

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 22 Sep 2009 14:01

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GMAR CHASSIMAMMA TOVA TO ALL

MAY HASHEM INSCRIBE US ALL IN THE

BOOK OF LIFE PARNASSAH HEALTH AND HAPPINESS

"IN ALL CAPS"

bardichev

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Re: bardichev's battle

Posted by Rage AT Machine - 22 Sep 2009 14:09

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hello, bards, where you at?

excuse me and allow me to rephrase it in chassidus:

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Re: bardichev's battle

Posted by bardichev - 24 Sep 2009 14:09

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Reb Levi Yitzchak and Chametz

One year, shortly before the first Pesach Seder, the holy Rebbe, Reb Levi Yitzchak of Berditchev, took several of his

students into town. He knocked on the door of a local store and asked to buy cigarettes. The storekeeper replied, "I

don't have any. Don't you know that they are illegal?" Reb Levi Yitzchak was persistent and again asked to buy

cigarettes. After several requests, the storekeeper produced the cigarettes and was willing to sell them.

Reb Levi Yitzchak then approached a man walking down the street and asked if he had a cigarette. "Don't you know

that they are illegal? I can get thrown in jail for possession!" Again, after several requests, the gentleman displayed his

stash and offered one to the Berditchever.

Reb Levi Yitzchak then sent his attendant to a Jewish home to ask if they had a small piece of bread. "G-d forbid!" was

the reply, and not knowing why the attendant was asking, continued to explain, "On Pesach we are forbidden to have

any bread or chametz in our home." The attendant went to a second home and a third home, and the reply was the

same.

When the attendant returned empty-handed to his Rebbe, Reb Levi Yitzchak held his hands up high and

exclaimed, "Master of the Universe! The Czar forbids the importation of these cigarettes. He has soldiers and policemen to

help enforce this law. But yet these cigarettes are on the streets and available to all, somehow smuggled across the

border.

"Three thousand years ago, You commanded Your children not to bring bread into their homes on Pesach. You have no

soldiers or policemen, yet there is no bread to be found in all of Berdichev.

See how powerfully Your children love You!!"

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Re: bardichev's battle

Posted by bardichev - 24 Sep 2009 16:52

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Posts: 1313

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Re: bardichev's battle

Posted by bardichev - 25 Sep 2009 16:40

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HEILIGEH YIDDEN WE ARE STANDING ON THE THRESHOLD OF THE 3 HOLIEST DAYS  
OF THE YEAR

CHAPPP ARAYYYYN

OY YOY SHABBOS KODESH

A GMAR CHASSIMA TOVAH

BY NEILAH WE CAN ALL THINK ABOUT REB LEVY YITZCHOK BAE SARAH SASHA  
ZECHUSO YAGAIN ALAEINU!!

HE WOULD HAVE USED THIS SITE TO INTERCEDE ON KLAL YISROELS BEHALF!!!!

WITH ALL THE LOVE IN THE WORLD

bardichev

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Re: bardichev's battle

Posted by Noorah BAmram - 25 Sep 2009 17:40

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[Noorah BAmram wrote on 25 Sep 2009 17:32:](#)

AHA!!! Holy Holy Bardichiver,

now that u let the secret out that are you are an einakle of R Levi Yitzcok MBardiciv i

it is well known the Statement of R Chaim of Voloshin

????? ????? ???? ???? ???? ?????

"when the Tzadik walks in the ways of perfection fortunate are his descendants after him. for all the midos that tzadik toiled and worked on, become to his decedents like their second nature"

no more needs to be said, my sweet sweet yid :D :D :D :D :D

Fiery love

understand it all  
Noorah

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Re: bardichev's battle

Posted by bardichev - 29 Sep 2009 15:46

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from todays chizzuk email

The Ba'al Hasulam compares the Yetzer Hara to an "itch". We keep scratching because it itches, and it feels good to scratch, but the scratching only makes the itch worse, until it finally bleeds. However, if we decide in our minds that we will not scratch the itch any more - come what may, it will burn with a powerful itchiness for a short while, but then suddenly the itch just disappears! That is the nature of the Yetzer Hara

The Ba'al Hasulam's yahrtziet was yesterday YOM KIPPUR

zechuso yagain aleinu

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Re: bardichev's battle

Posted by kutan - 29 Sep 2009 21:00

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Rebbe R' B.

I didn't see anyone else comment on your new pic.

not sure why ???

Although you do look very handsome in middle age, your stately Mr. B. 3-d glasses is sorely missed.

Sort of livens up the forum.

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And who is that fellow next to you?

For some reason that I am not sure about, he reminds me of Menachem Begin.

:D Hope your not Satmar...

kutan

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Re: bardichev's battle

Posted by bardichev - 29 Sep 2009 22:41

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ohhh heiliger guard you said I can go on vacation

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Re: bardichev's battle

Posted by Me3 - 29 Sep 2009 23:39

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Where would you go on vacation besides for GYE?

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Re: bardichev's battle

Posted by 7yipol - 30 Sep 2009 08:48

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vacation shmation

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Re: bardichev's battle

Posted by Dov - 30 Sep 2009 22:39

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When?

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