

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 24 Mar 2010 04:47

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Anybody up??

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Re: bardichev's battle

Posted by Dov - 24 Mar 2010 15:41

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Nope. ;D

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Re: bardichev's battle

Posted by the.guard - 25 Mar 2010 08:36

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me neither.

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Re: bardichev's battle

Posted by Yosef Hatzadik - 25 Mar 2010 16:41

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SSSHHHHHH

Please stop making a racket!

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Re: bardichev's battle

Posted by bardichev - 25 Mar 2010 16:56

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My shluff kappel fell into my negel vasser!!

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Re: bardichev's battle

Posted by Dov - 25 Mar 2010 19:39

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It may be in bad tatse but it depends: was it *used* negel vasser or still unused?

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Re: bardichev's battle

Posted by bardichev - 26 Mar 2010 18:10

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Oy yoy shabbos koidesh!!

GevalddigggggggGgg

Shabbos hagadol

"AD KAN" omrim bishabos hagadol!!

Bards!

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Re: bardichev's battle

Posted by Dov - 26 Mar 2010 21:05

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Ah guten Shabbos to you my friend!!

Thanks for being in this world and sharing yourself with us.

Your humble chaver in chulent,

Dov

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Re: bardichev's battle

Posted by bardichev - 29 Mar 2010 14:53

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Wishing all of u

And especially the Heilige Guard!!

A freilichen yom tov!!!!

If any one wants they can pm on chol hamoed

I will try to respond

Oy yoy chad gad ya

Cad gad yaaaaaaaaa

Bards

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Re: bardichev's battle

Posted by Holy Yid - 29 Mar 2010 15:22

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A HAPPY, HOLY, CLEAN PESACH. CLEAN IN THE HOUSE, CLEAN IN THE MIND, CLEAN IN THE SOUL. rEMEMBER TO BURN THE CHUMITZ IN YOUR SOUL THIS MORNING! LOL

A GUT YOM TOV.

A KASHERA YOM TOV.

A FREAYLICH A YOM TOV.

A ZEIYZA YOM TOV.

SNEIYIM ME YODAYA?

MAYBE IT IS OUR EYES?

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Re: bardichev's battle

Posted by bardichev - 02 Apr 2010 18:28

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Happiest yOm ToV!!

Everyone

First I want to welcome thew many newcomers to this sight

A year ago pesach is when I just about came on board

It was the most liberating and happy feeling to finally break the silence and have a "chevra" to count on for support

Please resolve to stay here

It works it just does

Whoever needs me for anything feel free to PM me

And here goes

Sing along.

OY YOY SHABBOS KOIDESH!

OY YOY SHABBOS KOIDESH

Gevaldigggggggg

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Bardichev

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Re: bardichev's battle

Posted by Dov - 02 Apr 2010 20:46

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Thanks, Reb b!!

Rightbackatcha!

PS. Am I the only goofball who sang along out loud? Please somebody help out here!!!! .....(try it, it actually feels good!) :-\*

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Re: bardichev's battle

Posted by Holy Yid - 04 Apr 2010 02:10

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I sang after I saw Dov did. It did feel good. I call it letting go.

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Re: bardichev's battle

Posted by Dov - 04 Apr 2010 05:11

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Holy Yid,

(or: Holy Yid!!)

Now, my mother would probably say to you something like, "if they asked you to jump off the Empire State building, would you do it, too?!" Nu. That's european parents for you! She meant well, zgz"z.

But when it comes to following in the footsteps of Reb b, (he wrote befeirush: "sing along", right?) he instructs and we listen! ;D



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