bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.
May Hashem bentch each and every one of us.
Humbled and happy
bardichev
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Re: bardichev's battle Posted by Dov - 21 Jun 2009 22:11
It seems to me we need to do whatever we can to serve Hashem, even if we have neither a head <i>nor</i> a heart, ch"v.He will surely make everything right! Am I missing something here, chevra (beside's my head, of course)?
Re: bardichev's battle Posted by bardichev - 23 Jun 2009 16:45
hello all Heilger Friends
beleive it or not i am not in a a super duper bardichever mood today (these things happen once in a yovel)
thank Hashem for this site on days like these I would have (in the past) reverted to Menuvals sewer to get me in a good mood
thans for listening

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Hoping
Your friend,
Looking forward to many more h&h days.
Just remember: This to shall pass.
We are all thinking of you. You are responsible for so much Simcha on this forum. i wish I could copy your style and lift up your mood as you do for me and many others.
Heiliger Bardichiver-
Re: bardichev's battle Posted by hoping - 23 Jun 2009 18:00
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I feel a bit better already DAAGA BLEV ISH YISICHENA
ps
bardichev
GYE - Guard Your Eyes Generated: 9 June, 2025, 14:42

Posted by battleworn - 23 Jun 2009 18:04

Re: bardichev's battle

berdichev HALT FEST!!! this is the real thing. Whatever was till now was a Hachonoh for this.

AND <u>THIS</u> IS THE HACHONOH FOR OHR HAGANUZ SHE'EIN KOL MALACH UBERYA YICHOLEN LISHA'ER
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Re: bardichev's battle Posted by bardichev - 23 Jun 2009 18:05
here is a quote
good friends accept you for who you are
and see you for who you want to be
h&H (working on the second H)
bardichev
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Re: bardichev's battle Posted by the.guard - 23 Jun 2009 18:14
Hey, I thought today's e-mail would cheer you up
Maybe this will get you into Bardichev mood: In 100 days from now you'll be finishing your SUKKA!
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Re: bardichev's battle Posted by the guard - 23 Jun 2009 18:17

Re: bardichev's battle

Posted by 7yipol - 23 Jun 2009 19:22

5/8

And look at all the great friends that care for you here on this site.

I never knew there were so many talented people in LONDON(bardichev why do always have to swipe at LONDON I guess you love him too much)

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h&H
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Re: bardichev's battle Posted by London - 23 Jun 2009 20:34
Her Majesty the Queen sends a greese to Bardichev and wishes him well. I have put your name forward to be Knighted and given a peerage too so you will be known as Sir Lord
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Bardichev

GYE - Guard Your Eyes