

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Holy Yid - 29 Aug 2010 03:08

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A Gut Voch. In the middle of the week starts the last week of the year. It has the potential to be misakein all the sins we did in those days throughout the whole year.

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Re: bardichev's battle

Posted by bardichev - 29 Aug 2010 03:20

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This shabbos we layned

HAYOM. HAZEH!!!

Today

This is our job

Let's not get all lost about the huge work we have in rosh hashana Yom kippur etc(and it is huge)

We need Haoyim Hazei!!

Today today today

We live in the present now!!!

Be good now

Be clean now

Don't worry so much

Just be haaaaaappy and good

The tochacha is all

Because we served Hashem without happiness

KEeeep on trucking chevra

As holy yid says. Let's do the last week of the year clean!

Gevaldiggggggggggg

Bardichev

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Re: bardichev's battle

Posted by 7yipol - 29 Aug 2010 08:56

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Been missing these Bardichev posts!

Shkoach and gevaldig!!!

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Re: bardichev's battle

Posted by bardichev - 29 Aug 2010 15:52

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me 2

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Re: bardichev's battle

Posted by 7yipol - 29 Aug 2010 20:06

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[bardichev wrote on 29 Aug 2010 15:52:](#)

me 2

lol

kot

kor

gevaaaaaaldig

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Re: bardichev's battle

Posted by bardichev - 29 Aug 2010 20:19

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ok u asked for it

please post this in the EN

here goes

in last weeks parsha hashem tells us clearly why the Tochacha befalls us

for you have not served Hashem with simcha

so if someone is happy he needs no reminder to be happy

now if one is NOT happy he (or she ) need to WORK "avaddita" on BEING happy

so Hashem is demanding that we find happiness in him

although it is difficult

pshat numero dos

ih you serve hashem and you leave out the ingredient of simchas hamitzvah

all of your avodas hashem is a huge burden

so the Tochcacha IS your avodas Hashem without simcha

please lets use the ellul days and Rosh hashana Yom Kippur to find that we are lucky and happy to serve hashem

bardichev

Posted by bardichev - 30 Aug 2010 20:26

How the big tzaddikim are thinking of us!!

Yeedin let's chapp arayn. These are the heiligger teg

Our tatte in himmel is waiting for us

For our tfilla our avodahh

As my zaideh the heiligger Kedushas Levy says. (Its a zchus to say his name in the heligger tegg)

That Hashem has the greatest nachas from the ovrei avaireh who return to him!!

Tatte its us please let us in

This golus and its cheap thrills are not what we want

We want you you you!

Anaeini Hashem anaini!!!



Yeddin now is the time!

Bardichev

Oh! Keep on trucking!!

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Re: bardichev's battle

Posted by 7yipol - 30 Aug 2010 20:54

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This post leaves me yearning for Tatti to come home :'(

Keep inspiring us Rebbe, the EN is watching and absorbing...

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Re: bardichev's battle

Posted by david712 - 30 Aug 2010 20:59

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Bardy,

If you would end your smooz with out the "keep on trucking" I would have forgotten that i am on GYE. Reading the post I felt like i am sitting in middle of a erensta elul shmooz.

You make my bones shiver.

Nein teg tzee rosh hashuna. Gevald.

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Re: bardichev's battle

Posted by Yosef Hatzadik - 30 Aug 2010 21:09

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Bardichev,

Even if you would end your shmooz without the "Keep on trucking" I wouldn't have forgotten that I am on GYE. Reading the post, I felt like I am sitting in the middle of a typical Bardichev'dige Elul Chizuk Shmoos.

You calm my shivering bones.

Nein teg tzee Rosh Hashuna! Gevald! There is sooo much that we can accomplish in nine days!!!!

BTW, I agree with every word that **David** wrote too!

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Re: bardichev's battle

Posted by bardichev - 01 Sep 2010 17:58

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I WROTE THIS TO OVADIA

[bardichev wrote on 01 Sep 2010 16:29:](#)

I don't know what yidishkiet is, but I now know that it is not about feeling good.

yiddishkite

is about serving Hashem

who can serve Hashem?

HUMANS

now being Jewish gives you an edge

for 2 reasons

#1 you get the instruction book the Torah(rambam shilchan aruch etc)

#2 you dna has it patterned in fro our forfathers and even you own parents and grandparents

but lets go back to HUMANS

Humans run on two tracks one is specific calulated thought and the other is emotional feeling that involves no rationalizing

as long as you are Human you will FEEL things

love hate fear graditude lonliness happiness inferior fear excitement etc etc

humans crave enjoyment

yup we do

HASHEM made us that way

your job as a jew is to find enjoyment in your serving HASHEM

oh its not so easy

why?

there is an obstacle course out there

set up by HASHEM to "challenge" you

so you will have to actually work hard

that is also a Human thing

that we only "enjoy" what we actually work for

so my good chaver

why is it so difficult??

aha!! you will only find the enjoyment AFTER you worked worked worked without any feeling

of enjoyment or success

keep on trucking

bardichev

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Re: bardichev's battle

Posted by Dov - 02 Sep 2010 04:17

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[bardichev wrote on 30 Aug 2010 20:26:](#)

Someone who is careful with his eyes is "zoche viro-eh pnai hashchinah".

I heard from the mashgiach Reb don segal slitta.

That this is for every single time one looks away!!!

Gevaldigggggg

Another thing reb don shlitta said was to serve Hashen EVEN if we feel NOTHING

Wow the schar is so much more when we feel nothing

Its amazing

How the big tzaddikim are thinking of us!!

Yeedin let's chapp arayn. These are the heiligger teg

Our tatte in himmel is waiting for us

For our tfilla our avodahh

As my zaideh the heiligger Kedushas Levy says. (Its a zchus to say his name in the heligger tegg)

That Hashem has the greatest nachas from the ovrei avaireh who return to him!!

Tatte its us please let us in

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We want you you you!

Anaeini Hashem anaini!!!

Yeddin now is the time!

Bardichev

Oh! Keep on trucking!!

This is gorgeous! Thanks Reb b!

A caveat: To me - just for me - the s'char business is just a distraction from being happy to just be a yid with my Best Friend right here, right now. I love saying a few times in the earliest morning with my eyelids still upside down, "I'm for You...help me be for You...help me *want* to be for You today." It's a pleasure like no other just to really *mean* that. And as far as the s'char is concerned, Ilu hotzianu me-addiction v'lo nosan lanu v'lo anything else - Dayenu!

Dodi is for me, *even when I am not for Him!* It's **gotta** be that way, otherwise how could anybody ever get sober in the first place? It's amazing, no?

And about this:

who can serve Hashem?

HUMANS

A he'orah. Why does Hashem pick the wacky sounding idea of using measurements for all the keilim of the mikdosh like "an ammah" or "a tefach"? Couldn't He have made a crystal of some sort or rock that is standard? And how can there even *be* a shiur of an ammah if every man's arm **is** a little different? (It must have driven yekki's crazy back then building the mishkan...)



Torah is for *people*. We are made for it. Hashem's Will is expressed this way for *people*. We are the measuring device of the Torah cuz we are *made* of and for the Torah.

And I love this one, reb b:[quote]I don't know what yidishkiet is, but I now know that it is not about feeling good.

yiddishkite is about serving Hashem[quote]

How many times have I heard from my sponsor or from other guys in the rooms, "Dov. What are you asking for? What do you want? To be forgiven so *you'll feel better*? So I can tell you 'it's not so bad'...It won't work. We *act out* to feel better. We recover to *get* better - to really live. Just do the work for free."

Whining is about "poor *me*..." and only about *me*, and has nothing to do with serving Hashem, and nothing to do with real living.

I miss bandying and schmandying with bards!

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Re: bardichev's battle

Posted by bardichev - 02 Sep 2010 05:35

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Rebberebber ekools Dov

Have a woodford on the house

Humans drink woodford

Bardichev

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Re: bardichev's battle

Posted by Ineedhelp!! - 02 Sep 2010 14:24

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HEY BARDS

KEEP ON TRUCKING

ROSH HASHANAH IS COMING

SELICHOS ARE COMING (UNLESS YOU'RE SEPHARDI)

IT'S THE LAST WEEK OF THE YEAR AND WE CAN STILL DO TESHUVAH FOR THAT WE  
DID THE FIRST 51 WEEKS OF THE YEAR!!!

THAT'S THE CHESED OF HAKADOSH BARUCH HU.

-YIDDLE

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