus and oilom above it. That's dalakta, chasing. That's the "Avrom ro'oh birah dolokess ve'omar: Me ba'al habirah?!" He saw that things are cause and effect and each effect follows after the cause. How he saw that I have no clue. But he asked Mee ba'al habirah because he wanted *above all else* to come to know the Prime Cause, the Shoresh of all.

So we all run to eachother.

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Re: victory

Posted by me - 23 Feb 2010 08:34

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... The childlike dependence on Hashem is my greatest treasure - why would I want to ruin it with "madreigos"?! "Lo sa'aleh b'ma'alos al mizb'chi asher lo sigaleh ervascha olov" applies to me if it applies to anyone !!

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We have seen throughout chaz"l, that those who have any type of taiva what so ever, cannot even begin to hold by, and/or go up any madreigos. Madreigos only begin when the taivos are gone. This use to put me down. When I realized that being an addict-always having taivos, that this means I can NEVER expect to go up to ANY madreiga. zilch. Then, I comforted myself. Hakol MinHashamyim.....Hashem is here with me, and he expects me to serve him where I am

now. Madreiga Shmadreiga!!!

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Re: victory

Posted by rashkebehag - 24 Feb 2010 21:19

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I don't buy that if one has a ???? he can't go up in ?????? as long as he keeps his ???? under control. secondly the main thing is doing mitzvos and serving Hashem, who said anything about Madreigos?

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Re: victory

Posted by imtrying25 - 24 Feb 2010 21:23

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[rashkebehag wrote on 24 Feb 2010 21:19:](#)

I don't buy that if one has a ???? he can't go up in ?????? as long as he keeps his ???? under control. secondly the main thing is doing mitzvos and serving Hashem, who said anything about Madreigos?

I would guess to say that "me" meant as long as we are acting out on our taivos or as long as we are not working on them. because if not it is very hard to believe we cant go anywhere if we have taivos.

Me, mind to explain a little??

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Re: victory

Posted by me - 24 Feb 2010 21:44

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So, the question is: What is a madreiga? Obviously we are not talking about Kiyum Hamitzvos, (we are all still doing mitzvos), obviously we are not referring to working on being m'taken middos, we see that we can still do some of these as well) So, then....what IS a madreiga. I guess I can't answer it fully since I was never holding by one. :D

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Re: victory

Posted by me - 24 Feb 2010 21:49

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But really,

We know that the Arizal was holding by a madreiga. Can anyone here claim to be able to do what he did? The

Ba'al Shem Tov,....he was holding by madreigos, anyone here can close their eyes in the middle of shalosh seudos, and know what's going on in shemayim, as we all heard of his stories? They were so far from any kind of taiva. These are surely madreigos!

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Re: victory

Posted by Dov - 25 Feb 2010 00:32

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[rashkebehag wrote on 24 Feb 2010 21:19:](#)

I don't buy that if one has a ???? he can't go up in ?????? as long as he keeps his ???? under control. secondly the main thing is doing mitzvos and serving Hashem, who said anything about Madreigos?

Agreed!

Let some folks just get a bumper sticker "Whoever dies with the most Madreigos wins!"

Ella what?: We are winners if we are with Hashem - *period*. That's the attitude that I have seen works best for addicts. All the rest - paraphrasing Rebbi Akiva - is commentary.

Serving Hashem by doing **His** Will rather than *my* will (or anyone else's) is **the *ikkar*** for me (and as described in the 12 steps), and *madreigos* are ***tofeil***. And they always *will* be, I believe.

To me, discussions based on what's right are nice, but are of very limited - if any - value. Ah, to be young again! To be able to sit back, picking and choosing the best *derech* for me to be *yotzei alleh sheetos*..."does it fit well with a Rav Dessler, a RMB"M, a *gemorah* in *Succah*?" Nu. Such luxuries neither I nor my wife and children always had. I wonder who does. There was a time when I was far too busy just staying out out hell. Early recovery was the very *worst* time for me to think about *madreigos* and worry about *hashkofa*. And guess what? It's the time when folks are the most consumed with it!! I was for about 10 years, as I got worse and worse...I blamed *el nino*', I guess ;D. The Chofetz Chayim used to say, "Besides being not doing *aveiros*, Hashem *a/so* doesn't want one to be a fool". Acting out with lust happens to be my own personal "foolishness", cuz it ruins my life. For others, it's drinking...if they worry about "the source" of the *lav* for drinking alcohol, gambling, heroin, etc., over much, they flush their lives down the toilet,

Hah, hah....

So, my most basic *hashkofa* was this: Hashem doesn't want me to flush five lives down the toilet. And the devil isn't in the details, cuz I don't have to ***deserve*** to be with Him - I just have to start to give my life and my will into His care and continue doing just that. Of course, as a *frum yid* that means *halocha*, but it's a work in progress. That's a *madreigo*? Don't believe it! It's just enlightened ***self-interest***! Good enough for me!

Sorry for the crassness, nu, I'm tired now. Wanna split a happy-pill, anyone?

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Re: victory

Posted by rashkebehag - 25 Feb 2010 18:51

~~and often die. Plain and poshut. Right? So, please tell me: What *lav*, exactly, is "flushing"?~~

Its *taanis Esther*, time to think about *Purim*. the *gemora* says that on *Shabbos* *yidden* talk about Torah while the *goyim* spend their party time discussing which nationality produces the prettiest females. ??????? bragged that his wife was the prettiest of all etc. you know the rest. To me it sounds that they were a bunch of addicts especially considering what they demanded of *Vashti*. So what happens? His beautiful wife gets killed as a result of his drunken stupidity. Now that is an example of throwing lives down the toilet. this means that when one is out of control there is no end to what he may do. Imagine bragging how pretty your wife is and then murdering her? ???

And that reminds me of another infamous addict, Mrs. *Potiphar*, who admired *yosef's* beauty to the point that she had him framed and jailed. Her husband became impotent and poverty stricken in the end. All a chain of events that she started.

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Re: victory

Posted by me - 25 Feb 2010 19:13

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Since we are talking about Esther, look at we can learn from the Purim story.

Esther, a tzadeikis, was put by Hashem into the depths of tumah. An Eishis Ish, in the depths of shmutz.....living with Achashver..... as his queen. It boggles the mind that she was put in such a situation, (you asked previously if we are responsible for our predicaments, or Hashem). Well, for Esther HaMalka, we see that it was Hashem who put AN Aishes Ish in this place, and what! What happened?!? Hashems says to us, do you really think that this...this is the end of the story? NO, no way. We don't know anything. We are all fruitcakes. We don't understand anything.

Hashem, says to us, "and here, Esther Hamalka, hatzadeikis, who is in the darkest of all places,.....it is from here, that I will bring the Yeshua. From the dirtiest, darkest, smelliest places, Hashem brings to us the yeshua. This is to show all of us here, who have found ourselves in these same types places, and same situations, that davka from here, Hashem CAN/WILL bring the Yeshua!

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Re: victory

Posted by Dov - 26 Feb 2010 00:07

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OK, we are on a 'roll' (now I'm *really* hungry!)

Purim was a neis nistar, Hashem was hidden all through the story - **all** through it. We dress up in disguise or funny costumes, and are hidden, too. So?

Well.

Hashem saved me from my own hidden life. My own disguise I wore all the time - it was incredibly draining!

And stupid.



Life was and *is* so much better without lust - the thing I was convinced beyond a shadow of a doubt that I couldn't live without! It's real, it's geshmak, it's useful, it's real, it's consumingly interesting and full of surprises, and...did I say that "it's real"?

Gevalt! What a fool I was! Nu, but that's an addict. A real fool.

And I am still a "fool". It's just that *this* here fool is a fool *for Hashem*! Share my mistakes with *others*? Lead with my *weakness*? Give up to *win*? Good for *free*? Trust in an invisible G-d? What am I **nuts**!?! So it seems....

Lets all have a l'chayim and say this foolish thing together: "To heck with me - what can I do for You/you?"

Kinda silly, huh?

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Re: victory

Posted by me - 26 Feb 2010 09:18

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Hi Dov:

And I am still a "fool". It's just that this here fool is a fool for Hashem!

I just had a thought. A foolISH person is one that does foolISH things.

But, when the person **recognizes** that what he did/does is fool ISH, then he becomes the

second part of the word. When we recongize our foolishness, then we becomean "ISH"...fool ISH. Or, maybe we can say that the foolISH turns into FULL ISH, (i.e. a complete geveer. So, it's kind of like what I wrote up above about Esther. From the very depths of tuma, came the yeshua, and here too, from our own personal depths of **FOOL ISHNESS**, when we are zocheh to recognize it, it is then that we become FULL ISH, a complete ???]

BTW Dov, I would guess that you would agree that it would be Fullish for us to become drunk on Purim , od d'lo yadah. what do you say?

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