

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 18 Nov 2009 22:40

We love you Reb b!

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Re: bardichev's battle

Posted by 7yipol - 19 Nov 2009 17:47

AS AN ASIDE:

I WAS CRYING WHEN I WROTE THE LAST TWO CHAPTERS REALLY CRYING

HESHYS MUSSAR SHMOOZE GAVE ME A HIRHUR TESHUVAH .I KNOW I WAS WRITING
IT IT'S WEIRD...

Now I understand the power of this story!

All along, and especially recently, there has been a sense of urgency and realism

Ive sensed some unworded, deeper level intertwined between the chapters.

Now i understand why.

Bardichev is writing his story;

different details

different emphasis

same emotion

sme desperation

same inner pain

and guilt

Now Ive figured out the ending.

Heshy will do teshuva

and heal

and find inner simcha.

Because Heshy is the monster Bardichev always feared becoming.

But didnt.

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Re: bardichev's battle

Posted by bardichev - 19 Nov 2009 19:15

7UP U MAKE ME CRY

IF THE HEILIGER BARDICHEVER NEEDS MORE "MAATAIM" FOR HKB"H

HE CAN JUST HAND HIM THIS WHOLE FORUM

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Re: bardichev's battle

Posted by kutan - 19 Nov 2009 19:30

Reb Bards,

When you finish the story, could you put out a kidz version of it?

The man at the door doesn't let me in... says its not age appropriate.

But it sounds like a lot of people are enjoying it.

Sigh. I always get left out.

kutan

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Re: bardichev's battle

Posted by 7yipol - 19 Nov 2009 19:35

I didnt mean to make you cry Rebbe.

But if that is what happened, so let those tears

be added to Hashems cup of karbonos.

Kutan; your posts are so cute,

I always find myself forgetting that you really are a big boy!

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Re: bardichev's battle

Posted by kutan - 19 Nov 2009 19:38

I'm NOT

Hopefully will never be either.

Its too SCARY!

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Re: bardichev's battle

Posted by 7yipol - 19 Nov 2009 20:36

[kutan shel hachabura wrote on 19 Nov 2009 19:38:](#)

I'm NOT

Hopefully will never be either.

Its too SCARY!

Did you stamp your foot and pout when you wrote that? :D

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Re: bardichev's battle

Posted by kutan - 19 Nov 2009 21:48

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How in the world did you know?

;D

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Re: bardichev's battle

Posted by habib613 - 20 Nov 2009 04:35

[7Up wrote on 19 Nov 2009 17:47:](#)

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But didnt.

and i was cying when i read what mom wrote.

they always say you have to write from the heart.

and that's why this story is so powerful- it's cuz it IS your heart

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Re: bardichev's battle

Posted by imtrying25 - 20 Nov 2009 05:07

I totally agree! Cant say i cried but i did get some goosebumps though. After all i am a man, so no need to cry at every given oppurtunity. :D :D

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Re: bardichev's battle

Posted by bardichev - 20 Nov 2009 19:39

Rage all that is just for Fridat nite

Oy yoy shabbos koidesh!!!

The ezras nashim needs major shluffy

Everyone should be "gebentshed"

And if you own woodford(or stagg,1793,elijah craig,blantons,bookers,basil haydens,knob creek,four roses,pappy van winkle...)

USE IT!!!

LCHAIM!!!!

OY YOY SHABOOS KOIDESH!!!

With all the love in the world

bardichev

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Re: bardichev's battle

Posted by bardichev - 25 Nov 2009 02:42

Thank you to all who read and enjoyed Harrys son

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Re: bardichev's battle

Posted by habib613 - 25 Nov 2009 03:20

Thank you to the one who thought out and wrote Harry's son :D

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Re: bardichev's battle

Posted by bardichev - 25 Nov 2009 17:15

YOUR WELCOME

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