

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle
Posted by Shteeble - 10 May 2012 13:23

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Re: bardichev's battle
Posted by Dov - 11 May 2012 02:45

Hi Reb b!

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Re: bardichev's battle
Posted by Yosef Hatzadik - 11 May 2012 02:47

Hi, Bardichev!

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hi_bards

Re: bardichev's battle
Posted by Gevura Shebyesod - 11 May 2012 03:33

Lechaim Reb Bards!!!!

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Re: bardichev's battle
Posted by 1daat - 11 May 2012 05:15

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Re: bardichev's battle
Posted by tehylimzugger - 11 May 2012 07:28

did the hi thread move?

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Re: bardichev's battle
Posted by Shteeble - 11 May 2012 14:56

the hi thread has relatives in special places.

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Re: bardichev's battle
Posted by obormottel - 11 May 2012 15:59

I won't be poiresh min a tzibur:

Hi bardichev, aka 40004!

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Re: bardichev's battle

Posted by ZemirosShabbos - 11 May 2012 16:27

Hi2! good shabbos rebbe

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Re: bardichev's battle

Posted by Shteeble - 11 May 2012 18:05

hi 2

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Re: bardichev's battle

Posted by Shteeble - 11 May 2012 18:05

THE NEXT GENERATION

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Re: bardichev's battle

Posted by tehillimzugger - 13 May 2012 10:12

INTRODUCING.....

The All-New!

hi 3

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Re: bardichev's battle

Posted by Shteeble - 13 May 2012 12:25

hi 3 reb b

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Re: bardichev's battle

Posted by ZemirosShabbos - 14 Jun 2012 20:13

if i have a question and i open rebbe b's thread to a random page will it display the answer?

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