

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 16:04

and btw, we love the heiliger BARDICHEVER

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Re: bardichev's battle

Posted by Yosef Hatzadik - 03 Aug 2011 16:05

Oh yeah!

We LOVE the Heiliger **Bardichev!!!!**

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 16:10

[ZemirosShabbos wrote on 01 Apr 2011 14:46:](#)

it is a bardichever minhag to quote oneself

[ZemirosShabbos wrote on 23 Mar 2011 20:54:](#)

[ZemirosShabbos wrote on 15 Mar 2011 14:26:](#)

WE LOVE THE HEILIGER BARDICHEVER!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 03 Aug 2011 16:16

[ZemirosShabbos wrote on 03 Aug 2011 16:10:](#)

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[Yosef Hatzadik wrote on 03 Aug 2011 16:05:](#)

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Was I *yotzei* yet?

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 16:21

dunno, one of the ayin's sounded like an alef

redo it just in case

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2011 20:47

[ZemirosShabbos wrote on 03 Aug 2011 16:21:](#)

dunno, one of the ayin's sounded like an alef

redo it just in case

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zemmy u are too funny

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 20:49

some people tell me i am too serious

who to believe?

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Re: bardichev's battle

Posted by Dov - 03 Aug 2011 20:50

I love your jokes ZS!!

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Re: bardichev's battle

Posted by bardichev - 03 Aug 2011 20:51

beleive some

never beleive people

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 20:53

thank you Dov

do i owe you \$200 now?

there goes my ego....

how does it go? ~~Lego Stratego~~ Ego Shmiel-go

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Re: bardichev's battle

Posted by Dov - 03 Aug 2011 21:02

Easy does it, now...can everybody handle this openness here?

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 21:06

let me check my geshtaltzumfleegin...

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Re: bardichev's battle

Posted by ben durdayah - 03 Aug 2011 21:23

Sorry Zemmy, you'll have to hop on a plane to EY -It just landed on my mirpeset...

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Re: bardichev's battle

Posted by ZemirosShabbos - 03 Aug 2011 21:26

can you just put it in a bucket of frozen yak-cholint and ship it back to the US?

throw in a bar of halvah while you're at it too, please

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