

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 02 Dec 2011 15:15

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OK

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Re: bardichev's battle

Posted by Gevura Shebyesod - 02 Dec 2011 15:31

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Re: bardichev's battle

Posted by ZemirosShabbos - 02 Dec 2011 15:33

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brevity is the soul of wit

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bardichevity is the soul of levity

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Re: bardichev's battle

Posted by Dov - 02 Dec 2011 15:36

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Re: bardichev's battle

Posted by ZemirosShabbos - 02 Dec 2011 15:50

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Re: bardichev's battle

Posted by gibbor120 - 02 Dec 2011 15:55

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[dov wrote on 02 Dec 2011 15:36:](#)

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How many charachters does a smiley count for? Does punctuation add to the character count? What's the minimum shiur for a post? What about according to the chazon ish? These are really very pressing questions. GYE judges?

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Re: bardichev's battle

Posted by Dov - 02 Dec 2011 16:02

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Rebbe bards!!

We NEEEEED Youuuuuuuuuuuuu!!!!!!!!!!!!!!!!!!!!!!

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Re: bardichev's battle

Posted by Gevura Shebyesod - 02 Dec 2011 16:11

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Dov, if you just post a period that would be the ultimate shortest post, then we can get back to important stuff like making cholint.

Or is a completely blank post even shorter? (does the system even let you do that?)

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Re: bardichev's battle

Posted by Pure yid - 02 Dec 2011 18:41

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Wow I never like to read long posts but I did now strong story. Can't "think" what the addiction bothered me as this dis-ease is in our " thinking. Lol. But it seeks every opportunity to come in. I sometimes these days in recovery think to my self how dos this come in at every time from a different door. Crazy stuff out of no where.

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Re: bardichev's battle

Posted by gibbor120 - 02 Dec 2011 19:04

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Re: bardichev's battle

Posted by Echos of The Rebbe - 05 Dec 2011 00:48

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wooFFrRd

SSi mchAAA

=truck

wwwwwwfooffrrdddddrrr

lechayim

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Re: bardichev's battle

Posted by Dov - 05 Dec 2011 01:09

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Someone! Call a doctor!!

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Re: bardichev's battle

Posted by Pure yid - 05 Dec 2011 02:49

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I can be the doctor since no one show up "Bemukom Shain ish, Is herring "Oich" fish.

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Re: bardichev's battle

Posted by Dov - 05 Dec 2011 02:59

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Ahnshuldig, ober mit ohneh Rebbeh, heist nisht ahn schtick feesh!

(was that yiddish?)

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