

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 28 May 2010 17:03

ahhh the truck is heading for home

all the little bs are dancing with delight

a tired but very happy trucker

is ready to celebrate Hashems day of rest

with joy prayer songs cholint and a few glezalech woodford!!

oy oyo shabbos koidesh oy yoy shabbos koides

its shabbos in bardichev

bards

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Re: bardichev's battle

Posted by Yosef Hatzadik - 28 May 2010 17:16

What time is the zman in Bardstown, Kentucky?

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Re: bardichev's battle

Posted by bardichev - 28 May 2010 17:30

8:37

Wow that's good for a choosid like me!!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 28 May 2010 17:31

Re: bardichev's battle

Posted by Dov - 28 May 2010 18:00

as in "l'chayim zochoo?"

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Re: bardichev's battle

Posted by bardichev - 28 May 2010 18:03

Nuch dee mikvah far dzim (not gym)

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Re: bardichev's battle

Posted by Yosef Hatzadik - 28 May 2010 18:12

How many kugels are there this week?

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Re: bardichev's battle

Posted by bardichev - 28 May 2010 18:40

4 of course

What's the cheshbon

1Shabbos

2channuk (behaloscha)

3Rosh Hashanna

4 all yomim tovim

And pesch sheini

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Re: bardichev's battle

Posted by Yosef Hatzadik - 28 May 2010 18:46

Please send me a piece of each via email or fax.

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Re: bardichev's battle

Posted by 7yipol - 02 Jun 2010 15:42

You're cheating!

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Re: bardichev's battle

Posted by Steve - 02 Jun 2010 15:44

I don't know HOW these guys know what each other are thinking WHEN they think.

Must be the Woodford....

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Re: bardichev's battle

Posted by bardichev - 02 Jun 2010 15:49

Steve

Mom always thinks

Me is another story

B

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Re: bardichev's battle

Posted by 7yipol - 02 Jun 2010 15:52

[Steve wrote on 02 Jun 2010 15:44:](#)

I don't know HOW these guys know what each other are thinking WHEN they think.

Must be the Woodford....

Woodford?

MOM??? :o :o :o

[bardichev wrote on 02 Jun 2010 15:49:](#)

Steve

Mom always thinks

Me is another story

B

lol

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Re: bardichev's battle

Posted by Dov - 02 Jun 2010 16:28

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Drinking blurs the mechtiza sometimes....
