bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

| Please give me the chizuk (and mussar too) to reach my goal.                |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|
| May Hashem bentch each and every one of us.                                 |  |  |  |  |  |  |  |
| Humbled and happy   |  |  |  |  |  |  |  |
| bardichev   |  |  |  |  |  |  |  |
| ====  |  |  |  |  |  |  |  |
| Re: bardichev's battle Posted by Dov - 10 May 2010 04:02                    |  |  |  |  |  |  |  |
| We love you even on Sundays, bards!   |  |  |  |  |  |  |  |
| =======================================                                     |  |  |  |  |  |  |  |
| Re: bardichev's battle Posted by bardichev - 10 May 2010 04:43              |  |  |  |  |  |  |  |
| REBBEREBER AKA DOV  |  |  |  |  |  |  |  |
| Ditto   |  |  |  |  |  |  |  |
| ======================================                                      |  |  |  |  |  |  |  |
| Re: bardichev's battle Posted by Steve - 11 May 2010 05:10                  |  |  |  |  |  |  |  |
| we love our bards, even if we dont get to say hello as often as we want to. |  |  |  |  |  |  |  |
| what would life be like without a   |  |  |  |  |  |  |  |

| GEVALDIG!!   |
|--|
| once in a while!   |
| ====   |
| Re: bardichev's battle Posted by sci1977 - 11 May 2010 16:46                           |
| KEEP ON TRUCKING!!   |
| =======================================  |
| Re: bardichev's battle Posted by habaletaher - 12 May 2010 06:57                       |
| IF IT AIN'T MY FAVORITE 18-WHEELER HEADIN DOWN THE LIL' DIRT PATH TO MY HOUSE!!!       |
| SO GLAD TO SEE YOU, AND SORRY TO REPORT THERE AIN'T NO ROOM TO TURN THAT BEAST AROUND! |
| LOOKING FOWARD TO PICKING UP WHERE WE LEFT OFF,  |
| HABA   |
| ====   |
| Re: bardichev's battle   |

## **GYE - Guard Your Eyes** Generated: 22 August, 2025, 11:07 Posted by bardichev - 12 May 2010 11:15 **GEVALDIGGG!!!** Re: bardichev's battle Posted by bardichev - 14 May 2010 16:45 OY YOY SHABBOS KOIDESH OY YOY SHABOS KOIDESH SHABBOS SHABBOS KOIDESH DRINK WOOOOOOOODFORD!!!!!!!!!! **BARDS** \_\_\_\_\_\_ ==== Re: bardichev's battle Posted by Dov - 14 May 2010 17:26 Vere have you been, Reb b?

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Re: bardichev's battle

Posted by cleareyes613@gmail.com - 14 May 2010 17:55

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| A chodesh tov and a guten shabbos!!!                                |
|---|
| Oy yoi yoi!!!!!   |
| =======================================                             |
| Re: bardichev's battle Posted by Yosef Hatzadik - 14 May 2010 18:33 |
| B'yom hazeh ba'u Midbar Sinai!!!!                                   |
| Today we left Refidim! We left the Battlefield with Amalek!         |
| Bardichev's Battle = Bardichev's Victory!!!!                        |
| ====  |
| Re: bardichev's battle Posted by bardichev - 17 May 2010 16:56      |
| mazel tov to our barkeep bards                                      |
| for posting his 2900th post   |
| we wish him a paying day job  |
| ====  |
| Re: bardichev's battle  |

He famously gives three answers:

1) Pshat: All other holidays have two aspects to them; the performance of a mitzvah and the

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## **GYE - Guard Your Eyes**

Generated: 22 August, 2025, 11:07

prohibition of melacha--work. Shavuos doesn't have a mitzvahs asei like matzoh or esrog associated with it...therefore all there is to do is "stop working" or atzeres.

- 2) Shavuos is the completion of the mitzvah of sefira therefore on shavuos we have "stopped" counting.
- 3) As we came close to matan torah the people were inspired they wanted to "do" something; they wanted to get close to Hashem, but Hashem needed them to stop, he needed them to focus. Therefore Moshe Rabeinu was required to institute the concept of hagbala...or surrounding of the mountain...don't touch! Or "stop" doing.

Three beautiful answers to a simple question from R' Levi Yitzchok, zt"l. And just as he has given klal yisroel this beautiful Torah about "stopping" you are following in his footsteps and encouraging others to "stop" something else. May the zikaron of R' Levi Yitzchok zt"l be a melitz yosher for you and your entire family and may you be zoche to sit b'm'chitzaso in gan eden!

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|---|------|------|--|
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|   | <br> | <br> |  |