

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 05 Aug 2009 14:06

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AH DEE-JAY IS AH BADCHAN!!

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Re: bardichev's battle

Posted by kutan - 05 Aug 2009 14:17

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[bardichev wrote on 05 Aug 2009 13:55:](#)

whoaa whoooo!!!!

what a day

MAZEL TOV RABBEINU YAAKOV!!!!

PS IF ANY ONE CAN SEND ME THE BARDICHEVER NIGGUN

I NEED IT SOMEONE REQUESTED IT!!

YOUR DEE-JAY

bardi-CHEY

Holy Rebbe Bardichev,

here it is...

[www.guardyoureyes.org/wp-content/uploads/2009/07/The-Barditchever-Nigun.mp3](http://www.guardyoureyes.org/wp-content/uploads/2009/07/The-Barditchever-Nigun.mp3)

H&h,

k

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Re: bardichev's battle

Posted by Kedusha - 05 Aug 2009 15:03

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Gosh, that was beautiful!

Mazal Tov to Yaakov! I'm assuming that the occasion is 90 days - correct?

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Re: bardichev's battle

Posted by kutan - 05 Aug 2009 16:00

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90 x 2 !!!

:D :D :D

and the bardichev nigun is takeh special.

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Re: bardichev's battle

Posted by Kedusha - 05 Aug 2009 16:38

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Wow! Call it 180 days - it sounds even better!

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Re: bardichev's battle

Posted by bardichev - 05 Aug 2009 16:41

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PEOPL THE b MAN NEEDS TO TAKE A COMMERCIAL BREAK

KI LO AL HALECHEM LIVADO YICHYE HA-ADAM

C U ALL LATER

SIGNING OUT

(WHERE'S MY WOODFORD..... MY SUSHI.... MY G.I JOE.. BARDICHEVER NIGGUN...  
RINGTONE... SHEEFA TASHEN OVERNITE KIGEL MIXED WITH PESI I MEAN SEVEN UP....  
OK I AM READY FOR WORK....)

b

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Re: bardichev's battle

Posted by Dov - 05 Aug 2009 16:42

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[bardichev wrote on 19 Apr 2009 19:51:](#)

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is...

**I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHishtabed LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me". NO NO NO I have learned from the first of the twelve**

**steps we are begging Hashem to force the Y"H to be under HIS control.**

This is an *old* berdichever quote! But *Ein shichechah lifnei chisei ch'vodecha....*

Lacking some basic navigation skills, i got lost and happened upon it today and here is a little vort 4 U:

Rav Schwab ZT"L in his tefillah commentary, writes that if we look at that yehi ratzon we see something curious: First we ask for Hashem to protect us from all kinds of cheit and nisayon and from the YH ( it specifies "Y **Horah**") having any shlitah over us. The piece about "vchof es **yitzreinu** lehishtabed lach" seems, Rav Schwab says, redundant (though I *still* hear your idea loud and clear). He answers that the Yetzer in the piece you are quoting is actually referring to creative good power within us, the *Yetzer Tov*! (Admittedly not a classical chassidish understanding of the Yetzer Tov, at all.) This is why it doesn't say *what yetzer* it is referring to there, and talks about shibud. Our creative powers and "lust" for life can be used to serve ourselves or to draw close to Hashem by being *meshubad* to Him. To me, this is similar to the S.Emes on "vehyeesem kedoshim *laylokeichem*" - the point is not to be a kodosh: the point is to be a kodosh *for Hashem*! Yow!

I still agree totally with what *you* wrote and use that kavonoh better in the morning, but wanted to share Rav Schwab's idea w/you anyhow. He was a true tzaddik and a very sweet Yid, yekkishkite and all.

Much love and joy to my colorful friend!

Dov

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Re: bardichev's battle

Posted by bardichev - 06 Aug 2009 16:52

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check this out!!!

Total time logged in: 5 days, 0 minutes.

wow thats alot of time

b

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Re: bardichev's battle

Posted by kutan - 06 Aug 2009 17:09

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Reb Bardichev,

Thats for the **computer**.

I'm leaving mine on over the weekend, and should catch up soon!

:D

How'd you add the mr. B

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Re: bardichev's battle

Posted by bardichev - 06 Aug 2009 17:16

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YOU NEED TO ON FOR 5 DAYS FOR THAT

AND A HERO MEMBER

AND BE AS HUMBLE AND HAPPY

AND ich bin gitt mit di gaard (YOELI LEBOVITS JOKE)

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Re: bardichev's battle

Posted by kutan - 06 Aug 2009 21:14

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;D

Shkoyach, and....

**HAVE A HOLY WEEKEND!!!!**

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Re: bardichev's battle

Posted by bardichev - 11 Aug 2009 15:00

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yess it is a daily battle

you WILL get bogged down if you have fantasy of being lust-free

AINT NO SUCH THING-NO SIREE

you can be in control or controlled many eitzos

dont get bogged down is the best eitzah

I magine a fellow drowning

he starts ti wonder hmmm how does this drowning thing work hmmm

or he starts to cry why why am I drowning

or why did hashem make the world that objects drown

HEY!! BUDDY !! THIS IS YOUR LIFE GUARD BARDICHEV HERE ON THE MEGAPHONE

GRAB THE TUBE!!!

HOLD ON !!!

I WILL NOT EXPLAIN HOW THIS WORKS



TUBES HELP YOU FLOAT

OK!!!

FLOAT!

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Re: bardichev's battle

Posted by Dov - 11 Aug 2009 15:33

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or SWIM!

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Re: bardichev's battle

Posted by bardichev - 11 Aug 2009 15:40

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SWIM FLOAT TREAD WATER BUT NO DROWNING!!

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