

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by kutan - 31 Dec 2009 18:28

For YKV_S and everyone, I am reposting these two together... the Rebbe Reb Bar. and the Rebbe R' Dov... an amazing duet.

Also, for all the lawyers on GYE, I'm noting that I already logged an official complaint with General Guard as to why this was not deemed ACE.

Enjoy!

Ok let's talk about addiction I want to speak to the hearts and minds of the vetrans here.

I am entitled I give a lot of attention to all newbies +++

Ok if you are past 90 days here is some food for thought

#1 its not fun any more

#2 there is no WAR

#3 the "C" bomb complacency

#4 ok this is only for real recovering addicts

Nuu zug shoin

I want to want shmuts but I really don't want it but I really realIt do yet I reaLly don't

(Only my rebberebber=DOV can explain that)

#5 the forum is for addicts?? Huh!! Hey I thought it was a kosher social network monitored by Guard kedusha and 7up

Ok vuss zugst dee bardichever darshan?

I need Chizzuk

Efshar needs chizzuk

Noorah needs chizzuk

Yes yes even (even is the best word in the Yiddish language)

Even dov=rebbereber needs chizzuk

While I await chizzuk

I will get up front in my cab fire up the old engine and

KEEP ON TRUCKIN!!!

Rabbi Bard E. Chev

Chief Rabbi of

Woodford KY

Dear Reb b,

Sorry for being so late but my only internet access is from work and was ill yesterday so missed all the action from whenever. My "boss" went a bit ballistic about email use and stuff like that, too, and lunch today was a wash, so...this is the earliest I could be on here with a (semi) clear head.

Hope you are OK. That's selfish because you make me smile in the most unexpected times. And I've never even met you! I have a l'Chayim (W!) every Shabbos se'udah after the fish and say "for the berdichever" and my kids ask me who that is and I tell them it was a great man I never met. Nu. *I* smile. *They* wonder if I should be sent to a nursing home a bit early....

Your 5 points. Ahh. Oyy.

Just a reality check first. My wife just called me to let me know that an old friend of mine just lost his wife from a sudden illness, R"l. All I can say is boruch Dayan ha'emess while my heart drips tears. He must know exactly what He is doing. Gevalt, gevalt. How is a person supposed to go on bichlal? I have no idea, no idea. May Hashem give him superhuman strength, show him love from people that goes way beyond normal, and shine into his heart that is breaking open and somehow give him the ability to stay sane and be His eved. Please help this man remember his children and all the other riches he has in this life and have some kind of a nechoma. I don't know what else to say and keep stopping to cry.. Please. May the folks on GYE, Hashem's sensitive bunch with beautiful hearts, daven for this man.

I'm going to go home be"H as soon as I'm done with GYE and say hi to my wife and try to tell her how I feel about her being my partner here and in the hereafter. Better yet, I'll spend less

time that I want to on GYE and go home to her a bit early. Actions speak louder than words...

(I actually wrote the below earlier but couldn't finish it until after unburdening my heart and put the reality check first, b, because something told me it was min haShomayim, maybe to help you somehow, or just to share it and help me somehow...what's the difference?)

As far as *schmutz* not being fun is concerned, AAs say "being a drunk ruins your drinking". Yeah, it *won't* be fun any more. I commiserate. As far as *recovery* not being fun is concerned, recovery gets real boring until I get a fire lit under by (expletive removed by RATM - thanks rage) by #3, then #2 is botul, and suddenly it's fun again! It's amazing what a challenge it is to actually find a real big chunk of wood in shark-infested waters after a shipwreck! And looking for it is just riveting (and exciting)! Well, maybe not "*fun*", technically....

As far as "I want to want blah, blah...", it's OK (not good, just *OK*) to want it. We, of all Hashem's people, need to go easy on ourselves when we do. And our response needs to be a little smile and a "well.....there I go again! heh, heh.." and call someone (or post) about it soon. It means nothing. Absolutely nothing. If we struggle or incriminate ourselves "for stooping so low!" then we are dead. It's just a blip, bump, or bleep. Probably more like a bleep....

...and then get back to work.

I love you, b. (but not a scratch of a scratch as much as He does!)

- Dov

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Re: bardichev's battle

Posted by habaletaher - 31 Dec 2009 18:45

[7Up wrote on 31 Dec 2009 18:07:](#)

I pull out my trusty flask of Woodford,

belt out a L"CHAIM!!!

and Keep on Trukkin!!!

Cant tell you how glad i am not to be on the streets near *your* city Haba! :o

7UP, you are on the streets where I live, it's called GYE!!!!

Keep on trukkin anyway (I actually just had a mid afternoon l'chaim, but not woodford, someone I know is getting married in IL and I'm in the US, so I just made a L'chaim for them)

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Re: bardichev's battle

Posted by imtrying25 - 31 Dec 2009 18:49

HEY REBBE!! WASSUP?? IVE GOT A GREAT IDEA FOR YOU. IF YOUR TRACTORTRAILER IS STUCK IN THE SNOW WHY DONT YOU GET ONTO A TRYCYCLE?? IF

**THAT DONT WORK HOW ABOUT A.....WALKER. WITH THIS NEW
INVENTION YOU CAN ONLY TAKE ONE STEP AT A TIME. AND ONLY BABY STEPS**

TOO. IT REALLY WORKS. HERE TAKE A TRY.

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Re: bardichev's battle

Posted by bardichev - 31 Dec 2009 18:52

I WILL

USE ALL 3

I WILL EXPLAIN IT ALL SOON.....

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Re: bardichev's battle

Posted by habaletaher - 31 Dec 2009 18:53

trukk

trycycle

walker

woodford

.... that makes 4, no?

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Re: bardichev's battle

Posted by imtrying25 - 31 Dec 2009 18:56

it also maes the newest acronym ttww

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Re: bardichev's battle

Posted by Kedusha - 31 Dec 2009 19:48

[7Up wrote on 31 Dec 2009 18:07:](#)

I pull out my trusty flask of Woodford,

belt out a L"CHAIM!!!

and Keep on Trukkin!!!

Cant tell you how glad i am not to be on the streets near *your* city Haba! :o

Relax, Mom - the flask of Woodford seems to be filled with vodka, but it's actually 7Up! :D

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Re: bardichev's battle

Posted by bardichev - 31 Dec 2009 20:05

Hello bardichev December 31, 2009, 01:04:09 PM

Show unread posts since last visit.

Show new replies to your posts.

Total time logged in: 18 days, 18 hours and 18 minutes.

chai cahi chai!!!!!!!!!!!!!!!

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Re: bardichev's battle

Posted by bardichev - 31 Dec 2009 20:07

Hey CHEVRA!!

I'm heading up the ice road

Greuling

Winds

Snow

Frozen lakes

I have a few cases of tradition soups

Tam tam crackers

Kedem gefilte fish

Paskes soursticks

Oh a few boTtles of

Old WOODFORDsburg

Wanna join??

Its from

Boro Park to Anchorage

Yup its new "IDIDORAD"

Let's mush!!(Jack london where are you)

Keep on truckin!!

b

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Re: bardichev's battle

Posted by 7yipol - 31 Dec 2009 20:15

Kutan, grab the Rebbes coat tails and swing into the passanger seat

I suggest saying a heartfelt tefillos haderech

and closing your eyes

till you reach Alaska!

Hope its getting easier for everyone.

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Re: bardichev's battle

Posted by bardichev - 31 Dec 2009 20:21

KI BESIMCHA SAYTZEI-U!!!!!!

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Re: bardichev's battle

Posted by Dov - 31 Dec 2009 21:22

Reb b,

Maybe it's snowing, maybe it's sleeting, maybe the newyearsday drunks are throwing up all around us...I don't care. I just want to sit at a kumzitz with you and talk about life with our eyes for about 10 minutes. Then we can pass the W around and sing the Berdichever's niggun. Then we could do a bit more W and sing the niggun again cuz I won't remember by then that we sang it once already.

Now that would be a nice time indeed.

Then I'll have to have some help figuring out what to tell my wife.... (W doesn't work on her)

Your chusid,

Dov

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Re: bardichev's battle

Posted by bardichev - 31 Dec 2009 22:06

REBBEREBER=DOV

U R INVITED FOR SHABBOS

THE MRS B. DOES NOT DO W EITHER

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Re: bardichev's battle

Posted by the.guard - 31 Dec 2009 22:13

The Daily dose of Bardy & Dov from today's e-mail needed a lot of editing to make the "Dovish" understandable to most people... I hope I got it right and didn't misinterpret anything you both

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said