

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Kedusha - 05 Jan 2012 20:24

[Efshar Letaken wrote on 05 Jan 2012 20:22:](#)

Miss Ya Maan!

But I still see you in the Chizuk Emails every now and then.

Yeah, these reruns give GYE members the Zechus of having some of our better contributions recycled.

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Re: bardichev's battle

Posted by Kedusha - 05 Jan 2012 20:25

It's always a Yom Tov for me when Efshar stops by (not that I'm here myself that much anymore).

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Re: bardichev's battle

Posted by tehylimzugger - 06 Jan 2012 02:04

the rebbe **zecuso yagen aleinu** was in today's chizuk email

but there was no hk"m after his name

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Re: bardichev's battle

Posted by ZemirosShabbos - 06 Jan 2012 16:53

the rebbe is alive and trucking

he is just not on the forum

there are unconfirmed reports that there is life outside of the GYE forum (shock... gasp! huh!)

we should do a study to see if such an environment can actually support life...
hmph >

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Re: bardichev's battle

Posted by Gevura Shebyesod - 06 Jan 2012 16:58

Maybe you can peek over the fence for us....

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Re: bardichev's battle

Posted by Back on Track - 08 Jan 2012 00:30

Warms my computer screen to see this thread still k'nockin. Wherever bardy is- we wish his uncompromised best. Mit simcha and success.

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Re: bardichev's battle

Posted by tehillimzugger - 08 Jan 2012 15:49

[ZemirosShabbos wrote on 06 Jan 2012 16:53:](#)

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i scream u scream we all scream 4 ice cream

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Re: bardichev's battle

Posted by Back on Track - 09 Jan 2012 13:17

Kook belongs in omottels kitchen

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Re: bardichev's battle

Posted by gibbor120 - 09 Jan 2012 17:18

[Back on Track wrote on 09 Jan 2012 13:17:](#)

Kook belongs in omottels kitchen

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Re: bardichev's battle

Posted by tehylimzugger - 11 Jan 2012 10:37

why are people talking about kooks

ice cream doesn't need a cook

am i missing something?

methinks there's already too many kooks in the kitchen here

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Re: bardichev's battle

Posted by Back on Track - 11 Jan 2012 14:56

U may be right (I may be crazy) :p

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Re: bardichev's battle

Posted by Dov - 12 Jan 2012 18:05

And it just may be a lunatic your'e looking for.

Well, you found a bunch!

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Re: bardichev's battle

Posted by ZemirosShabbos - 12 Jan 2012 21:21

"Pooh," said Rabbit kindly, "you haven't any brain."

"I know," said Pooh humbly."

? A.A. Milne, Winnie-the-Pooh

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Re: bardichev's battle

Posted by tehylimzugger - 13 Jan 2012 11:16

[ZemirosShabbos wrote on 12 Jan 2012 21:21:](#)

"Pooh," said Rabbit kindly, "you haven't any brain."

"I know," said Pooh humbly."

? A.A. Milne, Winnie-the-Pooh

it's good you're reading your kids bedtime stories zemmy. or do you read it for yourself?

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