

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 28 Jul 2009 16:49

[bardichev wrote on 28 Jul 2009 13:20:](#)

HIELIGERS

ON THE ROAD AGAIN TODAY

SO SORRY

REMEMBER TODAY IS THE YARTZIET OF THE

HEILIGER NESIVIS SHALOM

MANY PEOPLE IN OUR CHAVBURAH HAVE A ZECHUS FROM HIM

ZECHUSO YAGAIN ALEINU

b

Dear heilige talmit vosik shlit"a:

Good news for the jews.

Last night we tahkeh *had* a little zikoron for the Nesivos Sholom!

We learned a beautiful piece on "bein hameitzarim" that taught me that the gifts Hashem gave us - all of them - are for us to give over to others who need them. He also said that the way Hashem made things, all good comes out of initial "ayin" - a state of loss and darkness. I have a friend who is feeling that his whole world is crumbled in ruins around him and that his life is basically finished. Be"H we'll learn it together later and it will help him realize that Hashem knows **all** about his tzores and has a plan for him.

But here is the thing I **really** wanted to share with you, berdichever:

The entire zechus is yours and yours alone!!

Why? you may ask... simple:

The only reason I stayed in shul and found out about the little "fabrengen" was because I spotted :o a big bottle of

"WOODFORD SPECIAL RESERVE"!! (and it was actually quite nice...)

You are smiling, right?

So, am I again in debt to you. Thanks again, berdichever!!

:D :D

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Re: bardichev's battle

Posted by Efshar Letaken - 28 Jul 2009 18:08

Wow! Reb Dov!

That's what I call Hashgocho Protis!

E.L.

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Re: bardichev's battle

Posted by bardichev - 28 Jul 2009 20:31

DOV THANKS

E.L. KNOWS IM SAYING EMES HERE IS WERE I WORKED TODAY AFTER BROOKLYN

http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=woodford+rd+deal+nj&sll=37.0625,-95.677068&sspn=32.66491,59.853516&ie=UTF8&ll=40.243883,-74.002195&spn=0.00192,0.003653&t=h&z=18

ENJOY

LCHAIM AGAIN

ZECHUSO YAGAIN ALEINU

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Re: bardichev's battle

Posted by bardichev - 28 Jul 2009 20:45

HI ALL HEILIGERS

I AM BAAAAAAAAAAAAAAAAAAAAACK

MISSED YOU ALL

b

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Re: bardichev's battle

Posted by bardichev - 28 Jul 2009 21:21

IN THE HONOR OF THE YARTZEIT OF THE NESIVOS

I WILL PRESENT A THOUGHT PROVOKING IDEA FROM THE BAAL HILULA

AHAVAS HASHEM A POSITIVE COMMANDMENT

SO FUNDAMENTAL THE RAMBAM LIST IT AS MITZVAH #2 WOW THAT IS PRETTY FUNDAMENTAL!!

SECOND ONLY TO BELIEVING IN G-D SOO THAT REALLY IS BIG!

TWO QUESTIONS

#1 IF THIS MITZVAH IS SO FUNDAMENTAL WHY IS IT SO TO SAY PUSHED TO THE BACK OF THE BOOK IN SEDR DEVARIM

#2 EVERYONE KNOWS THIS QUESTION HOW CAN WE BE COMMANDED TO LOVE LONE

IS AN EMOTION HOW CAN AN EMOTION BE FORCED??

(C'MON WE ALL HEARD THIS QUESTION??)

THE TERETZ IS HOLIEST BROTHERS AND SISTERS HASHEM IS NOT FORCING AN EMOTION HE IS COMMANDING UD TO DO POSTIVE ACTIONS TO CREATE CHANNELS THAT WE WILL FIND LOVE OF HASHEM IN THEM BOOM!!

3 WAYS

A. LOOK AT HIS BEAUTIFUL WORLD AS IS BROUGHT DOWN IN THE RAMBA"M .INTERSTINGLY ENOUGH IT IS THE ONLY COMMANDMENT THAT THE RAMBA"M TELLS US THE TOOLS HOW TO DO IT.

FROM THIS WE SEE THE COMMANDMENT IS THE SEARCH THE JOURNEY THE DEVELOPEMENT OF FEELINGS.

B. DO MITZVOS HIS POSOTIVE COMMANDMENTS AS THE OHR HACAIM SAYS THAT THE PARSHA OF VEHOYA IM SHEMOA IS THE TERETZ TO THIS QUESTION

C. ACT YIDDISH WITH "FIENER MIDDOS" GOOOD MIDDOS BREEDS AHAVAS HASHEM AND THE MITZVAH CREATES THESE FEELINGS

LAST BUT NOT LEAST

(DISCALIMER WHAT I WILL WRITE NOW NOT JUST MIGHT OFFEND I KNOW IT WILL I NEED NOT TO OPLOGIZE FOR DIVREI TORAH YOU CAN ALL LOOK IT UPP IN NESIVOS SHALOM PAGE 32-33 IN DEVARIM)

WHEN WE FEEL LUSTFUL IT IS A LITTLE MEMO FROM SHAMAYIM THAT HASHEM WANTS TO GIVE YOU LOVE YOU CAN TAKE IT OR BREAK IT

TAKE IT MEANING LOVE ANOTHER JEW DO A FAVOR FOR ANOTHER JEW

LEARN TORAH SAY TEHILLIM DAVEN WITH FERVOR ETC..

OR BREAK IT ACT OUT ON YOUR LUST

RIDDING YOURSELF OF LUST IS NOT A JEWISH IDEA (UNLESS MATTHEW SHEM
RESHAIM YIRKAV WAS A JEW)

The lust mentioned in Matthew *:** is in a grammatical construction which whatever it is in
your life that feeds that heart of lust - get rid of it! ...

OK BRECHH!!!

LET US CONTINUE WITH THE HEILIGER NESIVOS!!!

THAKE THAT AHAVA TAKE THAT TAAVA TAKE THAT LUST AND USE IT FOR WHAT
HASHEM GAVE IT TO YOU IN THE FIRST PLACE!!!

WHY IN THE END OF THE TORAH?BECAUSE YOU CAN ONLY DO THIS ONCE YOU WERE
MEYIM MITZVOS!!

ZECHOSO YAGAIN ALEINU!!!

b

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Re: bardichev's battle

Posted by Dov - 28 Jul 2009 22:25

Gevalt! Something we agree on again, more or less:

There are some who, regarding lust, use the loshon: "cast it out!", and recommend saying stuff like: "I cast it out!" regarding lust.

I don't like that very much. Here's why, from a program perspective:

If I am admitting powerlessness over Lust, how in the world am I able to "cast it out"? This is not the way that step seven is worded. It says, "humbly asked G-d to remove our shortcomings/defects of character". Let's see...humbly...asked *Hashem* to remove...well, "I cast it out!" sure doesn't seem like either of those to me.

(To SA guys: yeah, i know the white book says it in the back, but so? These people are fallible, too. For goodness' sake, they are on the same journey *we* are! Sick, getting better. *They'd* admit it in a flash! Lehavdil, even our great darshanim and chachamim are fallible, technically speaking. We all understand this. K"V in every other human endeavor! Remember, when it comes to the AA and SA literature, even Bill wrote: "This book is meant to be suggestive only," so big deal!)

So, by all means, we addicts ask Hashem to remove the twisted temptations, the lust, as such, just like the defects of step 4-7. But **it's Hashem who does it, not us, ever**. And whether he **fixes** the tendency to lust to bring us to the true deveikus we desire, or not, is **His** business, not ours. We are little cogs living the life Hashem makes for us. The entire avodah of the program is **to get out of His way and allow Him in!** The result is daily reprieve from lust. Holiness? That's strictly His business.

As the Sfas Emes brings: the **ikkar word** of the posuk "vehyissem kedoshim leylokeichem" is "**leylokeichem**"! To do avodas Hashem to be a kodosh *because it's better*, is not what He wants. What He wants is for us to work to be a kodosh FOR HIM! I keep my eye on the ball - the avodah. **Hashem is in charge of all outcomes and all success!**

Ahhhhhhhhh

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Re: bardichev's battle

Posted by bardichev - 29 Jul 2009 14:35

Gevalt! Something we agree on again, more or less:

dov my main point was rthis vort on ahavas Hashem

if you can see the nesivos from the sefer you will enjoy it more then woodford

have an easy and meaningful fast

may we be zoche to the Geulah

bardichev

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Re: bardichev's battle

Posted by bardichev - 31 Jul 2009 17:13

WE ARE CLOSER THAN EVER TO MOSHIACH

KEEP ON BEING HOLY

WE WILL GREET HIM WITH OUR BATTLE

OY YOY

SHABBOS KOIDESH

b A R [color=GREEN]D[color=PURPLE]I [color=PURPLE]C [color=BLUE]H [color=NAVY]E
[color=MAROON]V

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2009 03:15

ok the dog days of summer are upon us

no one has the fire in their hearts to start any kind of new resolutions now

everyone seems to want to kick back rest and relax

hey relaxing is good

but there is no time for giving up or giving in

not now

we are in unprecedented times

in uncharted waters

we need to fight now more than ever

always be ready!!!

let us pick ourselves up

I am noticing to much self pity around here lately

CMON WE ARE REAL FIGHTERS HERE!!!

not jellofooted plastic g.i.joe soldiers

have a good week

bardichev

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2009 03:26

MAZEL TOV !!!

TO MIRIBIN ON REACHING 90

I WILL DRINK SOME WOODFORD LIKAVOD THE SIMCHA

YOU SHOULD BE VERY PROUD

HARD WORK PAYS OFF

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2009 16:35

I NEED HELP

MY PICTURE IS SO THREE WEEKS

THE INTERNET IS HORRIBLE AND I HATE HATE HATE GOOGLE IMAGES

THATS WERE I FELL SO MANY TIMES IN THE PAST

IF YOU HAVE A PICTURE FOR ME PLEASE SEND IT MY WAY

I WILL DRINK AN EXTRA LCHAIM FOR THE WINNER

b

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Re: bardichev's battle

Posted by Kedusha - 03 Aug 2009 17:30

Point well taken, Bardichev.

I specifically set my filter to block Google Images and Google Videos, and other similar services,

even though the filter is supposed to limit me to "Safe Search." The potential for mischief is simply too great. I also specifically blocked certain search terms that have tripped me up before, but that the filter does not block by default.

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2009 17:37

I POSTED THIS IN YECHIDA

IT IS TOO GOOD (IN ALL BARDICHEVER HUMILITY)

ME-AT MIN HA OHR DO-CHE HARBEH!!!! MIN HACHOSHECH

HKB"H CREATED THE WORLD AND THE "ADAM" TO BE YASHAR

THE WORLD IS CROOKED CORRUPTED BENT AND BROKEN

IT IS NOT AT IT'S "TACHLIS" YET

WHEN YOU "CHOOSE" NOT TO GO ON YOUTUBE

SOMEONE SOMEWHERE WILLNOT BUY A PLA***y MAGAZINE

WHEN YOU "CHOOSE" NOT TO GO ON FOLLOW A LINK TAHT IS SO TANTILIZING

SOMEONE SOMEWHERE WILL NOT MAST****

WHEN YOU "CHOOSE" NOT TO STARE AT A SCANTILY CLAD PERSON(OFF SORTS)

SOMEONE SOMEWHERE WILL NOT ACT OUT ON HIS LUST

WHEN YOU "CHOOSE" NOT TO READ DIRTY MAGAZINES

SOMEONE SOMEWHERE AND SOME HOW A P*** MOVIE FILE WILL CRASH

WHEN YOU "CHOOSE" NOT TO TALK TRASH

SOME HOW A LITTLE BOY IN CHEDER WILL LEARN TORAH WITH MORE ENTHUSIASM

WHEN YOU INSTALL A FILTER

A SEFER TORAH WILL BE WRITTEN

WHEN YOU DELETE YOUR OLD GARBAGE

SOMEONE WILL DRESS TZNIUSDIK

WHO IS THAT SOME ONE IT CAN BE ME OR YOUR CHILDREN OR MAYBE EVEN YOU YOURSELF

ME-AT MIN HA-OHR

DO-CHE HARBEHHHHH MIN HACHOSHECH

LET US DO OUR ME-AT

HAMIKADESH ATZMO ME-AT MIKADSHIN OSO HARBEH

WE CAN NOT WIPE OUT THE Y"H

WE CAN NOT SHUT DOWN THE INTERNET

WE CAN NOT WIPE OUT THE P*** INDUSTRY

WE CAN NOT TELL OUR OWN SISTERS TO DRESS IN A MORE MODEST WAY

WE CAN TELL OUR BROTHERS TO NOT LUST

WE CAN NOT TELL PEOPLE NOT TO FEEL EXCITED FROM IMMORAL VIEWS

SO WHAT CAN WE DO

BRING A LITTLE KEDUSHA IN OUR WORLD

OY YOY VETAHER LIBEINU LI-OVDECHA BE-EMES

bardichev

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Re: bardichev's battle

Posted by 7yipol - 03 Aug 2009 20:41

IT IS TOO GOOD

Now there is an understatement!

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