

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by rashkebehag - 02 Dec 2009 23:09

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We have a feast every Shabbos equal to any thanksgiving, lehavdil

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Re: bardichev's battle

Posted by habib613 - 02 Dec 2009 23:36

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I miss the rebbe...

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Re: bardichev's battle

Posted by bardichev - 03 Dec 2009 16:23

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I MISS THE CHASSIDM (CHASSIDISTESS ASK TRYING FOR A TRANSLATION)

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Re: bardichev's battle

Posted by letakain - 03 Dec 2009 16:57

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hope everythings going well and i hope we get a geshmak dvar torah for this week!

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Re: bardichev's battle

Posted by bardichev - 03 Dec 2009 16:59

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THIS ONE WILL RCK DA HOUSE IT IS FROM THE NESIVIS SHALOM

HE SAYS THE YESOD OF KEEP ON TRUCKIN

SEE YA'LL IN THE BM

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Re: bardichev's battle

heh...heh....

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Posted by bardichev - 03 Dec 2009 18:22

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bardichev December 03, 2009, 11:21:19 AM

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Re: bardichev's battle

Posted by Dov - 03 Dec 2009 21:31

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consistency, consistency, consistency.....

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Re: bardichev's battle

Posted by bardichev - 03 Dec 2009 21:33

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[dov wrote on 03 Dec 2009 21:31:](#)

consistency, consistency, consistency.....

WOODFORD WOOD FORD WOODFORD

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Re: bardichev's battle

Posted by letakain - 04 Dec 2009 16:41

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laughing, laughing, laughing!

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have a happy shabbos cuz you make us happy!

Re: bardichev's battle

Posted by bardichev - 04 Dec 2009 18:00

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OY YOY SHABBBOS KOIDESH!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!bards

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Re: bardichev's battle

mamale

Posted by jerusalemsexaddict - 05 Dec 2009 17:21

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W WO WOO WOOD WOODFORD WOODFORD RESERVE!

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Re: bardichev's battle

Posted by imtrying25 - 05 Dec 2009 18:09

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Rebbe whats there for us losers who dont drink alcohol???? Coke?? ???

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Re: bardichev's battle

Posted by 7yipol - 05 Dec 2009 19:36

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[imtrying25 wrote on 05 Dec 2009 18:09:](#)

Rebbe whats there for us losers who dont drink alcohol???? Coke?? ???

COKE??

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Signed

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Re: bardichev's battle

Posted by imtrying25 - 05 Dec 2009 21:55

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Im sorry Mom i did not mean to offend you. I am therefore k'nassing myself that the next time i buy some soda ill have to buy a 7up and... **DRINK IT!**

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