

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by habaletaheer - 18 Jan 2010 05:34

[silentbattle wrote on 18 Jan 2010 01:45:](#)

[dov wrote on 17 Jan 2010 19:19:](#)

Hopefully, we will watch our language.....

:D :D :D

[Kollel Guy wrote on 17 Jan 2010 22:14:](#)

LOL R' Dov, but I don't think we will consider any unsanitary speech while standing before the BD shel maalah. They have a very strict policy regarding contempt of court.

Actually, KG - there are a lot of gemaras, etc. that imply that whatever level we attain here, we take with us into the next world - risha'aim, even in the world of truth, at the gates of hell, still don't do teshuva.

So, scary as it is, it's quite possible that if we don't watch our language here, we'll get upstairs, and...oh, my, that might be a tad embarrassing...

Good call, Silent Battle, a famous example of that is in Brachos where this girl who died at a young age tells a living person in a dream to send her comb and makeup with so and so who is about to die.... clearly in the next world we have no hair, no need for combs and makeup, but once a person only cared about their physical appearance in this world, they can't change it in the next despite the clear knowledge that it is hevel havalim

(My rebbi said there was a dybbuk in the time of the Chofetz Chaim who was cursing and talking in the most dirty way. He showed enormous deference to the Chofetz Chaim who got it out. The Chofetz Chaim asked it why it keeps talking dirty after it knows the emess of the world, and it said it simply can't stop)

Here is the scary thing... if we don't beat our YH in this world, we will spend out eternity lusting after the same things we lusted after here, but in a world where the busha of doing so is unimaginable!!!!

The alternative of course is to grab a glazel of Woodford, and join the good fight!!!

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Re: bardichev's battle

Posted by silentbattle - 18 Jan 2010 15:45

Haba - and also, we'll have the lust in a place where we can never get what we want, so there'll

never be an end!

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Re: bardichev's battle

Posted by Dov - 18 Jan 2010 17:34

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Hey, I remember learning about this issue (with that exact reference) in michtav me'eliyahu, first chelek.....15 years *before* I got sober...

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Re: bardichev's battle

Posted by silentbattle - 18 Jan 2010 17:41

Yep, that's where I'm getting it from - if anything, that just serves to emphasize that knowledge isn't enough to change us...we've got to live the change!

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Re: bardichev's battle

Posted by habaletaheer - 18 Jan 2010 18:45

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How many years are you sober Dov? Wow, just the words "fifteen years before I got sober" are such an inspiration!!

Imagine if I live the next 15 years of my life sober!?!?! I can't even imagine how much more I will accomplish!!!

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Re: bardichev's battle

Posted by kutan - 18 Jan 2010 22:09

Hi Rebbe,

Just checking in.

Baruch Hashem all's well.

Please send my best to your Gabbeh.

Tell him the cholent at Fruend's keeps getting better and better.

(I suspect they dump the left over sushi into it.)

k

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Re: bardichev's battle

Posted by habaletaher - 19 Jan 2010 05:32

Wow Kutan,

Long time no see!! Welcome back! Grab a mug of Guinness, grab a cushion and join the party!

L'Chaim!

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Re: bardichev's battle

Posted by bardichev - 19 Jan 2010 05:51

Guinness is good

Heiniken is what

Bards Bar is serving tonite

Chevra I am truckin along old route 66

What's news??

Guys easy easy..

Let's just shmooze

Enough with falling shmalling genoog

How is the oilam??

Chevra its almost purim

What's the favorite

Wine?

Purim wine?

Ahhhh Purim

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Re: bardichev's battle

Posted by Kollel Guy - 19 Jan 2010 08:25

There's still Tu B'shvat....

The Rosh Hashana for growth!!!

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Re: bardichev's battle

Posted by kutan - 19 Jan 2010 20:32

Once Teves finally was over, tzadikim used to breath a sigh of relief.

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Re: bardichev's battle

Posted by habaletaher - 20 Jan 2010 06:16

Bardy,

I don't know what my favorite wine is cuz after 4 cups they all start to taste the same... But my least favorite wine, and parenthetically the one EVERY family used to put out when I was a collectin bucher was White Zinfandel, I mean that stuff is so nasty, I start throwing up even before I drink it!!!

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Re: bardichev's battle

Posted by bardichev - 20 Jan 2010 07:54

White Zin was petel in a bottle

Wine that makes u nauseous is because of its sugar content

A dry wine does not go down easy like a smooth scotch (bard what do u know about scotch??)

The bitterness is the tanins

My suggestion drink bt simchos and find what u like

Another thing if it cost less than 10 bucks there is a reason for it

Lchaim

B

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Re: bardichev's battle

Posted by bardichev - 20 Jan 2010 15:48

Ok so you have read this. Thread.

If you need some help with it here it is

Ill ask your questions

What does Keep on Trucking mean?

Where did I come up with fell shmell

What is the drinking all about?

Why do I call myself Bardichev?

Why do I say humble and happy when I sound like a self centered baal gaavah?

Why do I call Dov my Rebbe if I am openly moideh I never went to a 12 step program?

What's the oy yoy shabbos all about??

Ok I will attempt to answer some of these questions

If u have any more

FIRE away!!!

KEEP ON TRUCKIN

Is my motto

In my months of being n the forum and in the sefarim I learn I realize that the YH has nothing from the act of sin that we commit

As we have nothing from it other than fleeting pleasure

So what is his Modus Operandi? He knows that your neshama yearns closeness to G-d and the sin is a barrier between a jew and Hashem

He wants you to be down in the dmeps depressed dejected hopeless helpless forlorn and void of life

Ahhh at that point when U are downn oyyy does he have you in in his slimey talons ohhh now is where he reigns

So now is when u put on the Gaava face now you drink a lchaim now you rock the house

And scream yesss I felll but feLI shmell I did sin but I'm not a sinner I am ot a gefalliner

I can pick myself up and fight back tooth and nail

KI NIFALTII KAMTI

Gevvaldigggggggggg

TBC

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Re: bardichev's battle

Posted by Ineedhelp!! - 20 Jan 2010 15:52

One more question....

Whats with the picture? Dont get me wrong, that cone looks REALLY good, but I would never let a kid buy ice cream from that guy!

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