

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 23 Jun 2009 21:16

big ben you keep me tickin!!

b

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Re: bardichev's battle

Posted by Dov - 23 Jun 2009 21:39

dov(-ber) just heard the news. he doesn't know what it all means but as it is causing a rucus, a show of solidarity with and gratitude to the berdichever is in order! So here's a vort!

Adon Olam..: beyado afkid ruchy be'eis **ishan ve'a'eeroh**, ve'im ruchy geviyasee, **Hashem (Adnee) lee** velo irah!

Ani yesheina - veeleebie air! I can be asleep in this golus.

Sometimes our state here is awake (like when I read one of your posts) - ashreinuu!

Sometimes our state is in katnus or even just "*out cold*" (like from too much good single-malt

stuff) and we are farshlofener yidden! Now that's scary, especially for people with our problems, no?

Comes the mechaber and tells us: Don't worry, yidelach. Hashem can take care of us when we are "asleep" too! Who do you think takes care of us when we are awake?! Ai caramba!

Love,

Dov

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Re: bardichev's battle

Posted by Noorah BAmram - 24 Jun 2009 00:49

Seriously speaking, isn't that verse of *byodo afkid ruchee*..the *yesod* of of the first few of the 12 Steps?

its right open in the "*Adon olam*"

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Re: bardichev's battle

Posted by bardichev - 24 Jun 2009 16:47

hello thanks all for all your chizuk if not for this site on days like yesterday i would have been all eyeballs all the time

THE KIDDUSH HASEM HERE IS GEVALDIGGG
Dov u r *gevaldik*, from your best post's

ok here is some lets not call it mussar lets call it posotive re-assurement

CALL on all those who got to a comfort level of around 90 days

every day new people join this site not all are as vocal as myself(bardichev) NOORA 7-UP etc..

But they all need help they need OUR help The heilger GUARD is gevaldiggg but give the GUARD the back-up he needs

remember everyone who is coming to this site NEEDS needs NEEDS HELP!!!

bardichev

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Re: bardichev's battle

Posted by bardichev - 24 Jun 2009 18:07

Total time logged in: 3 days, 3 minutes.

not even close to tshuvas hamishkol

love you all

bardichev

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Re: bardichev's battle

Posted by Kedusha - 25 Jun 2009 14:00

Bardichev,

I understand your point but, surely, time spent immersed in learning Torah also counts.

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Re: bardichev's battle

Posted by bardichev - 30 Jun 2009 03:22

OK OK I TOOK A DAY OFF

NOORAH SENT THE K-9 UNIT TO FIND ME

WHERE WAS I ?WORKING ON THE ROAD

WHAT WAS I DOING ??TRYING TO MAKE SOME MONEY

WHAT WAS I REALLY DOING ??? DODGING BULLETS

WHAT KIND OF BULLETS?? bARDICHEV IN A WAR ZONE???

YES IN THE WAR ZONE OF MILCHEMES HAYETZER

MY WORK TOOK ME TO A VACATION AREA THAT WAS NOT

KOSHER ON THE UP AND UP AND I WAS FIGHTING TOOTH AND NAIL

WHY FIGHT?? WHT NOT JUST SURRENDER YOUR POWER OF LUST AND GIVE IT OVER

TO A HIGHER SOURCE??

AHA? YOU ARE GETTING SMART NOW!

BECAUSE I HAVE CHOSEN TO LIVE THE LIFE OF A JEW AND I AM HAPPY TO BE THE
SLAVE OF HASHEM THE ULTIMATE HIGHER SOURCE

AND IN HIS INFINITE WISDOM HE GAVE US THE JEWISH PEOPLE A WAY OF LIFE THAT
IS EXTERMEY STRICT BUT VERY VERY FULFILLING AND REWARDING

SOO? SLOW IM IN MIDDLE OF EXPLAINING HE IN HIS WISDOM HARDWIRED ME WITH
MANY SENSES AND FEELING AND EMOTIONS

AND HE MADE ME SWEAR ASECOND BEFORE I ENTERED THIS WORLD RIGHT BEFORE
MY FIRST BREATH bardichev BE A TZADDIK

SO WHEN I WAS YOUNG I WAS CALLED A TZADDIK I WAS CUTE KISSED TZITZIS
WASHED NEGEL VASSER SAID KUMITZ ALEF

AND POOF I WAS ATZADDIK

THEN ONE DAY BELLS AND WHISTLES WENT OFF IN MY HEAD I GOT VERY EXCITED BY
THINGS THAT WOULD RENDER ME BEING A NON- TZADDIK

I WAS BROKEN I LET HASHEM DOWN I LET MY PARENTS DOWN ILET MY RABBEIM
DOWN AND LAST BUT NOT LEAST ILET bardichev DOWN

HOW SAD!!

BUT I THOUGHT TO MYSELF HEY YOU SWORE TO BE A TZADDIK DOES YOU NON-TZADDIKNESS COMPLETELY ANULL YOUR PROMISE

H**K NO SO NO BECOME ATZADDIK AGAIN AND AGAIN AND AGAIN

SO I CRIED TO HASHEM HOWSAD!!

HOW LONG WILL I NEED TO GO THROUGH THIS PROCESS OF NON-TZADDIK/TZADDIK

SO HASHEM IN HIS INFINTE WISDOM GUIDED ME TO THE INSTRUCTION BOOKS

I LEARNED THAT HIS IS WAR BABY!!

OH ITS A WAR I WAS SO NIAEVE(for sure sdelled that wrong)

THAN IN WAR WE HAVE TO ACT LIKE A WARRIOR

SOLDIERS DONT LOOK BACK THEY DONT DREAM OR ARGUE ABOUT PHILOSOPHY
THEY LEAVE THAT FOR HISTORIAMS AND ARM-CHAIR GENERALS

SOLDIERS FIGHT SOLDIERS NEVER SURRENDER

humble and happy

FIGHTING FROM MY ELEVATOR

bardichev

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Re: bardichev's battle

Posted by bardichev - 30 Jun 2009 03:49

HERE IS SOME FOOD FOR THOUGHT

YES THE TORAH TEACHES US CHOCHMA BAGYOIM TAAMIN

Man in the Arena

"It is not the critic who counts: not the man who points out how the strong man stumbles or where the doer of deeds could have done better.

The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes up short again and again, because there is no effort without error or shortcoming, but who knows the great enthusiasms, the great devotions, who spends himself for a worthy cause; who, at the best, knows, in the end, the triumph of high achievement, and who, at the worst, if he fails, at least he fails while daring greatly, so that his place shall never be with those cold and timid souls who knew neither victory nor defeat."

Theodore Roosevelt

"Citizenship in a Republic,"

Speech at the Sorbonne, Paris, April 23, 1910

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Re: bardichev's battle

Posted by bardichev - 30 Jun 2009 03:51

TWO MORE LESS FAMOUS YET POWERFUL QUOTES

"...the man who really counts in the world is the doer, not the mere critic-the man who actually does the work, even if roughly and imperfectly, not the man who only talks or writes about how it ought to be done." (1891)

"Criticism is necessary and useful; it is often indispensable; but it can never take the place of action, or be even a poor substitute for it. The function of the mere critic is of very subordinate usefulness. It is the doer of deeds who actually counts in the battle for life, and not the man who looks on and says how the fight ought to be fought, without himself sharing the stress and the danger." (1894)

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Re: bardichev's battle

Posted by Noorah BAmram - 30 Jun 2009 04:07

Mano mano!! Hilegah rebbe!!gevald gevald are you holy!! I think these last few posts were your best yet! Especially about the oath we talk b4 they let us loose on this world!wow! Wow

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Re: bardichev's battle

Posted by the.guard - 30 Jun 2009 12:31

WHY FIGHT?? WHT NOT JUST SURRENDER YOUR POWER OF LUST AND GIVE IT OVER TO A HIGHER SOURCE??

AHA? YOU ARE GETTING SMART NOW!

BECAUSE I HAVE CHOSEN TO LIVE THE LIFE OF A JEW AND IAM HAPPY TO BE THE SLAVE OF HASHEM THE ULTIMATE HIGHER SOURCE

- *Hashem Ish Milchama, Hashem Shemo.*

- *Im amarti mata ragli, Chasdecha Hashem Yisdaini*

- *Histarta Panecha Hyisi Nivhal*

- *Hashem Yilachem Lachem Ve'atem Tacharishun*

- *Shomer nafshos Chasidav Miyad Reshayim Yatzilem*

- *And of-course, the famous Dubno Magid's Moshol on the Pasuk "Lo Osi karasa Yakov, Ki Yagata bi Yisrael!"*

Stop fighting TOOTH AND NAIL and instead, learn to give it up to HASHEM! It will be a lot easier in the long run...

But if you insist to fight your whole life tooth and nail, that's fine with me. Maybe you'll get more

Schar that way! ;D

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Re: bardichev's battle

Posted by needsomehelp - 30 Jun 2009 12:36

Nicely put mod!!!!

Words of encouragement

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Re: bardichev's battle

Posted by battleworn - 30 Jun 2009 13:52

But if you insist to fight your whole life tooth and nail, that's fine with me.

It's also our responsibility. Our job is to try, no more and no less.

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Re: bardichev's battle

Posted by Efshar Letaken - 30 Jun 2009 16:09

Uvoh Hakosuf Hashlishee V'Yachriah Beineihem! (and the 3rd Posuk comes and settles between the 2 first ones)

Yes! we have to give it up to Hashem! but but but, we have to show Hashem that we mean it & how do we show Hashem that we mean it? By taking part in the fight. not that Hashem needs our help, he just wants to see if we are for real & not just lazy.

Balance Balance Balance!

It's not always 1 way or the other!

E.L.

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