Generated: 29 July, 2025, 01:37

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

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Please give me the chizuk (and mussar too) to reach my goal.	
May Hashem bentch each and every one of us.	
Humbled and happy	
bardichev	
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Re: bardichev's battle Posted by imtrying25 - 26 Dec 2009 16:31	
A gutte vosh mein fet'her bardy batchy.	
====	
Re: bardichev's battle Posted by the guard - 26 Dec 2009 23:19	
#1 its not fun any more	
not looking is not fun,	
but fun is still fun	
So listen to Haba and go have some FUN and L	IVE LIFE
)	

GYE - Guard Your Eyes Generated: 29 July, 2025, 01:37 #2 there is no WAR Eis Milchama, Ve'Eis Shalom... #3 the "C" bomb complacency Beat the "C" bomb with the "S" bomb of Simcha! #4 I want to want shmuts but I really don't want it but I really reallt do yet I reaLly don't eilecha teshukaso, ve'ata timshol bo... #5 the forum is for addicts?? Huh!! Hey I thought it was a kosher social network monitored by

Guard kedusha and 7up

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5/7

just had to come here and compliment you on your new outfit

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better to be addicted to GYE and immune to lust...

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Re: bardichev's battle	
Posted by habib613 - 28 Dec 2009 19:53	
and i forgot to say:	
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mazal tov	