

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 08 Mar 2010 19:41

NO DOIV THAT WAS NOT HAVING OUR PICTURE POSTED IN THE POST OFFICE

TALKING ABOUT OUR MOTHERS

THEY KNEW A THING OR TWO

DONT TOUCH WHAT IS NOT YOURS

DONT LOOK AT SOMEONE ELSE'S PLATE

CLEAN UP YOUR MESS

YOU WEREN'T BORN ON A BUS

SHUT THE LIGHTS

AND "DON'T TALK WITH STRANGERS"

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Re: bardichev's battle

Posted by the.guard - 08 Mar 2010 19:56

It's no **wonder** rebbereber considers you his Rebbe! You have a very healthy attitude, and your post after the fall proves it best!

Rabbosai, if anyone has a fall in the future c"v, send him to this post of bardichev!

May it be the will of Hashem that this fall be used to help you grow in **new** ways, such as humility, dependence on Hashem, and like you already did - by teaching us all what SIMCHA and KOT is all about!!

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Re: bardichev's battle

Posted by Dov - 08 Mar 2010 20:53

You know, while I was mulling over whether to place a courtesy call to my favorite ice cream man in the whole world, something occurred to me:

If we really appreciated the preciousness (is that a word?) of a single day sober with Hashem and His precious people, things would be different for many of us. We wouldn't let the past color the good times vomit-green. We wouldn't feel like giving up when we fell.

I believe that Reb b has some perspective on that. And it makes all the difference. I first learned of this in action from Reb Tzvi-Meyer - next from Reb b. And it's the way Hashem *Himself* operates: He is at a beis ho-oveil being menachem yidden with shredded hearts right now, r"l, and simultaneously at a leibedigeh chasuna somewhere bringing intense simcha to another family's hearts. He doesn't "lose perspective" at all, because they are both true - both reality - at

the same time! R' Tzvi-Meyer says this is why Hashem can love us even if we have done bad things and are a mess: because He does not forget about the Good in us...it's still there...no steerah to Hashem. We, unfortunately, often *do* forget. Maybe that's why we are called "enosh" - as in "nosheh": to jump, or slip from it's place (gid hanasheh) - we forget!

If we'd actually appreciate **a day** with our spouses, if we got one; with our children if we have some; with our jobs if we got one; with our sanity, if we have it; with whatever we've "got" - things would be beautiful even though we fell, lost stuff, screwed some stuff up, in otherwords, were **human**. "Beautiful" does not have to be "perfect", to still be beautiful.

Just like my spouse, kids, job, sobriety, and self.

Bilti laShem l'vado!! Boom!

Thanks for *everything*, reb b!

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Re: bardichev's battle

Posted by the.guard - 08 Mar 2010 21:08

Ok Dov, that 'BOOM!' made you an official chosid of reb b.

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Re: bardichev's battle

Posted by 7yipol - 08 Mar 2010 21:10

Wow!

What mitzvahs and zchuos come from the fall of a true eved Hashem like Rebbe B!

Via your fall, outlooks have been transformed for good,

perspectives have been challenged,

and reality has new meaning.

May all our falls, of all types and levels,

help us climb that much higher,

upon the shoulders of leaders like Rebbe Bardichever

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Re: bardichev's battle

Posted by Tomim2B - 08 Mar 2010 21:35

I just read your post and I'm like: "Is this guy for real!?". "Wow!".

Quickly, I'm pulling out all my stocks from Google and all those other *machers* and I'm investing in you, Bards! You're the *real* winner here! Not the y"h!

I grow in amazement of you day by day, and I know I've got so much to learn from you. -
Seriously!

Thank you for sharing with us!

Beyond humbled,

li'l ole 2B

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Re: bardichev's battle

Posted by Dov - 08 Mar 2010 22:34

Ditto, ditto, ditto.

:D.....ditto!

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Re: bardichev's battle

Posted by bardichev - 09 Mar 2010 06:31

Thank you

Yiddle

Cleary

Tomim(mein yedid)

REBBEREBER=DOV

Yosef Hatzadik

Rage

EfsharLetakain (u da man)

Holy nooorah

And guard!b

U are the best!!

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Re: bardichev's battle

Posted by Tomim2B - 09 Mar 2010 09:06

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Re: bardichev's battle

Posted by bardichev - 09 Mar 2010 15:25

And don't forget the rebbetzin.
Happy to report that the "good-truck gevaldigg" is rolling !!!

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Re: bardichev's battle

Posted by Yosef Hatzadik - 09 Mar 2010 16:58

STAY IN LANE

IT'S THE LAW

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Re: bardichev's battle

Posted by bardichev - 09 Mar 2010 17:26

Lanes??? Voss is dosss??

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Re: bardichev's battle

Posted by Yosef Hatzadik - 09 Mar 2010 18:05

[bardichev wrote on 09 Mar 2010 17:26:](#)

Lanes??? Voss is dosss??

Lo sasir min hadavar asher yagidu lecha yamin us'mol

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Re: bardichev's battle

Posted by bardichev - 10 Mar 2010 03:35

Rage!!!

AgWeEvSaOIMdEigggggg

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