

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Dov - 08 Aug 2010 10:59

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The 'Yeast Coast'? Torach b'erev Shabbos?

Thanks you two, for starting my voch off on the right foos!

Reb b, Yesterday I found a note I wrote on the back of a biz card of mine and stuck in my wallet about a year ago. The note read like this:

1- While I am on the way anywhere, admit and verbally remind myself *where* I am going and *what* I am going there to do. Ask Hashem to help me not get distracted by anything.

2- Think periodically, "am I staying true to my purpose here, now?"

3- Admit gratitude for having the opportunity to do whatever I'm busy with and ask Him for help to do it to His satisfaction.

Well, thanks for the reminder!! Now maybe I'll do this once today!

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Re: bardichev's battle

Posted by Steve - 08 Aug 2010 14:19

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Rebbeinu Reb Dov, Shlita,

This reminds me of a play written by our drama teacher in High School. It was about a playwright standing at a podium at the edge of the stage before the curtain, reveling in the control he has over the characters in his script who move about and speak on the stage behind him with every stroke of his pen, according to his willy nilly thoughts. But Lo! ONE of the characters starts getting self aware, realizes he is being manipulated, and **REBELS** against this unseen force controlling his life. The author reads aloud as he pens the direction "exit stage left", and all the characters do so, except this one, who defiantly yells out "I know you want me to exit stage left, but **I CHOOSE** my own destiny! I refuse to be manipulated without knowing the reason! Therefore **I CHOOSE** to exit stage **RIGHT!!**" and off he goes defiantly the other way!

The playwright looks astounded, paused, then turns to the audience, and with a knowing smirk says:

"He may choose **WHICH WAY** to go, but **I** choose **WHERE** he goes, and **WHAT HE FINDS** when he gets there!

This is SUCH a FANTASTIC moshul about life in this world, and how our bechira works. The difference is, of course, that WE KNOW that HKBH is benevolent and always chooses what's good for us, with a plan that is very righteous, and not on an egotistical whim like a melech bosar v'dom.

Have a GREAT VOCH!!!!

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Re: bardichev's battle

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Posted by bardichev - 08 Aug 2010 17:53

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Good moshul

This is what we learned in perek yesterday

The only free person is one who toils in Torah

Ayyy? The Torah life seemingly has ao many restrictions regulations chumros etc.

The terets is we are so blinded by our selfish negois.

The mitzvos and the retriCTION. Help ius keep a even balance so we can be a ben chorin and make real decisions

Not be lured and shlepped only by our animalistic feelings

So there u have it

Have fun!!

B

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Re: bardichev's battle

Posted by Dov - 08 Aug 2010 23:21

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thanks again!!!!

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Re: bardichev's battle

Posted by bardichev - 11 Aug 2010 04:35

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Elul is upon us!!

Its a time to draw close to Hashem

Fear of course

Love of course

I'm takkum alai milchamma bizos ani botey-ach!!!

Hashem is my light!

My savior!!

Mimi irah?

Whom do I fear

Rabbosai

Let's not just say ledovid

A gazillion times

Let's talk to hashem

In plain words

Hashem u are my light

My savior

Talk to Hashem

Let's say it from a siddur (cmon we don't know it by heart)

Say lidovid. Come close to Hashem

Vhashem Yaasfayne

Hashem will accept me

Come close

Yearn his closeness

He is looking for us

We are looking for him

Gevalddiggggg!!!

A gut chodesh

Chassidim say its a zechus to say something over from the Bardichever in the heiligger teg.  
Even the shtut bardichev is meorer zechus

Maybe maybe this little thread from his progeny is a zechus

Rejoice its Elul

Fear out of joy and joy out of fear (tanna dibai Eliyahu.)

Bardichev (I will drop the nickname for the heiligger teyg. Sorry rage. Where ever you are. I miss u crazy brother

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Re: bardichev's battle

Posted by bardichev - 13 Aug 2010 14:52

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its time to say good shabbos

'cause all your work is done



gonna spend the day together with the Holy One

GOOD SHABBOS!!!!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 16 Aug 2010 17:06

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The Rebbe, Reb Mendele of Rimanov once commented: "I am jealous of Hashem; He has a friend named Levi Yitzchok."

A certain nudnik on GuardYourEyes.org commented: "I am jealous of Hashem; He has a friend named **Bardichev!**"

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Re: bardichev's battle

Posted by bardichev - 16 Aug 2010 17:26

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thank u

im humbled

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Re: bardichev's battle

Posted by bardichev - 17 Aug 2010 15:26

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ADOIS AMIGOS!!

GOTTA BOLT 4 TODAY

KEEP ON TRUCKING

BARDICHEV

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Re: bardichev's battle

Posted by 7yipol - 17 Aug 2010 16:03

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[bardichev wrote on 16 Aug 2010 17:26:](#)

thank u

im humbled

Responsibility to the klal Rebbe.

Aint easy

Elul!

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Re: bardichev's battle

Posted by rashkebehag - 17 Aug 2010 23:40

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just like you to know that I have been having trouble lately. So i put a note next to my computer

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Re: bardichev's battle

Posted by bardichev - 18 Aug 2010 00:33

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Rashke'le

Ellul. it's working so far

We are here for u

Bardichev

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Re: bardichev's battle

Posted by bardichev - 20 Aug 2010 21:23

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Ah freilichen shabbos!!!

Bardichev

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Re: bardichev's battle

Posted by Dov - 26 Aug 2010 12:36

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"Anee l'Dodi"...that's not such a chiddush, for what choice do I really have? I am not a *total*

*moron* any more....but "v'Dodi lee, v'eilai teshukaso" - now ***that's*** a chiddush!! Yipee!!

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