

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 14 Apr 2010 22:10

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today was my first internet free day in a long time(besides shabbos and yom tov )

what does it mean

a little self control (ok alot)

keeep on truckingggggggggggg!!

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Re: bardichev's battle

Posted by Sturggle - 15 Apr 2010 06:54

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Hey Reb,

it's been a while since I've said hey,

so HEY!

and an internet free day?!

that sounds great!

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Re: bardichev's battle

Posted by Steve - 16 Apr 2010 05:31

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Love you, Reb B.

Enjoy your SHabbos KOIDESH!!

GEVALDIG!!!!

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Re: bardichev's battle

Posted by Holy Yid - 16 Apr 2010 05:44

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might not be around tomorrow so OIY YOI YOI SHABBOB, HEILIGA SHABBOS KODESH! A  
GUT SHABBOS TZU ALLAMEN

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Re: bardichev's battle

Posted by bardichev - 16 Apr 2010 13:58

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Shabbos has the power to transform Nega to Oneg

From oy!!

To oy yoy!!!

Gevaldigggggg!!!

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Re: bardichev's battle

Posted by Dov - 16 Apr 2010 15:10

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Thanks for the reminder, Reb b! I can really use some of that yoyoyoy now! B"H for Reb  
b!!!!!!!!!!!!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 16 Apr 2010 15:39

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The Soviets experimented with instituting a 10 day week. (It was a big flop!!! 7 day weeks are a  
creation of GOD!!!)

Could any one of you imagine how our Heiliger Rebbe reb Bardichev would manage if he had to  
wait 3 more days until Shabbos Koidesh?????

Just the thought of it brings forth a a mighty OY YOY YOY!!!!!!!!!!

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Re: bardichev's battle

Posted by bardichev - 16 Apr 2010 21:02

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Kishka galla choolint on Teusday??

OY VEY!!!

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Re: bardichev's battle

Posted by rashkebehag - 19 Apr 2010 21:29

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An internet FREE day? I love them. I just got a new hard drive and till it was set up I had no internet. it is great but then I can't exercise my will power muscles. When I got back on I had to set up my filter again THAT was hard. I had some tome with the filter on but not total. So I was struggling with myself for a while till I got everything in order, I gave the password to the filter gabbai and now I can breathe again. GYE should be gebentched. I have to set up the adblock and don[t know how. Can anyone help me?

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Re: bardichev's battle

Posted by Holy Yid - 20 Apr 2010 02:15

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go to webchaver and you can download from there. LOL

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Re: bardichev's battle

Posted by Ineedhelp!! - 20 Apr 2010 02:40

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Adblock is on firefox add-ons I believe. Heres the link for it directly: [addons.mozilla.org/en-US/firefox/addon/1865](https://addons.mozilla.org/en-US/firefox/addon/1865)

Another one that I have found to be very usefull is flash block. It blocks alot of images from loading unless you click on them. Heres the link for it: [addons.mozilla.org/en-US/firefox/addon/433](https://addons.mozilla.org/en-US/firefox/addon/433)

Hatzlocha!

-Yiddle

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Re: bardichev's battle

Posted by oisvorf - 20 Apr 2010 13:43

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Happy Birthday!!!! ;D

I noticed that you started this thread on April 19, 2009...Bh you made it through a year! and you still have a filter, and a sense of humore

GEVALDIG!!!!!!

Best wishes always

Shmendrick

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;D :

Re: bardichev's battle

Posted by Dov - 20 Apr 2010 17:17

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What *he* said!

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Re: bardichev's battle

Posted by bardichev - 20 Apr 2010 17:21

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[shmendrick wrote on 20 Apr 2010 13:43:](#)

Happy Birthday!!!! : ;D

I noticed that you started this thread on April 19, 2009...Bh you made it through a year! and you still have a filter, and a sense of humore

GEVALDIG!!!!!!

Best wishes always

;D :

Shmendrick

I WANT TO THANK YOU

I CANT EVEN BELEIVE I PASSED THE ANNIVERSARY WITHOUT MY TYPICAL  
UNDERSTATED QUIET CELEBRATION

ONE YEAR

ONE FALL

AND 3 SLIPS

NOT GREAT NOT BAD

ALOT BETTER THEN I EVER WAS

MY LONGEST CLEAN STREAK BEFORE GYE WAS 40 DAYS

SHMENDRIK THIS IS THE EMES (EVEN THOUGH I DONT KNOW YOU)

YOU CAN DO IT!!

WHEN I CAME ON THE FORUM

I COULDNT IMAGINE 90 DAYS

MY GOAL WAS 30 DAYS

IT WAS A HARD BONE JARRING BLOOD CURLING BY THE SEAT OF MY PANTS 30 DAYS

I LOGGED EVERY 15 MINUTES OF MY WORK DAY



YOU CAN DO IT YES YOU CAN

AND IF YOU FALL NUU NUU GET UP AND START AGAIN

THANKS TO ALL MY FREINDS

TOO MANY TOO LIST

THANK TO GUARD FOR NOT KICKING ME OFF THE FORUM

THANKS RAGE MY DRINKING PARTNER

THANKS NOORAH MY YEDID NEFESH

THANKS STEVE MY LOCAL PICKLE

THANKS 7UP FOR ALL THE CHIZZUK

THANKS TRYING FOR TRYING

THANKS LETAKAIN

THANKS YAKOVSWHARTZ FOR BEING MEKAREV ME

THANKS LOYANTTA FOR KEEPING IN TOUCH

THANKS TOMIM MY FAVORITE TOMIM

THANKS EFSHAR LEATAKIAN FOR EVERYTHING IN THIS WORLD AND IN THE NEXT YOU ARE THE COOLEST GUY IN THE WORLD YOUR JUST TOO PROUD TOO ADMIT IT I CANT THANK YOU ENOUGH!!!!!!

SPECIAL THANKS TO THE ONE AND ONLY REBBEREBER=DOV FOR PROVING THAT OPPOSITES ATTRACT

THANKS TO BATTLEWORN GREAT MINDS THINK ALIKE

THANKS TO EVERYONE WHOEVER GAVE ME ANY CHIZZUK MUSSAR OR CRITICISM ESPECIALLY YOSEF HATZADDIK AND JIP!!

IF I LEFT YOU OUT CONTACT ME QUICKLY

HUMBLE AND HAPPY bardichev

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