

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 21:31

vats rong vit halvah?

it's glatt ~~halal~~ kosher

terumos maasros shmitah arla tevel

IRS certified

ADA approved

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2011 21:32

r u sure rabbanim RREALLY allow halvah??

are you sure??

how can you be sure??

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 21:33

are you confusing it with Hava Nagila?

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Re: bardichev's battle

Posted by ben durdayah - 03 Aug 2011 21:52

[ZemirosShabbos wrote on 03 Aug 2011 21:26:](#)

can you just put it in a bucket of frozen yak-cholint and ship it back to the US?

Sorry Zemmy, haven't you heard?

[ben durdayah wrote on 02 Aug 2011 20:59:](#)

We've had a shortage of B'datz yak these past few years in these parts...

OTOH, I could see if we've got any Soya Yak over at the Makolet...

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2011 21:54

halvah ussers min hatoireh

let this be a line in the sand

no discussing halvah

or i will lock this topic

and fine zemmy and bendele 10 agoorut 3 telephone asimonim 2 bezeqqqq cards one chofshi
chodshi

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 22:04

ok forget the halva, how about a bottle of petel

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2011 22:05

petel power (our andere shmeeez)

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Re: bardichev's battle

Posted by bardichev - 04 Aug 2011 00:02

lemme check my geshtalttze mfleegin

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Re: bardichev's battle

Posted by Shteeble - 04 Aug 2011 01:41

[bardichev wrote on 03 Aug 2011 21:27:](#)

halvah?? in the 9 days nuuuuuu passsst nisht tsk tsk tsk

i guess crunch is out too

what about rainbow sprinkles?

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Re: bardichev's battle

Posted by ben durdayah - 04 Aug 2011 08:23

[Shteeble wrote on 04 Aug 2011 01:41:](#)

[bardichev wrote on 03 Aug 2011 21:27:](#)

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[bardichev wrote on 04 Aug 2011 00:02:](#)

lemme check my geshtalttzeemfleegin

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Re: bardichev's battle

Posted by bardichev - 05 Aug 2011 04:13

4600

I THINK I OVERDOSED ON POSTING

WHAT A GESHTALTTZEMFLEEEGINER!

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Re: bardichev's battle

Posted by Shteeble - 05 Aug 2011 13:25

Just stay away from the Ciao Mein

You'll be fine.

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Re: bardichev's battle

Posted by Dov - 05 Aug 2011 19:06

A gitten Shabbes tzu der gantzeh shtarkeh un tayereh Chevreh!!

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Re: bardichev's battle

Posted by Back on Track - 09 Aug 2011 21:02

Bards.... We need some simple yet profound (but mostly simple and straightforward) inspiration 'round here.

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