Generated: 26 July, 2025, 16:15

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

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Please give me the chizuk (and mussar too) to reach my goal.					
May Hashem bentch each and every one of us.					
Humbled and happy					
bardichev					
======================================					
Re: bardichev's battle Posted by Steve - 12 Jan 2010 16:27					
Bards, after reading what you wrote, all i can say is					
BARTENDER, I WANT WHATEVER HE'S HAVING!!!					
and PLEASE make it a double!!					
(I know u dont drink n drive, but pull over at a rest stop and we'll share something off the road.)					
====					
Re: bardichev's battle Posted by bardichev - 12 Jan 2010 16:51					
Brothas					
This is the WHAT					

GYE - Guard Your Eyes Generated: 26 July, 2025, 16:15 In no matter what Oh smileys are for the guests **KOT** Re: bardichev's battle Posted by 7yipol - 12 Jan 2010 16:52 ______ ==== Re: bardichev's battle Posted by Steve - 12 Jan 2010 16:55 My, that's FORWARD of you, 'Up... Re: bardichev's battle Posted by Kedusha - 12 Jan 2010 16:56

and back;D

7Up wrote on 12 Jan 2010 16:52:

:D :D :D ;D ;D ;D and back ;D	
====	
Re: bardichev's battle Posted by silentbattle - 12 Jan 2010 18:38	
Always glad to have you back, 7up! ;D	
====	
Yes!!!!!	
Re: bardichev's battle Posted by 7yipol - 12 Jan 2010 18:41	
>	
Enough!	
	>
=======================================	
Re: bardichev's battle Posted by rashkebehag - 12 Jan 2010 22:40	

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7up has a great deal to say and women are usually very insightful but I am much more comfortable when we stay separate. Please.
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Re: bardichev's battle Posted by bardichev - 12 Jan 2010 22:48
Hi everyguy and guest
Simcha is the key
We need gevaldiggger achdus now more than ever
KOT NMwwwww
=======================================
Re: bardichev's battle Posted by imtrying25 - 12 Jan 2010 23:01
Hey rebbe you took the words out of my mouth. I think im starting to get over it now. But we need to identify the enemy remove the enemy andkotnmw!!!!!!
=======================================
Re: bardichev's battle Posted by habaletaher - 13 Jan 2010 07:39
BARDY!

You need to keep the simcha, a lot of people are relying on your GEVALLLDIGGGE attitude!				
Have a Shot of Jefferson's Reserve on my tab (you really need to try Jefferson's reserve sometime, it's abit pricey, but ah! Me'ain Oilam Habaletaher!!!)				
put on your favorite bekishe				
and tantz a kazatzka!!				
KOT!				
====				
Re: bardichev's battle Posted by bardichev - 13 Jan 2010 16:47				
habaletaher wrote on 13 Jan 2010 07:39:				
BARDY!				
You need to keep the simcha, a lot of people are relying on your GEVALLLDIGGGE attitude!				
Have a Shot of Jefferson's Reserve on my tab (you really need to try Jefferson's reserve sometime, it's abit pricey, but ah! Me'ain Oilam Habaletaher!!!)				
put on your favorite bekishe				

FROM OOONTZ IN BARDSTOWN

LCHAIM

b		
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Re: bardichev's battle Posted by bardichev - 13 Jan 2010 17:40		
We are starting a collection		
To send RAGE		
A bottle of		
Kosher for Passover		
Plum Shlivovtz brandy		
Yupp spirit of solomon Mondro NY		
====		========
Re: bardichev's battle Posted by bardichev - 13 Jan 2010 18:22		
Rage. Sfardfim can drink Zachlawi		
====	=======================================	========